

Al- Mustaqbal College University

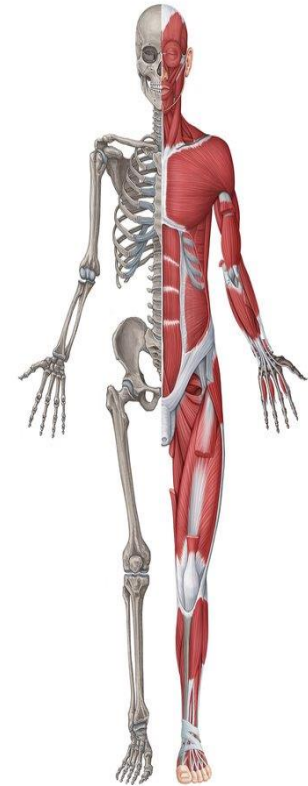
Department Of Medical Instrumentation

Techniques Engineering

Anatomy and physiology

Dr. Roaa N. Al- Saffar

Musculoskeletal system



Musculoskeletal system

- The *musculoskeletal system* is made up of the body's bones (the skeleton), muscles, cartilage, tendons, ligaments, joints, and other connective tissue that supports and binds tissues and organs together.
- This system provides form, support, stability & movement to the body
- It comprises of Muscular System and the Skeletal System

Musculoskeletal system

```
graph TD; A["Musculoskeletal system"] --> B["The Muscular system"]; A --> C["The Skeletal System"]; B --> D["Voluntary Muscles"]; B --> E["Involuntary Muscles"]; C --> F["Bones"]; C --> G["Joints"];
```

The Muscular system

*Voluntary
Muscles*

*Involuntary
Muscles*

The Skeletal System

Bones

Joints

Functions of Muscular system

- Locomotion
- Movement
- Posture formation and its maintenance
- Assistance in blood circulation and respiration
- Protection and support to the viscera
- Production of strength by converting chemical energy to mechanical energy.
- Contribution to the functions of digestion, defecation, urination and the process of child birth.
- External expression of emotions

The Muscular System

```
graph TD; A["The Muscular System"] --> B["Voluntary Muscles"]; A --> C["Involuntary Muscles"]; B --> D["Skeletal Muscles"]; C --> E["Cardiac Muscles"]; C --> F["Smooth Muscles"];
```

Voluntary Muscles

Involuntary Muscles

Skeletal Muscles

Cardiac Muscles

Smooth Muscles

Muscle:

a band or bundle of fibrous tissue in a human or animal body that has the ability to contract, producing movement in or maintaining the position of parts of the body.

Classification of muscles

on the basis of structure and function

Smooth muscles

- 1.Maintain flow of fluids along tissue walls.
- 2.Fatigue slowly.
- 3.Found in lungs, stomach,oesophagus and intestines.

Cardiac muscles

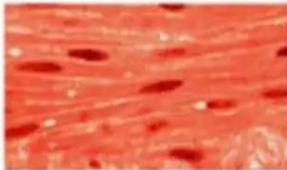
- 1.Controlled by central nervous system and “Pacemaker” cells.
- 2.Donot fatigue.
- 3.Found only in heart and tips of blood vessels.

Skeletal muscles

- 1.Aid in voluntary movement.
- 2.Fatigue more rapidly than other muscles.
- 3.attached to skeleton.

Classification of muscles

Copyright © The McGraw-Hill Companies, Inc. Permission required for reproduction or display.



Smooth muscle

- has spindle-shaped, nonstriated uninucleated fibers.
- occurs in walls of internal organs.
- is involuntary.



Cardiac muscle

- has striated, branched, uninucleated fibers.
- occurs in walls of heart.
- is involuntary.



Skeletal muscle

- has striated, tubular, multinucleated fibers.
- is usually attached to skeleton.
- is voluntary.

The Skeletal System

```
graph TD; A["The Skeletal System"] --> B["The Bones"]; A --> C["The Joints"]; B --> D["Flat Bones"]; B --> E["Irregular Bones"]; B --> F["Long Bones"]; B --> G["Short Bones"]; C --> H["Fibrous"]; C --> I["Cartilaginous"]; C --> J["Synovial"];
```

The Bones

***Flat
Bones***

***Irregular
Bones***

***Long
Bones***

***Short
Bones***

The Joints

Fibrous

Cartilaginous

Synovial

The Skeletal System

- Forms framework of the body.
- Bone is the hardest part of the body.
- No. of bones in adult human body =206
- Total weight of skeletal system = 15% of total body weight.
- The skeletal system =Bones + Joints.

