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Pharmaceutical calculation

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Electrolyte Solutions: Milliequivalents, Millimoles, and Milliosmoles

Lec 4

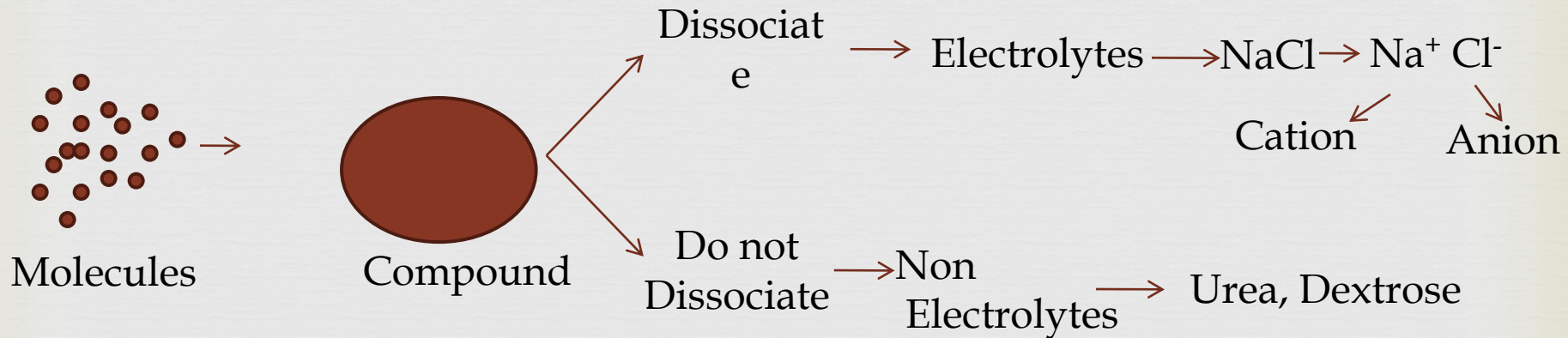
Introduction

Electrolytes vs. Non - electrolytes

Compounds in solution are often referred to as either electrolytes or non – electrolytes

- Substances that do not dissociate are called non-electrolytes (urea, dextrose) – remain intact
- Those with varying degrees of dissociation are called electrolytes (NaCl)
- Electrolyte ions in blood plasma include cations (Na^+ , K^+ , Ca^{2+} , and Mg^{2+}) and anions (Cl^- , HCO_3^- , HPO_4^{2-} , SO_4^{2-})

- Electrolytes in human body fluids play an important role in maintaining acid-base balance in body.
- Electrolytes help regulate metabolism in the body and control volume of water in the body.



Pharmaceutical Application

- Electrolyte preparations are employed to treat fluid and electrolyte imbalances in the body.
- Available as oral solutions, syrups, dry granules to be dissolved in water/juice, capsules, tablets and also intravenous infusions.

Milliequivalents

- A chemical unit used by pharmacists, physicians, manufacturers and clinicians across USA to express electrolyte concentration in solution.
- Internationally, molar concentrations (mmol/L or $\mu\text{mol/L}$) are employed.
- A mEq measures the chemical activity of an electrolyte in solution
- A mEq represents the total number of ionic charges in solution, and the valence (charge) of the ions.

**TABLE 12.1 BLOOD PLASMA
ELECTROLYTES IN MILLIEQUIVALENTS PER
LITER (mEq/L)**

CATIONS	mEq/L	ANIONS	mEq/L
Na ⁺	142	HCO ₃ ⁻	24
K ⁺	5	Cl ⁻	105
Ca ⁺⁺	5	HPO ₄ ⁻⁻	2
Mg ⁺⁺	2	SO ₄ ⁻⁻	1
		Org. Ac. ⁻	6
		Proteinate ⁻	16
	<u>154</u>		<u>154</u>

**TABLE 12.2 USUAL REFERENCE RANGE OF
BLOOD SERUM VALUES FOR SOME
ELECTROLYTES^a**

CATION/ANION	mEq/L	SI UNITS (mmol/L)
Sodium	135–145	135–145
Potassium	3.5–5.5	3.5–5.5
Calcium	4.6–5.5	2.3–2.75
Magnesium	1.5–2.5	0.75–1.25
Chloride	96–106	96–106
Carbon Dioxide	24–30	24–30
Phosphorus	2.5–4.5	0.8–1.5

^a Reference ranges may vary slightly between clinical laboratories based, in part, on the analytical methods and equipment used.

