

(L6) Urinary System Terminology

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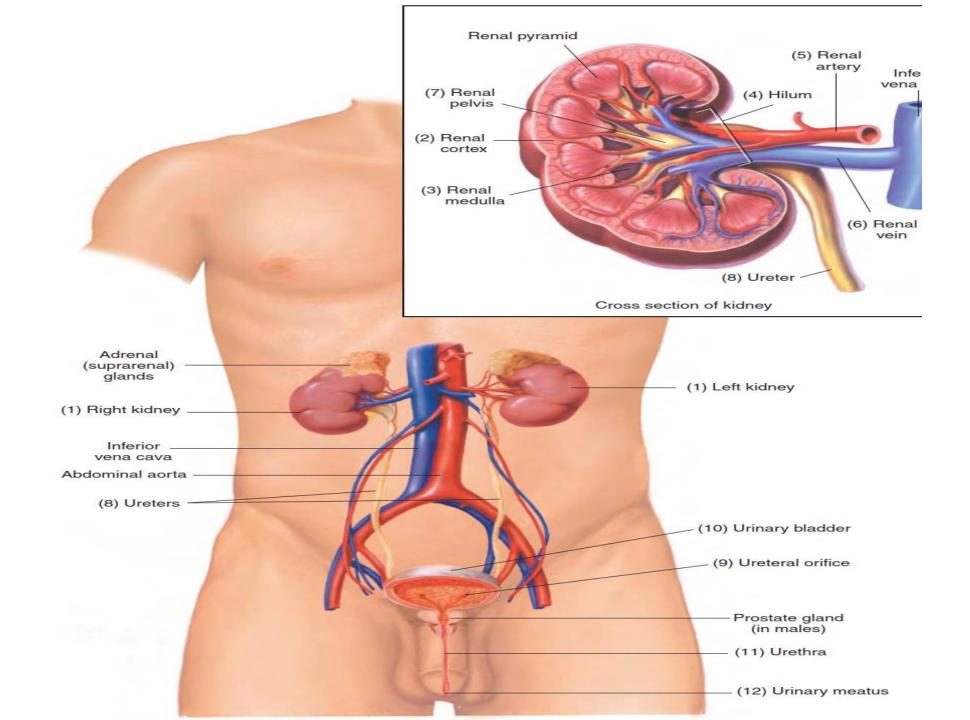
#### **Urinary System**

The purpose of the urinary system is to regulate extracellular fluids (plasma, tissue fluid, and lymph) of the body by removing a variety of harmful substances from plasma while retaining useful products.

Harmful substances, including nitrogenous wastes and excess electrolytes (sodium, potassium, and calcium), are excreted from the body as urine, while useful products are returned to the blood. **Nitrogenous wastes** are toxic to the body, and must be continuously eliminated or death will occur.

**Electrolyte** concentration must remain fairly constant for proper functioning of nerves, heart, and muscles. The kidneys also secrete **erythropoietin**, a hormone that acts on bone marrow to stimulate production of red blood cells when blood oxygen levels are low. Four major types of structures make up the urinary system:

- two kidneys
- two ureters
- bladder
- urethra



The (1) kidneys, each about the size of a fist, are located in the abdominal cavity slightly above the waistline. Because they lie outside of the peritoneum, their location is said to be retroperitoneal. A concave medial border gives the kidney its beanlike shape.

In a frontal section, two distinct areas are visible, an outer section, the (2) renal cortex, and a middle area, the (3) renal medulla, which contain portions of the microscopic filtering units of the kidney called nephrons.

Near the medial border is the (4) hilum (hilus), an opening through which the (5) renal artery enters and the (6) renal vein exits the kidney. The renal artery carries blood that contains waste products to the nephrons for filtering. After waste products are removed, blood leaves the kidney by way of the renal vein.

Waste material, now in the form of urine, passes to a hollow chamber, the (7) renal pelvis. This cavity is an enlarged, funnel-shaped extension of the (8) ureter where the ureter merges with the kidney. Each ureter is a slender tube about 10 to 12 inches long that carries urine in peristaltic waves to the bladder. They pass behind the bladder and enter its base near the (9) ureteral orifice. The (10) urinary bladder, an expandable hollow organ, acts as a temporary reservoir for urine. When empty, the bladder has small folds called rugae that allow expansion as the bladder fills. A triangular area at the base of the bladder called the trigone is delineated by the openings of the ureters and the urethra.

