

HUMAN ANATOMY

المرحلة الثالثة

Lec. 1 INTRODUCTION TO ANATOMY

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Why we stady anatomy?

to provide a comprehensive understanding of how organisms work, from the microscopic level of cells and tissues to the macroscopic level of organ systems and the whole organism.

Animal Anatomy

Definition - anatome = (**ana**) up + (**tome**) cutting

Disciplines of anatomy

- Gross Anatomy: structures studied with the naked eye.
 - Systematic anatomy: organized by systems, e.g., digestive, nervous, endocrine, etc.
 - Regional anatomy: study of all structures in an area of the body,
 e.g., upper extremity bones, muscles, blood vessels, etc.
- Microscopic anatomy (histology)

Cell biology

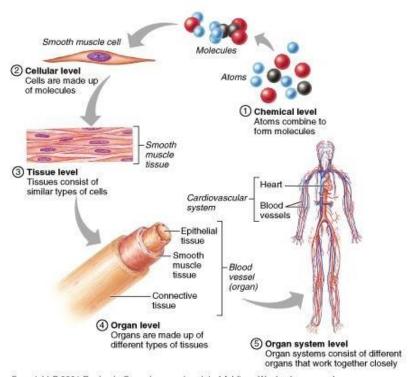
• Developmental anatomy (embryology)

Pathological anatomy

- Radiologic anatomy (x-ray, CT, MRI)
- Other areas? (surgery)

Levels of Structural Organization

- Biochemical (atoms, molecules)
- Cellular
- Tissue
- Organ
- Organ system
- Organism

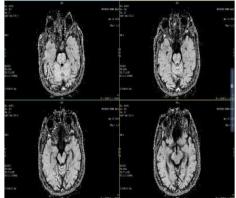


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Medical Imaging Techniques

- X-rays
- CT Scan
- Ultrasound imaging
- MRI





Orientation and Directional Terms

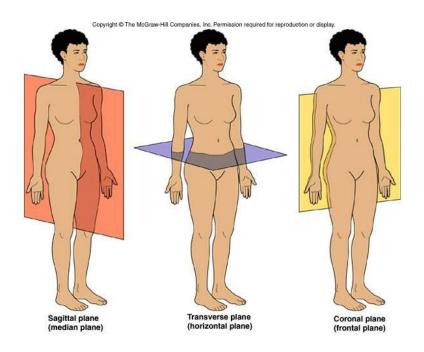
TABLE

1.1 Orie	ntation and Directional Terms	
Term	Definition	Example
Superior (cranial)	Toward the head end or upper part of a structure or the body; above	The head is superior to the abdomen.
Inferior (caudal)	Away from the head end or toward the lower part of a structure or the body; below	The navel is inferior to the chin.
Anterior (ventral)*	Toward or at the front of the body; in front of	 The breastbone is anterior to the spine.
Posterior (dorsal)*	Toward or at the back of the body; behind	 The heart is posterior to the breastbone

*Whereas the terms ventral and anterior are synonymous in humans, this is not the case in four-legged animals. Ventral specifically refers to the "belly" of a vertebrate animal and thus is the inferior surface of four-legged animals. Likewise,

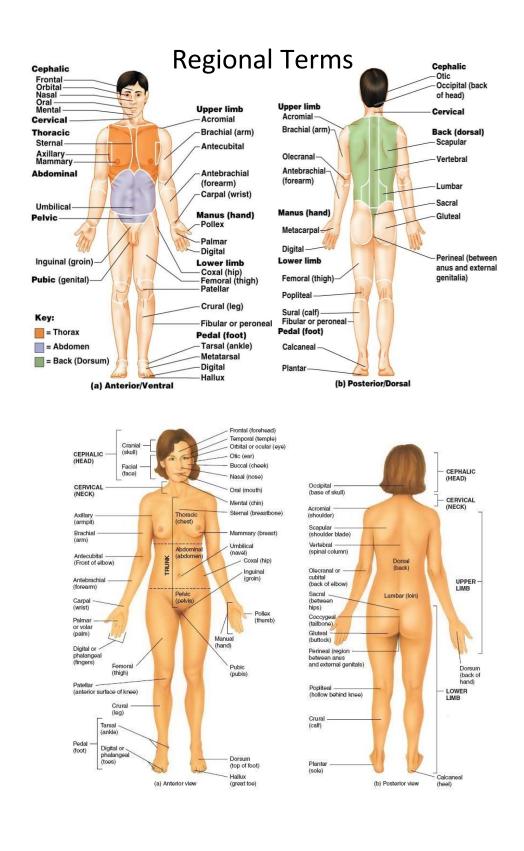
although the dorsal and posterior surfaces are the same in humans, the term dorsal specifically refers to an animal's back. Thus, the dorsal surface of fourlegged animals is their superior surface.