The bones

- Each bone is supplied by nerves, blood vessels & lymphatic vessels.
- Composition of bone - Calcium & Phosphorus.
- Bone Marrow - Soft core of the bone . Blood cells are produced in the marrow.
- Cartilage - Softer than bone . e.g. Ear lobe ,nose .

BONES

```
graph TD; A[BONES] --> B[FLAT BONES]; A --> C[IRREGULAR BONES]; A --> D[LONG BONES]; A --> E[SHORT BONES];
```

FLAT BONES

***IRREGULAR
BONES***

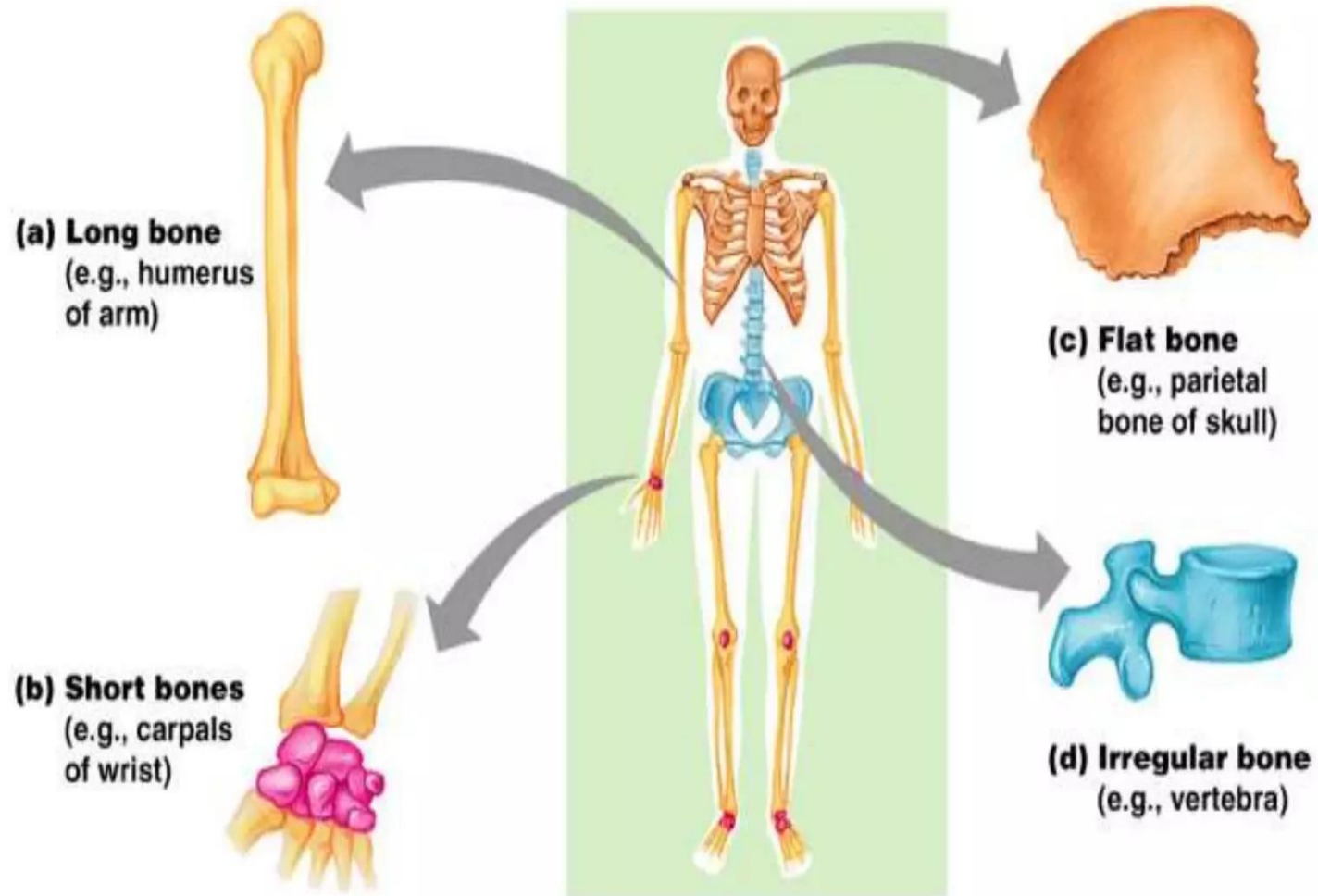
***LONG
BONES***

***SHORT
BONES***

Classification of bones

Flat bone	Irregular bone	Long bone	Short bone
<ul style="list-style-type: none">1.They are thin like plate.2.They protect organs as they cover them.3.Cranial bones of the