**What is Rhythm & Meter?**

Rhythm is the pattern of stresses within a line of verse. All spoken word has a rhythm formed by stressed and unstressed Syllables. When you write words in a sentence you will notice patterns forming.

**In poetry, pre-measured patterns of stressed and unstressed syllables are called meters.**

***Stressed****syllables - long sounding*

***Unstressed****syllables - short sounding*

Meters are the pattern of feet within a sentence.

Feet are individual units of rhythm made up of patterns of syllables. A sentence is made up of one or more feet.

**There are five rhythms in poetry:**

unstressed / stressed

Today

buh BUH

Trochee

stressed / unstressed

Trochee

BUH buh

Spondee

stressed / stressed

Hip Hop

BUH BUH

Anapest

unstressed / unstressed / stressed

Metaphor

buh buh BUH

Dactyl

stressed / unstressed / unstressed

Syllable

BUH buh buh

**To form a line of verse a poet can use repetitions of feet:**

*Monometer - 1 foot*

*Dimeter - 2 feet*

*Trimeter - 3 feet*

*Tetrameter - 4 feet*

*Pentameter - 5 feet*

*Hexameter - 6 feet*