

## **INTEGUMENTARY SYSTEM**

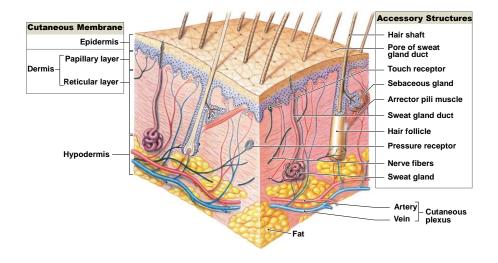
STAGE 3

BY

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## Integumentary System

- Consists of two major components:
  - 1. Cutaneous membrane (skin)
    - · Epidermis superficial
    - Dermis underlying connective tissue.
    - Hypodermis (subcutaneous layer) loose connective tissue under the dermis, Separates the integument from deeper tissues and organs
  - 2. Accessory structures
    - Hair, nails, exocrine glands



## Five General Functions of the Integument

#### 1. Protection

Skin covers underlying tissues and prevents fluid loss

### 2. Temperature maintenance

Skin regulates heat exchange with the environment

### 3. Synthesis and storage of nutrients

- Epidermis synthesizes vitamin D<sub>3</sub>
- · Dermis stores lipids in adipose tissue

## Functions of the Integument

#### 4. Sensory reception

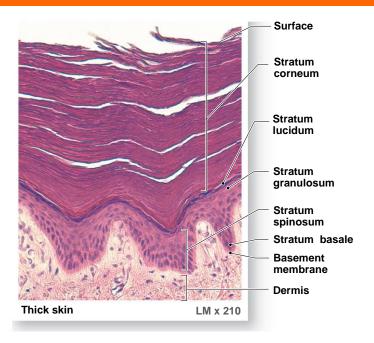
 Receptors for pain, pressure, touch, and temperature detect stimuli and send information to nervous system

#### 5. Excretion and secretion

- Glands excrete salts, water, and organic wastes
- Specialized mammary glands secrete milk

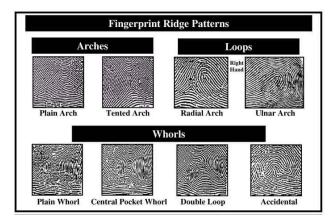
## The Epidermis

- Is stratified squamous epithelium
  - Thick skin has five layers (palms, soles)
  - Thin skin has four layers (rest of body)
  - · Layers are called **strata**, from deep to superficial
    - Stratum basale
    - Three intermediate layers
      - Stratum spinosum, stratum granulosum, and stratum lucidum
    - Stratum corneum



### Stratum Basale

- Contours of skin follow ridge patterns
- Fingerprints ridge patterns of the fingers

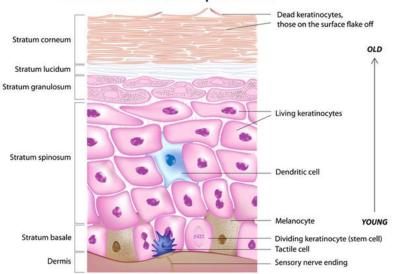


#### Stratum Corneum

- At exposed surface of the skin
- Contains 15–30 layers of keratinized or cornified dead cells
- Takes 7-10 days to move from stratum basale to stratum corneum
- After two weeks in stratum corneum, shed or washed away

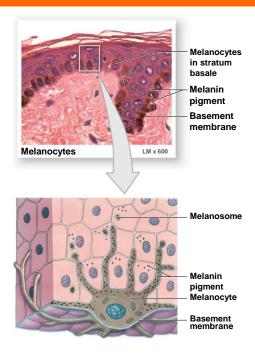
# Layers of epidermis

#### Structure of the Epidermis

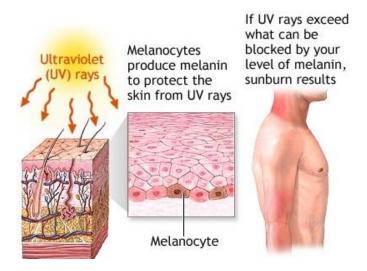


## Skin Color

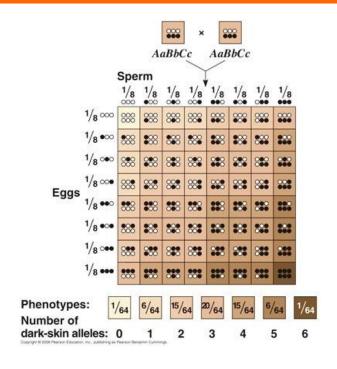
- Role of pigmentation
  - Carotene is orange-yellow, accumulates in epidermis, and comes from orange-colored foods
    - Can be converted to vitamin A
  - Melanin is brown, yellow-brown, or black, produced by melanocytes near stratum basale cells, absorbs ultraviolet (UV) radiation protecting deeper layers.