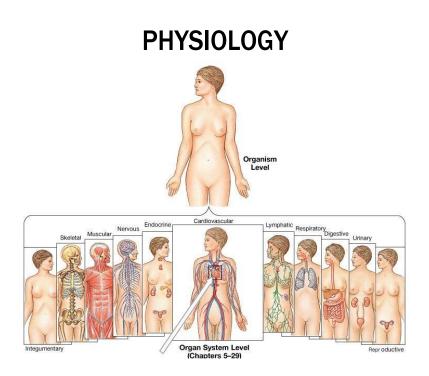
TABLE					
1.1	Orientation and Directional Terms				
Term	Definition		Example		
Medial	Toward or at the midline of the body; on the inner side of		The heart is medial to the arm.		
Lateral	Away from the midline of the body; on the outer side of	<hr/>	The arms are lateral to the chest.		
Proximal	Closer to the origin of the body part or the point of attachment of a limb to the body trunk		The elbow is proximal to the wrist.		
Distal	Farther from the origin of a body part or the point of attachment of a limb to the body trunk		The knee is distal to the thigh.		



Body Sections

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Systems Physiology

- Integumentary system
- Nervous system
- Skeletal system
- Endocrine system
- Muscular system
- Cardiovascular system
- Lymphatic system
- Urinary system
- Respiratory system
- Digestive system
- Reproductive system

THE INTEGUMENTARY SYSTEM



Major Organs:

- Skin
- Hair
- Sweat glands
- Nails

Functions:

- Protects against environmental hazards
- Helps regulate body temperature
- Provides sensory information

THE NERVOUS SYSTEM



Major Organs:

- Brain
- Spinal cord
- Peripheral nerves
- Sense organs

- Directs immediate responses to stimuli
- Coordinates or moderates activities of other organ systems
 Provides and interprets sensory
- Provides and interprets sensory information about external conditions



THE SKELETAL SYSTEM



- Bones
- Cartilages
- Associated ligaments
- Bone marrow

Functions:

- · Provides support and protection for other tissues
- Stores calcium and other minerals
- Forms blood cells

THE ENDOCRINE SYSTEM



Major Organs:

- · Pituitary gland
- Thyroid gland
- Pancreas
- Adrenal glands
- Gonads (testes and ovaries)
- Endocrine tissues in other systems

- Directs long-term changes in the activities of other organ systems
- Adjusts metabolic activity and energy use by the body
- · Controls many structural and functional changes during development



THE MUSCULAR SYSTEM

Major Organs:



 Skeletal muscles and associated tendons and aponeuroses (tendinous sheets)

Functions:

- Provides movement
- Provides protection and support for other tissues
- Generates heat that maintains body temperature

THE CARDIOVASCULAR SYSTEM



Major Organs:

- Heart
- Blood
- Blood vessels

- Distributes blood cells, water, and dissolved materials, including nutrients, waste products, oxygen, and carbon dioxide
- Distributes heat and assists in control of body temperature

THE LYMPHATIC SYSTEM

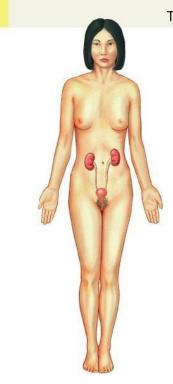


Major Organs:

- Spleen
- Thymus
- Lymphatic vessels
- Lymph nodes
- Tonsils

Functions:

- Defends against infection and disease
- Returns tissue fluids to the bloodstream



THE URINARY SYSTEM



Major Organs:

- Kidneys
- Ureters
- Urinary bladder
- Urethra

- Excretes waste products from the blood
- Controls water balance by regulating volume of urine produced
- Stores urine prior to voluntary elimination
- Regulates blood ion concentrations and pH

THE RESPIRATORY SYSTEM



Major Organs:

- Nasal cavities
- Sinuses
- Larynx
- Trachea
- Bronchi
- Lungs
- Alveoli

Functions:

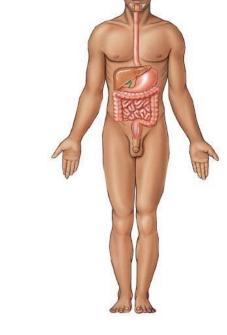
- Delivers air to alveoli (sites in lungs where gas exchange occurs)
- Provides oxygen to bloodstream
- Removes carbon dioxide from bloodstream
- Produces sounds for communication

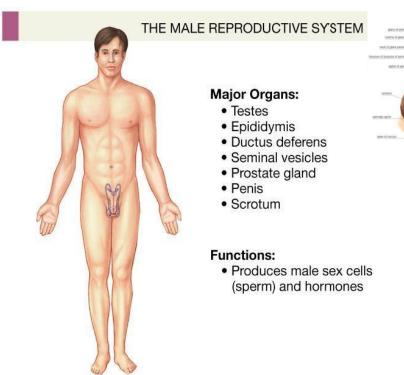
THE DIGESTIVE SYSTEM

Major Organs:

- Teeth
- Tongue
- Pharynx
- Esophagus
- Stomach
- Small intestine
- Large intestine
- Liver
- Gallbladder
- Pancreas

- · Processes and digests food
- Absorbs and conserves water
- Absorbs nutrients (ions, water, and the breakdown products of dietary sugars, proteins, and fats)
- Stores energy reserves





THE FEMALE REPRODUCTIVE SYSTEM



Ovaries

- Uterine tubes
- Uterus
- Vagina
- Labia
- Clitoris
- Mammary glands

- Produces female sex cells (oocytes) and hormones
- Supports developing embryo from conception to delivery
- Provides milk to nourish newborn infant

