### **Nervous system**

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## Nervous system

Divided into two parts :

- Central nervous system
- Peripheral nervous system



#### Functional divisions of nervous system

#### 1 Somatic NS

- Controls voluntary activities
- Detects changes in external environment
- 2-Autonomic NS
- Controls involuntary activities
- Detects changes in internal body environment

## Cellular structure

Glial cells : support, insulate, and nourish neurons

# Neuron (Nerve Cell)

- Cell Body
  - Cytoplasm
  - Nucleus
- Axon
  - Carry messages away from the cell body to other neurons
- Dendrites
  - Carry messages to the cell body







## **Classification of neuron** according to function





- Site where two neurons come into close proximity leaving a small gap
- The gap is bridged by a neurotransmitter substance

#### Gray and white matter Gray matter: nerve cells embedded in neuroglia

\* White matter: nerve fibers (axons) embedded in neuroglia



Frontal section of brain

# The Meninges

The Meninges are the membrane covering the brain and spinal cord. The Meninges consist of three membranes: 1. The dura mater, The arachnoid mater, The pia mater.



#### **PERIPHERAL NERVES**

- Made up of bundles of nerve fibers supported by delicate areolar tissue
- Cranial and spinal nerves



#### **Cranial Nerves**

- Twelve pairs of nerves associated with the brain
- Most are mixed in function; two pairs are purely sensory
- Each nerve is identified by a number (I through XII) and a name



## **Spinal Nerves**

- There is a pair of spinal nerves at the level of each vertebrae for a total of 31 pairs
- Formed by the combination of the ventral and dorsal roots of the spinal cord
- Named for the region from which they arise





## Distal end of the spinal cord

#### Conus medullaris:

- thin, conical end of the spinal cord
- the spinal cord ends at vertebral levels L1-L2
- Cauda equina (horse tail):
  - is the collection of lumbar and sacral spinal nerve roots that pass caudally to exit at their respective intervertebral foramen.

#### Filum terminale:

- thin thread of fibrous tissue at end of conus medullaris
- attaches to coccygeal ligament









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#### Spinal cord cross section

- Anterior median fissure
- Posterior median <u>sulcus</u>
- Posterolateral <u>sulcus</u>
- Anterior spinal artery
- Posterior spinal arteries





## Nerve plexuses

Figure 13.7 Spinal nerves.



At the root of the upper and lower limbs

By the joining of the anterior rami

dorsal roots (sensory)

dorsal\_root ganglia

ventral roots (motor)

posterior median sulcus posterior funiculi

grey commissure

lateral horn -

lateral funiculus -

anterior median fissure

dorsal horns

central canal

- lateral horn

lateral funiculus

ventral horns

anterior funiculi

Fig. 16.12

Skin

#### **Reflex arc**

1. Stimulus

activates

receptor

3. Nerve impulse is processed in the integration center by interneurons
2. Nerve impulse travels through sensory neuron to the spinal cord

4. