

# COLLEGE OF NURSING

The First STAGE

RAQIP ABBAS

## Complete each sentence with a word from the box.

( apply -- keep – squeeze - check for –make sure – sterilize –immerse - puncture - swab  
immobilize - remove - treat )

- 1 – **sterilize** a clean , sharp needle with alcohol.
- 2- **make sure** there is no glass or other foreign body in the wound.
- 3- Use the needle to **puncture** the blister.
- 4- Don't **remove** burnt clothing.
- 5- **squeeze** a main artery if necessary.
- 6- **keep** the injured person lying down.
- 7- **immobilize** the injured body part once the bleeding has stopped.
- 8- **treat** the person for shock.
- 9- Don't **immerse** severe large burns in cold water.
- 10- **check for** signs of circulation
- 11- **swab** with Iodine or rubbing alcohol.
- 12- **apply** antibiotic ointment and cover with a

1 Match the beginnings and endings of the sentences.

1 Check that

a I count up to between breaths?

j 2 Make sure you

b I give her?

9 3 What do

c have to apply the pads?

2 4 Don't let

d the patient is breathing.

8 5 Should I

e the patient try to stand up.

i 6 Shall I bandage

f put the burnt area under running water?

h 7 Don't

g the patient's pulse again.

b 8 What dosage shall

h tie the bandage too tight!

9 9 Take

i the wound now?

c 10 Where do I


j use a sterile needle.

🔊 Listen again. Underline the correct option in italics.

EXAMPLE

*The patient has had a stroke / a cardiac arrest.*

- 1 The nurse gives *two / three* breaths into the patient's mouth.
- 2 The paramedic counts up to *three / four* after each push down on the chest.
- 3 The nurse pushes down on the chest *fifteen / sixteen* times.
- 4 They set the charge on the defibrillator at *100 / 200*.
- 5 The nurse applies the pads *on each side of / above and below* the heart.
- 6 The patient starts to respond after the *first / second* charge from the defibrillator.
- 7 The patient is given *Lidocaine / Atropine*.
- 8 The dosage is *200 ml over one minute / 100 ml over two minutes*.

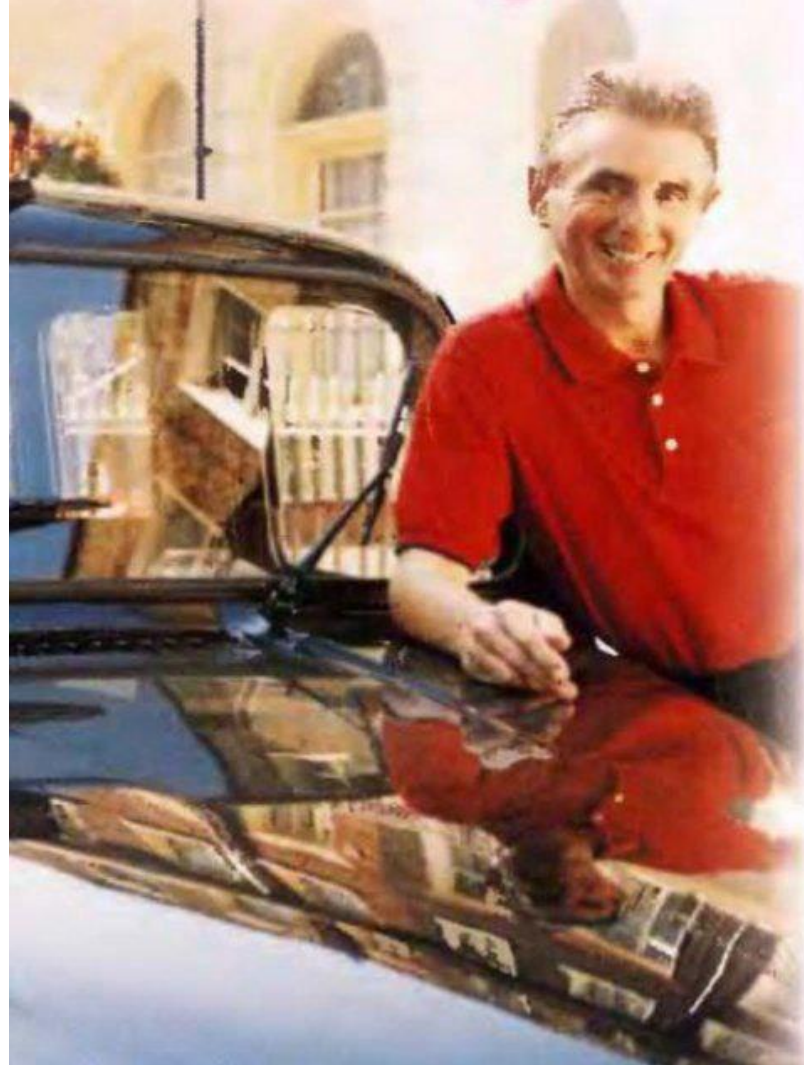
- 4  Complete each sentence with a verb from the list, then listen again to check.

check	hold	repeat	stand
give	press	set up	support
give	put		

- 1 \_\_\_\_\_ him CPR.
- 2 \_\_\_\_\_ him mouth-to-mouth first.
- 3 \_\_\_\_\_ his head.
- 4 Right, \_\_\_\_\_ his nose closed, then ...
- 5 \_\_\_\_\_ your hand on his chest.
- 6 \_\_\_\_\_ clear of his body.
- 7 ... then \_\_\_\_\_ the buttons and hold for two seconds.
- 8 \_\_\_\_\_ his pulse again.
- 9 OK – \_\_\_\_\_ the procedure.
- 10 Well done. Now \_\_\_\_\_ an IV and give ...



# Surprise passenger



British taxi driver, Clive Lawrence, became a midwife for an hour when a passenger gave birth to a baby in the back of his taxi.

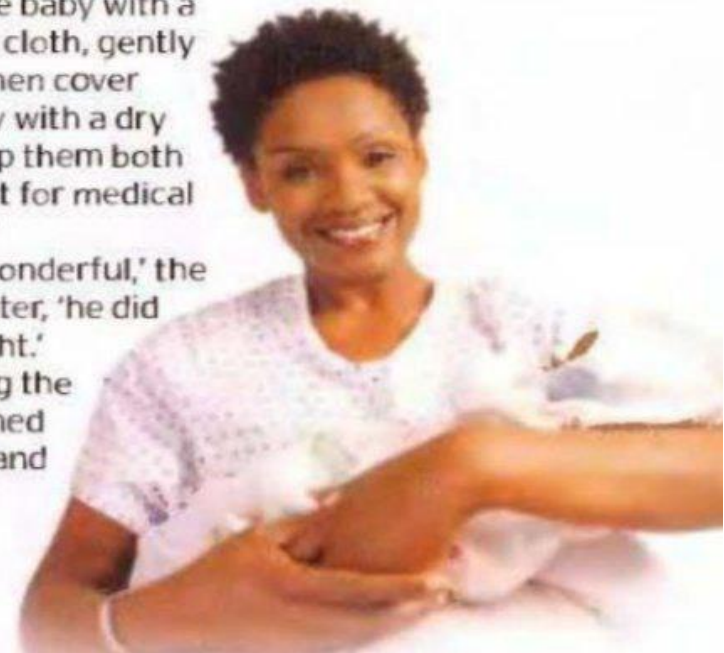
Asha Gemechu's baby was due in a month, but when her contractions started she called for a taxi to take her to hospital. Mr Lawrence answered the call.

The expectant mum was in the taxi for ten minutes when she realized that things were happening too fast. The baby was not going to wait. Its head appeared, and Mr Lawrence stopped the taxi to help with the birth.

Mr Lawrence said 'I was there when my kids were born, so this was not completely new for me. I spoke to a nurse on the taxi radio and she gave me instructions - I only did what she told me. There's nothing special about that. One minute I had one passenger, then I had two, but there's no extra charge!'

A midwife at the hospital said, 'Giving birth on the way to hospital doesn't happen often, but if you're there when it does, just support the baby's head and guide it out - don't pull. Then clean the baby's nose and mouth, but don't cut the umbilical cord - just lay the baby on the mother's chest, cord and all. Dry the baby with a clean towel or cloth, gently rub its back, then cover mum and baby with a dry blanket to keep them both warm, and wait for medical help to arrive.'

'Clive was wonderful,' the mother said later, 'he did everything right.' Asha is naming the baby Mohammed Clive. Mother and baby are both doing well.



# Read the text and answer the questions.

1 - Was this Clive's first experience of a birth?

-- No

2- Who gave instructions to Clive?

-- A nurse

3- Who is Mohammed Give?

-- The baby

4- How is the baby now?

-- well