The equivalent is formally defined as the amount of a substance which will either :

- React with or supply one mole of hydrogen ions in an acid –base reaction, or
- React with or supply one mole of electrons in a redox reaction

Calculations of Milliequivalents

Equivalent = mass of a given compound / Equivalent weight

Equivalent weight = molecular weight / valence

To convert milligrams (mg) to milliequivalents (mEq)

$$\text{mEq} = (\text{mg} \times \text{valence}) / \text{molecular weight}$$

To convert mEq/mL to mg/mL

$$\text{mg/mL} = (\text{mEq/mL} \times \text{molecular weight}) / \text{valence}$$



CALCULATIONS CAPSULE

Milliequivalents

To convert milligrams (mg) to milliequivalents (mEq):

$$\text{mEq} = \frac{\text{mg} \times \text{Valence}}{\text{Atomic, formula, or molecular weight}}$$

To convert milliequivalents (mEq) to milligrams (mg):

$$\text{mg} = \frac{\text{mEq} \times \text{Atomic, formula, or molecular weight}}{\text{Valence}}$$

To convert milliequivalents per milliliter (mEq/mL) to milligrams per milliliter (mg/mL):

$$\text{mg/mL} = \frac{\text{mEq/mL} \times \text{Atomic, formula, or molecular weight}}{\text{Valence}}$$

TABLE 12.3 VALUES FOR SOME IMPORTANT IONS

ION	FORMULA	VALENCE	ATOMIC OR FORMULA WEIGHT	EQUIVALENT WEIGHT ^a
Aluminum	Al ⁺⁺⁺	3	27	9
Ammonium	NH ₄ ⁺	1	18	18
Calcium	Ca ⁺⁺	2	40	20
Ferric	Fe ⁺⁺⁺	3	56	18.7
Ferrous	Fe ⁺⁺	2	56	28
Lithium	Li ⁺	1	7	7
Magnesium	Mg ⁺⁺	2	24	12
Potassium	K ⁺	1	39	39
Sodium	Na ⁺	1	23	23
Acetate	C ₂ H ₃ O ₂ ⁻	1	59	59
Bicarbonate	HCO ₃ ⁻	1	61	61
Carbonate	CO ₃ ^{- -}	2	60	30
Chloride	Cl ⁻	1	35.5	35.5
Citrate	C ₆ H ₅ O ₇ ^{- - -}	3	189	63
Gluconate	C ₆ H ₁₁ O ₇ ⁻	1	195	195
Lactate	C ₃ H ₅ O ₃ ⁻	1	89	89
Phosphate	H ₂ PO ₄ ⁻	1	97	97
	HPO ₄ ^{- -}	2	96	48
Sulfate	SO ₄ ^{- -}	2	96	48

^a Equivalent weight = $\frac{\text{Atomic or formula weight}}{\text{Valence}}$

Example Calculations of Milliequivalents

- What is the concentration, in milligrams per milliliter, of a solution containing 2 mEq of potassium chloride (KCl) per milliliter?

Molecular weight of KCl = 74.5

$$\begin{aligned}\text{mg/mL} &= (\text{mEq/mL} \times \text{molecular weight}) / \text{valence} \\ &= 2 \times 74.5 = 149 \text{ mg/mL, answer.}\end{aligned}$$

- What is the concentration, in grams per milliliter, of a solution containing 4 mEq of calcium chloride ($\text{CaCl}_2 \cdot 2\text{H}_2\text{O}$) per milliliter?

Formula weight of $\text{CaCl}_2 \cdot 2\text{H}_2\text{O}$ = 147

$$\text{mg/mL} = (\text{mEq/mL} \times \text{molecular weight}) / \text{valence}$$

$$= 4 \times 147 / 2$$

$$= 294 \text{ mg/mL} = 0.294 \text{ g/mL} \text{ answer}$$

- What is the percent (w/v) concentration of a solution containing 100 mEq of ammonium chloride per liter?