skull, Sternum, Ribs & Scapulae	<ul style="list-style-type: none">1.Complex and irregular in shape2.Example: Vertebrae	<ul style="list-style-type: none">1.Length is greater than the width2.Slightly curved for better strength3.Bones of hands and thighs	<ul style="list-style-type: none">1.Cubical in shape2.Equal in length & width.3.Bones of wrist & ankles

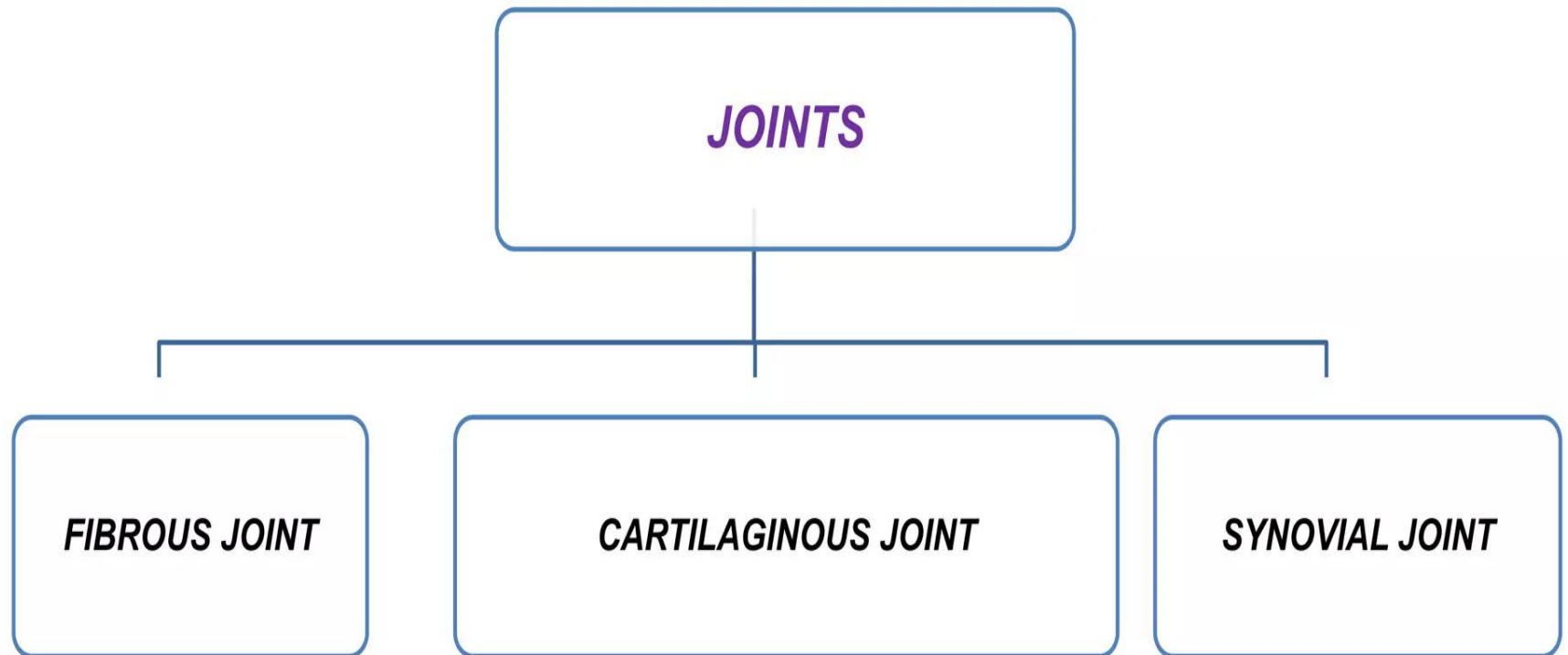
Classification of bones



Joints

- A point where two bones or bone and a cartilage contact each other is called Joint or an Articulation.
- Two bones are held together by a flexible connective tissue
- Most of the joints permit the movement within particular limit.
- While some joints restrict the movement.