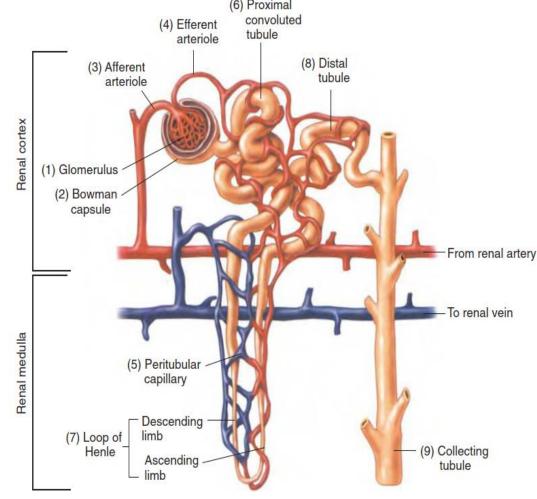
The base of the trigone forms the (11) urethra, the tube that discharges urine from the bladder. The length of the urethra is approximately 1.5 inches in women and about 7 to 8 inches in men. During micturition, urine is expelled through the urethral opening, the (12) urinary meatus.

#### Nephron

Microscopic examination of kidney tissue reveals the presence of approximately 1 million nephrons. These microscopic structures are responsible for maintaining homeostasis by continually regulating the amount of water, salts, glucose, urea, and other minerals in blood.

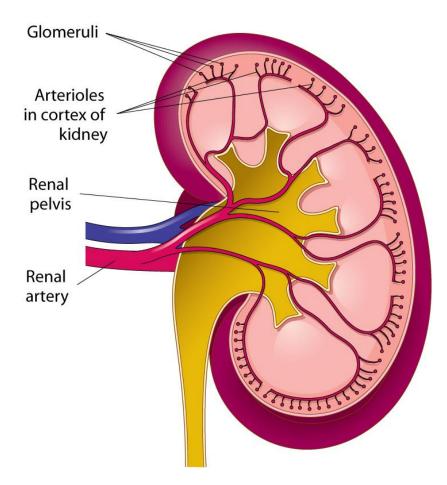
Substances removed by nephrons are nitrogenous wastes, including urea, uric acid, and creatinine, the end products of protein metabolism.

Nephrons also remove excess electrolytes and many other products that exceed the amount tolerated by the body.



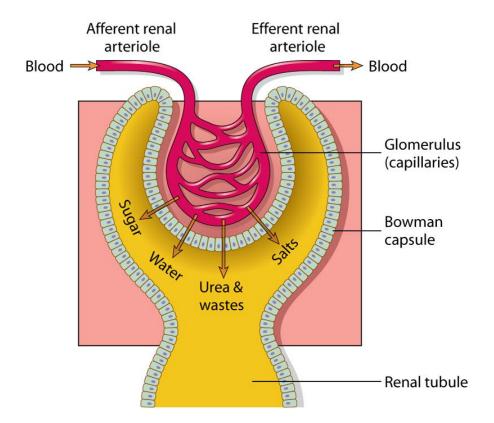
## How Kidneys Produce Urine

- Blood enters the kidneys through the right and left renal arteries
- Arterioles carry blood to the capillaries
- Glomeruli filter the blood



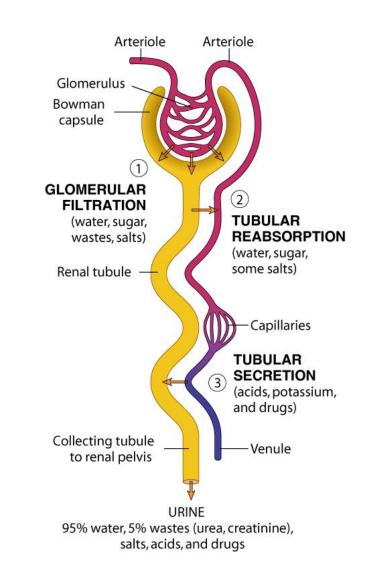
### **Glomerulus and glomerular/Bowman capsule**

- Blood passes through the glomeruli
- Glomerular (Bowman) capsule surrounds each glomerulus
- Renal tubule is attached to each Bowman capsule