Molecular weight of NH_4Cl = 53.5

$$100 \text{ mEq} / 1000\text{ml} = x \text{ mEq} / 1\text{ml}$$

$$x = 0.1 \text{ mEq} / \text{ml}$$

$$\text{mg/mL} = (\text{mEq/mL} \times \text{molecular weight}) / \text{valence}$$

$$= 0.1 \times 53.5 / 1$$

$$= 5.35 \text{ mg} / \text{ml} = 0.00535 \text{ g/ml}$$

$$= 0.535 \% \text{ answer.}$$

- A solution contains 10 mg/100 mL of K ions. Express this concentration in terms of milliequivalents per liter?

Atomic weight of K = 39

$$10 \text{ mg} / 100 \text{ ml} = x \text{ mg} / 1 \text{ ml}$$

$$x = 0.1 \text{ mg} / \text{ml}$$

$$\text{mg/mL} = (\text{mEq/mL} \times \text{molecular weight}) / \text{valence}$$

$$0.1 = (\text{mEq} / \text{ml} \times 39) / 1$$

$$\text{mEq} / \text{ml} = 0.00256 = 2.564 \text{ mEq} / \text{L}$$

- **A solution contains 10 mg/100 mL of Ca ions. Express this concentration in terms of milliequivalents per liter?**

Atomic weight of Ca 40

Equivalent weight of Ca $40 / 2 = 20$

$$\begin{aligned}\text{mEq/L} &= (\text{mg} / \text{L} \times \text{valence}) / \text{atomic weight} \\ &= (100 \text{ mg} / \text{ml} \times 2) / 40 \\ &= 5 \text{ mEq/L answer.}\end{aligned}$$

- **A magnesium (Mg) level in blood plasma is determined to be 2.5 mEq/L Express this concentration in terms of milligrams?**

Atomic weight of Mg 24

Equivalent weight of Mg $24 / 2 = 12$

$$\begin{aligned}\text{mg} / \text{L} &= (\text{mEq} / \text{L} \times \text{molecular weight}) / \text{valence} \\ &= (2.5 \times 24) / 2 \\ &= 30 \text{ mg/L answer.}\end{aligned}$$

- How many milliequivalents of potassium chloride are represented in a 15 mL dose of a 10% (w/v) potassium chloride elixir?

Molecular weight of KCl = 74.5

Equivalent weight of KCl = 74.5

$$10 \text{ g} / 100 \text{ ml} = x / 15 \text{ ml}$$

$$x = 1.5 \text{ g} = 1500 \text{ mg}$$

$$\text{mg} = (\text{mEq} \times \text{molecular weight}) / \text{valence}$$

$$\text{mEq} = (1500 \times 1) / 74.5 = 20.13 \text{ mEq answer.}$$

- How many milliequivalents of magnesium sulfate are represented in 1 g of anhydrous magnesium sulfate (MgSO₄)?

Molecular weight of MgSO₄ = 120

Equivalent weight of MgSO₄ = 60

$$\text{mg} = (\text{mEq} \times \text{molecular weight}) / \text{valence}$$

$$1000 \text{ mg} = (\text{mEq} \times 120) / 2$$

$$\text{mEq} = 2000 / 120 = 16.67 \text{ mEq answer}$$

- 1- For Disodium hydrogen phosphate:** Formula $\text{Na}_2\text{HPO}_4 \cdot 7\text{H}_2\text{O}$

Molecular weight = 268 and the equivalent weight = 134

$$\text{mEq} = (\text{mg} \times \text{valance}) / \text{molecular weight}$$

2- For Sodium biphosphate : Formula $\text{NaH}_2\text{PO}_4 \cdot \text{H}_2\text{O}$

$$48/100 = x / 30 \quad x = 14.4 \text{ g} = 14400 \text{ mg}$$

$$\text{mEq} = (\text{mg} \times \text{valence}) / \text{molecular weight}$$

$$= (14400 \times 1) / 138 = 104.35 \text{ mEq}$$

- A person is to receive 2 mEq of sodium chloride per kilogram of body weight. If the person weighs 132 lb., how many milliliters of a 0.9% sterile solution of sodium chloride should be administered?

Molecular weight of NaCl = 58.5

Equivalent weight of NaCl = 58.5

1 kg = 2.2 lb.

Weight of person in kg = 132 lb / 2.2 lb = 60 kg

mg = (mEq x molecular weight) / valence

= (2 x 58.5) / 1 = 117 mg to be received per kg body weight

117 x 60 = 7020 mg = 7.02 g to be received for this person

0.9 g

100 ml

7.02 g

x ml

x = 780 ml answer