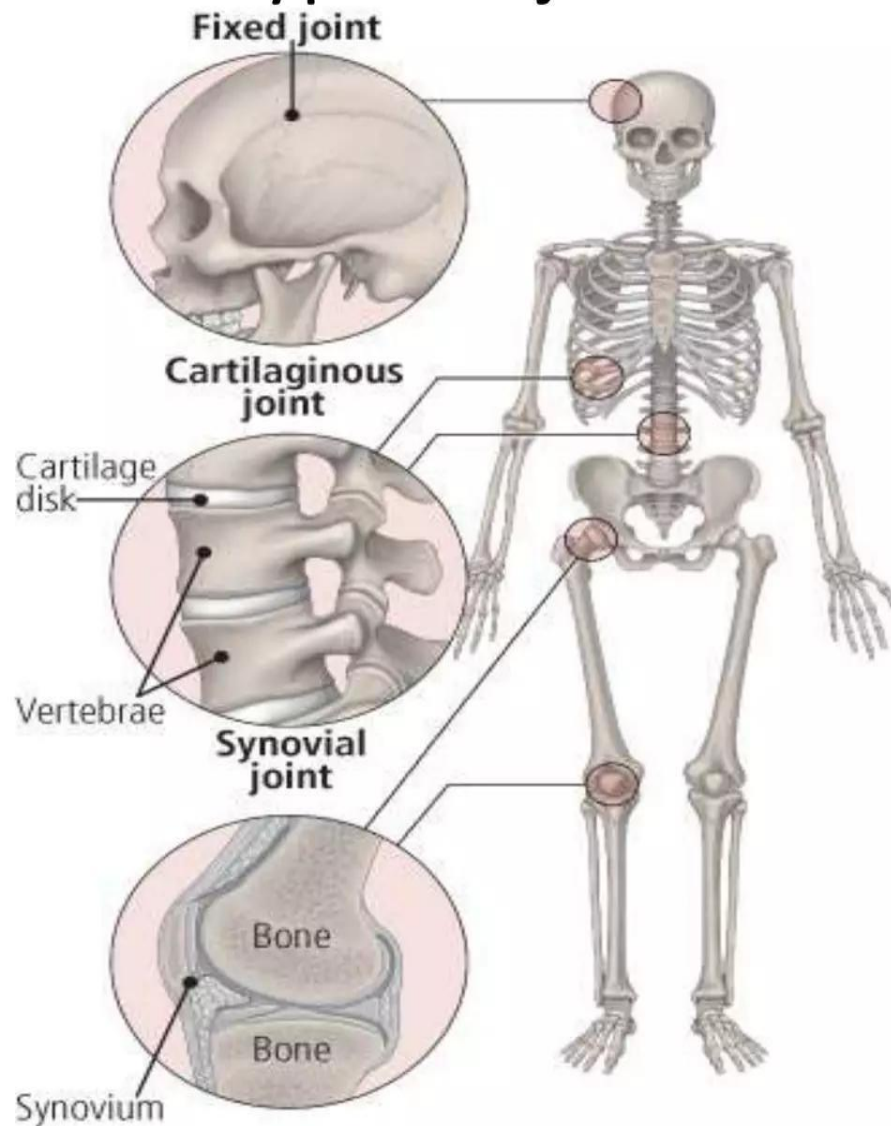
Classification of joints



Types of joints

Fibrous joints	Cartilaginous joints	Synovial joints
<p>1.The articulating bones are held very close to each other by a fibrous connective tissue.</p> <p>2.Very limited movement is possible or there is no movement at all.</p> <p>3.Joints between shafts of the ulna & radius or tibia and fibula, Joint of the skull.</p>	<p>1.The joining material is cartilaginous tissue.</p> <p>2.Immovable in nature.</p> <p>3.Joint between first rib and the sternum.</p> <p>4.Portion of intervertebral disc is cartilaginous.</p> <p>5.Vertebral joints are slightly movable.</p>	<p>1.Joints of the bones move freely upon each other.</p> <p>2.Synovial cavity – space between two articulating bones</p> <p>3.Sleeve like articular capsule, covers the joint.</p> <p>4.The outer fibrous layer of the capsule prevents dislocation.</p> <p>5.The inner membrane secretes synovial fluid, lubricating & nourishing the joint</p>

Types of joints



Functions of skeletal system

- 1) Forms framework of the body & gives to the shape to the body .
- 2) Protection of vital organs
- 3) Movement - mobility & stability.
- 4) Production of R.B.C.
- 5) Calcium metabolism

Thank you