# Three steps in the formation of urine

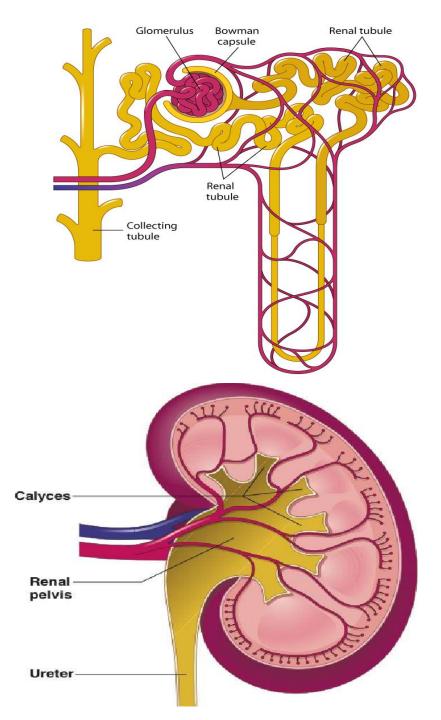
- Glomerular filtration
- Tubular reabsorption
- Tubular secretion



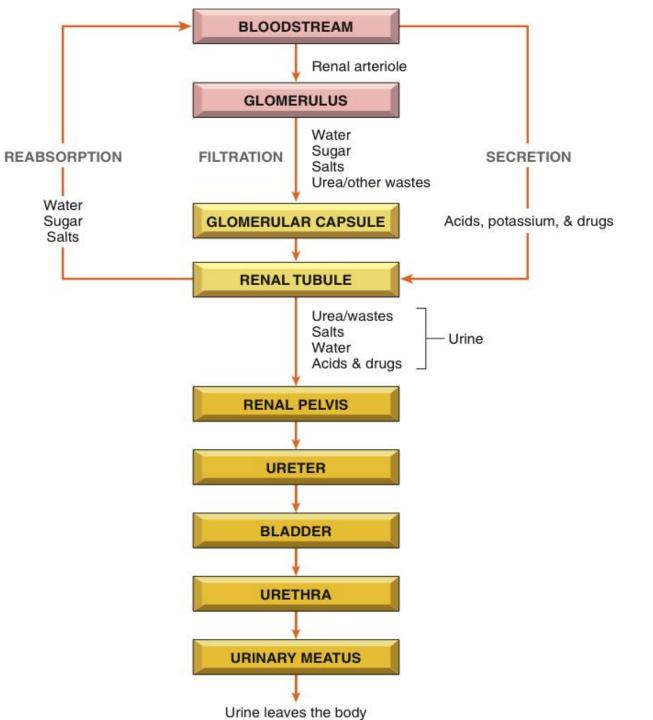
 The glomerulus and a renal tubule combine to form a unit called a nephron.

All collecting tubules lead to the **renal pelvis** 

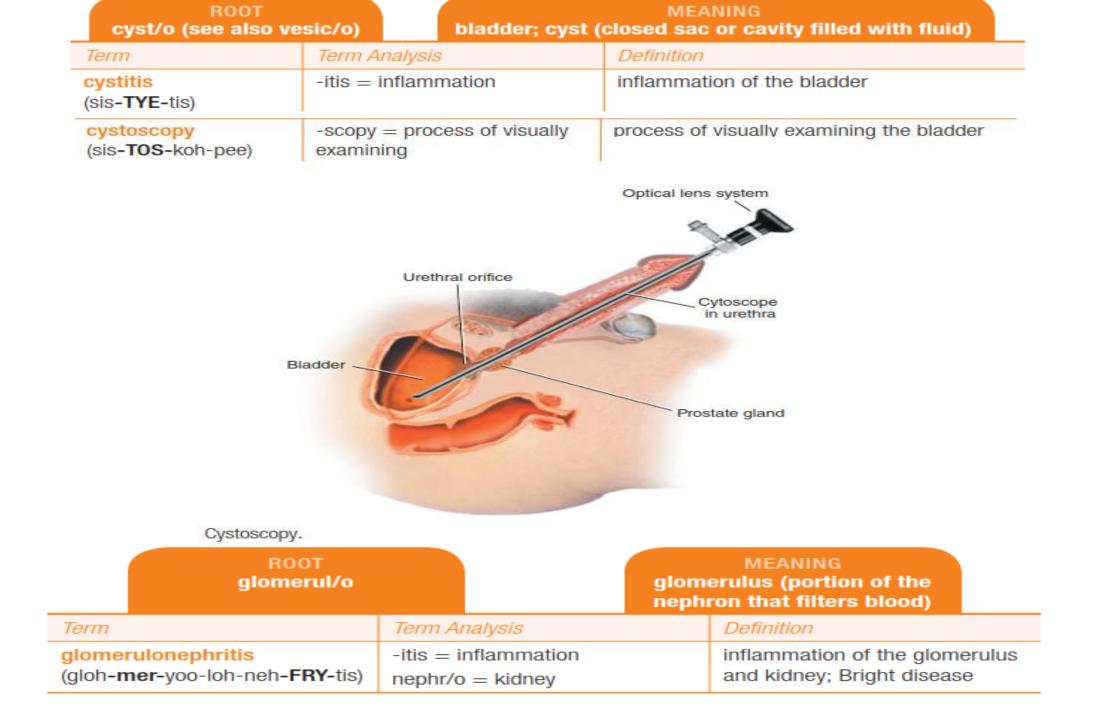
Calyces or calices are small, cuplike regions of the renal pelvis; the term comes from the Greek, *kalux,* meaning a cup or case surrounding a flower bud



# Process of forming and expelling urine



ROOT ren/o				MEANING kidney
Term	Term Ana	lysis		Definition
<b>renal hypoplasia</b> ( <b>REE</b> -nal <b>high-</b> poh <b>-PLAY-</b> zee-ah)	<ul> <li>-al = pertaining to</li> <li>-plasia = formation; development</li> <li>hypo- = under; below normal;</li> <li>deficient</li> </ul>			underdeveloped kidney
ROOT ureter/o				MEANING ureter
Term	Term Ana	lysis		Definition
ureteral (yoo-REE-ter-al)	-al = pert	taining to		pertaining to the ureter
ureterectasis (yoo- <b>ree-</b> ter- <b>ECK</b> -tah-sis)	-ectasis = widening	= dilation; stretc	hing;	dilation of ureter
ROOT vesic/o				MEANING bladder
Term	Term Ana	lysis		Definition
vesical (VES-ih-kal)	-al = pert	aining to		pertaining to the bladder
ROOT urethr/o				MEANING urethra
Term	Term Ana	lysis		Definition
transurethral (tranz-yoo-REE-thral)	-al = pert trans- = t	taining to through; across		pertaining to something moving through the urethra
urethrostenosis (yoo- <b>ree-</b> troh-steh- <b>NOH</b> -sis)	-stenosis	= narrowing		narrowing of the urethra



SUFFIX -uria		MEANING urine; urination
Term	Term Analysis	Definition
<mark>anuria</mark> (ah <b>-NOO-</b> ree-ah)	an- = no; not; lack of	no urine formation; also known as <b>suppression</b> (suh- <b>PRESH</b> -un)
<b>dysuria</b> (dis <b>-YOO-</b> ree-ah)	dys- = painful; bad; difficult	painful urination
<b>hematuria</b> ( <b>hem-</b> ah <b>-TOO-</b> ree-ah)	hemat/o = blood	blood in the urine
<b>nocturia</b> (nock <b>-TOO-</b> ree-ah)	noct/o = night	frequent urination at night
<b>oliguria</b> ( <b>ol-</b> ih <b>-GOO-</b> ree-ah)	oligo- = scanty; deficient; few	decreased urination
<b>polyuria</b> ( <b>pol-</b> ee <b>-YOO-</b> ree-ah)	poly- = many	excretion of large amounts of urine
<b>pyuria</b> (pye <b>-YOO-</b> ree-ah)	py/o = pus	pus in the urine

	ROOT <b>ur/o</b>		MEAN Irinary tract; u	
Term	Term A	Analysis	Definitio	n
uremia (yoo-REE-mee-ah)	-emia	= blood condition	in the bl azotem A toxic s	lation of waste products ood; also known as ia (az-oh-TEE-mee-ah). state when kidney failure the buildup of wastes in d.
urologist (yoo-ROL-ah-jist)	-logist	= specialist	urinary the urin	st in the study of the system in females and ary and reproductive s in males
urogram (YOO-roh-gram)	-gram	= record	x-ray of	the urinary tract

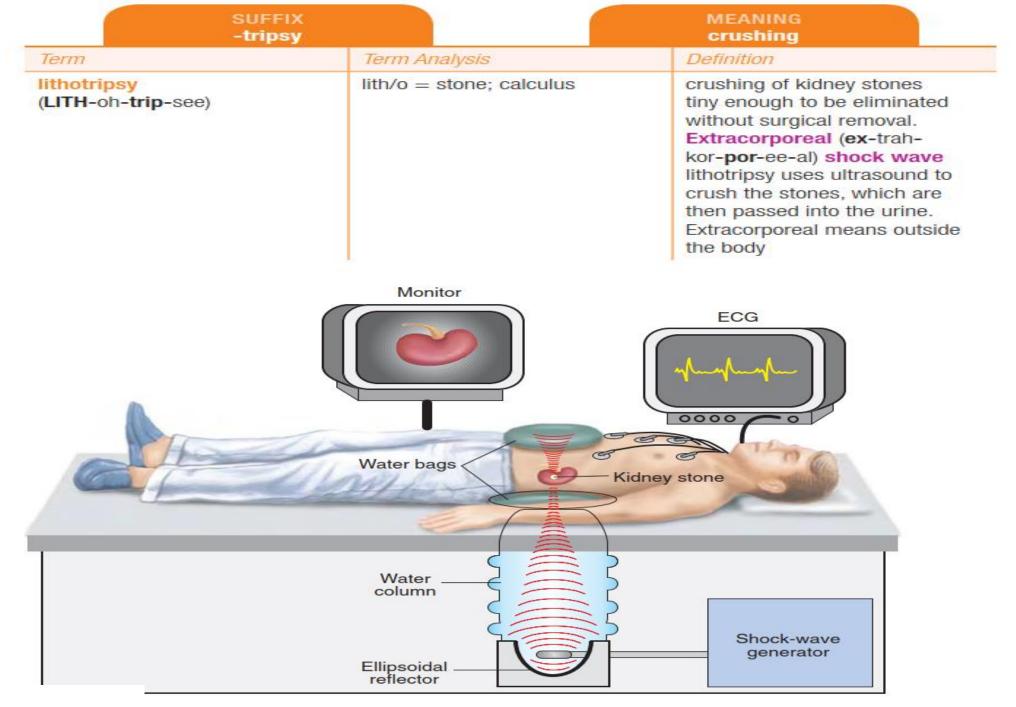


	SUFFIX -lysis	MEANING separation; breakdown; destruction
Term	Term Analysis	Definition
dialysis (dye-AL-ih-sis)	dia- = through; complete	mechanical replacement of kidney function when the kidney is not working (Figure 16-9); hemodialysis (hee-moh-dye-AL-ih-sis)

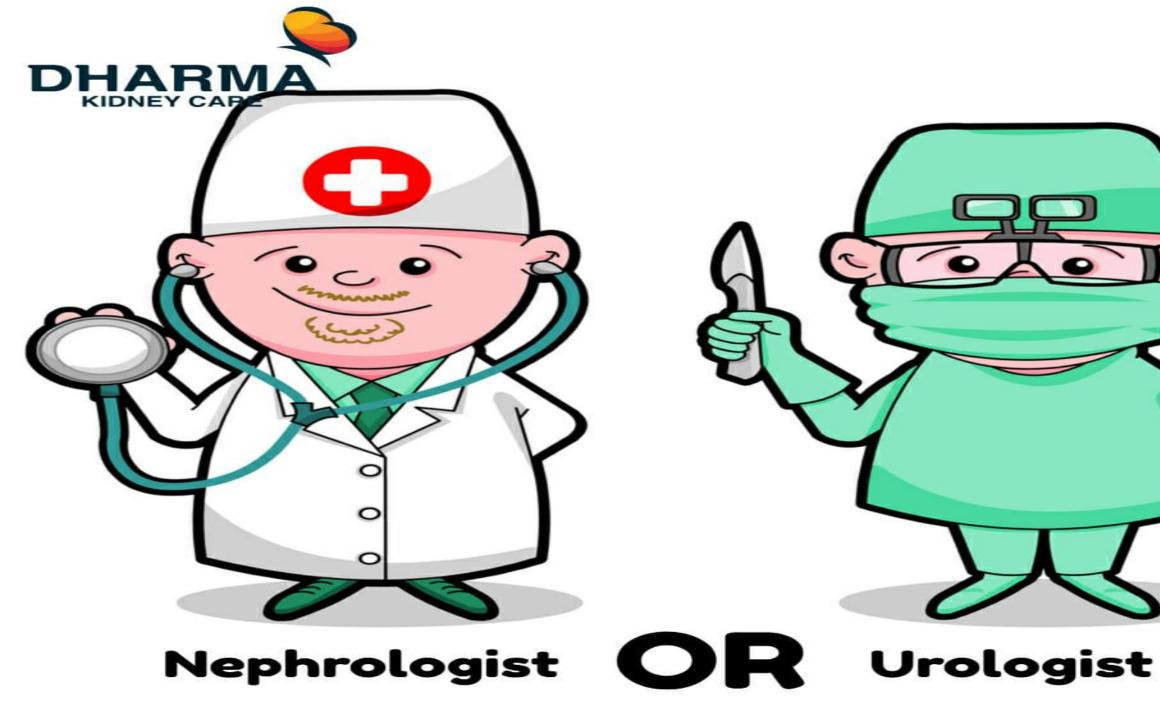


Figure 16-9 Hemodialysis. Mechanical replacement of kidney function when the kidney is not working. Once the patient's blood has been filtered, it is returned to the patient's body.

urinalysis (yoo-rih-NAL-ih-sis)	urin/o = urine ana- = apart	laboratory analysis of urine



Extracorporeal shockwave lithotripsy.



### **Urologist vs Nephrologist**

A urologist is a surgical kidney specialist who treats mainly structural diseases of the kidney. In other words, the problem is due to physical reasons such as:

- 1. kidney stones
- 2. cancer of the urinary tract
- **3.** blockages in the passage of urine leading to swelling of the kidney ("hydronephrosis")
- 4. prostate enlargement
- 5. birth defects in the kidney (like cysts, deformed kidneys, etc)

A nephrologist, on the other hand, is a medical kidney specialist who manages mainly functional issues of the kidney. So, the kidney function is impaired resulting in :

- 1. kidney failure needing dialysis or kidney transplantation
- 2. protein leakage in the urine
- **3.** high blood pressure or hypertension (yes, kidneys maintain your blood pressure)
- 4. decreased kidney function (called "chronic kidney disease")

5. imbalances in the chemical composition of blood (high or low sodium and/or potassium in the blood

TERM	DEFINITION
Nephrology	Nephr(o) means kidney
	-logy means the study of.
	Nephrology is the study of the anatomy and physiology of the kidney.
Nephrologists	Nephr(o) means kidney
	-logist means one who studies.
	A nephrologists is physician specializing in the conditions such as kidney disease, renal failure, dialysis patients and renal transplants.
Urology	Ur(o) means urine
	-logy means the study of.
	Urology is the study of the anatomy and physiology of the urinary tract and the male and female reproductive system.
Urologist	Ur(o) means urine
	-logist means one who studies.

TERM	DEFINITION
	Intravenous is pertaining to inside the vein.
	Pyel(o) means kidney or pelvis.
Intravenous	-gram means a drawing or a written record.
pyelogram (IVP)	An x-ray of the kidneys and other structures of the urinary tract using a
	intravenously injected contrast material.
	Magnetic means lodestone.
	Resonance means to sound again.
Magnetic Resonance	Imaging means image.
Imaging (MRI)	An MRI is a procedure used to produce an image by the creation of a magnetic field
	to give detailed information about the kidneys.
Renal arteriogram	Renal is pertaining to the kidneys.
	Arteriogram is an x-ray of an artery that has been injected with a radiopaque contrast material.
	A renal arteriogram is the visualization of the renal blood vessels.
	Urinary means urine or the formation of urine.
	Urinary tract is the organs involved in the secretion and elimination of urine.
Urinary tract infection	
(UTI)	A UTI is an infection of any of the structures of the urinary tract.

ΓERM	DEFINITION
Pyelogram	Pyel(o) means kidney or pelvis.
	-gram means a drawing or a written record. A pyelogram is an x-ray of the upper urinary tract after the introduction of a radiopaque contrast material.
	A CT is a technique that uses radiographic to produce an image of the cross section of tissue. It is used to visualize the kidneys.
Cystogram	Cyst(o) bladder or sac.
	-gram means a drawing or a written record. The visualization and recording of the urinary bladder after a radiopaque contrast material has been introduced.
Renal arteriogram	Renal is pertaining to the kidneys.
	Arteriogram is an x-ray of an artery that has been injected with a radiopaque contrast material.
	A renal arteriogram is the visualization of the renal blood vessels.



# THANK YOU!



deviceVentricle gast left-ven waves disease Gastritis Medical Terminology Arteriography Cardioplegia gastroesopt ventricular Restenosis theta Arterioles