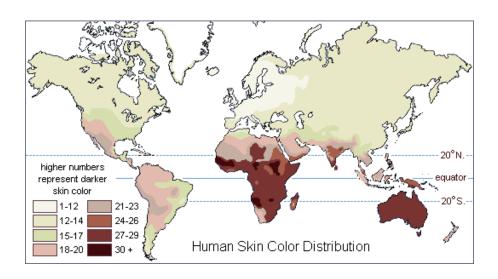
## Melanin and sunburn







### Skin Color



# Detrimental Effects of Sunlight on Skin

- Skin cancers
  - Basal cell carcinoma is most common
  - Squamous cell carcinoma found in more superficial layers
    Both of these are treatable in most cases, Surgical removal of tumor is most common treatment.
  - Malignant melanoma is most dangerous
  - Avoiding UV radiation by using sunblock can help prevent all three types

Figure 5-4 Skin Cancers.







**b** Melanoma

# Skin Cancer

Normal Mole	Melanoma	Sign	Characteristic
٠		Asymmetry	when half of the mole does not match the other half
	Ann	Border	when the border (edges) of the mole are ragged or irregular
•		Color	when the color of the mole varies throughout
•	1904	Diameter	if the mole's diameter is larger than a pencil's eraser

Photographs Used By Permission: National Cancer Institute

#### The Dermis

Consist of : <u>Papillary Layer</u> & <u>Reticular Layer</u>

### 1. The Dermal Papillary Layer

- · Just deep tothe epidermis
- · Contains capillaries and nerves supplying the epidermis

### 2. The Dermal Reticular Layer

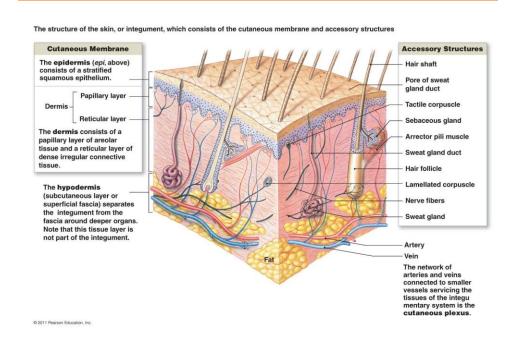
- · Elastic and collagen fibers are present
- · Hair follicles and sweat glands derived from epidermis
- Blood vessels, lymphatics, and nerves supply nutrients, eliminate wastes, control secretions, and respond to stimuli

**Cutaneous Membrane** Hair shaft **Epidermis** Pore of sweat gland duct Papillary laye Dermis Touch receptor Reticular layer Sebaceous gland Arrector pili muscle Sweat gland duct Hair follicle Pressure receptor Hypodermis Nerve fibers Sweat gland - Cutaneous plexus Fat

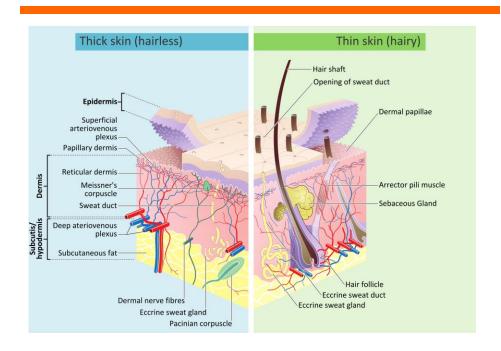
Figure 5-1 The General Structure of the Integumentary System.

## The Hypodermis

- Also called the subcutaneous layer
  - · Deep to the dermis without a clear line separating them
- Made of areolar tissue with many adipose cells
- Fat layers changes as we age
  - Men neck, upper arms, lower back
  - · Women buttocks, breasts, hips, thighs
  - Both abdomen

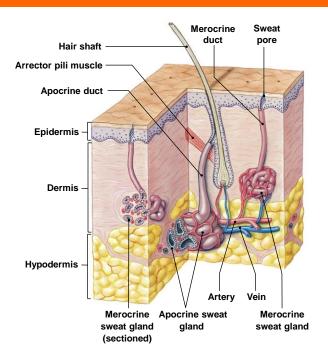


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## Sweat Glands

- Also called sudoriferous glands
- Include two types
  - 1. Apocrine sweat glands
  - 2. Merocrine sweat glands



# Modified Sweat Glands

- Mammary glands
  - Secrete milk
- Ceruminous glands
  - Secrete a waxy substance that combines with sebaceous oils to form earwax

## Nails

- Protect tips of fingers and toes
- Visible nail body
  - Made of dense, keratinized cells recessed under surrounding epithelium

#### Nail bed

Deeper level of epithelium covered by nail body

#### Nail root

- · Where the nail is produced
- · Covered by the cuticle

#### Lunula

Pale crescent near root

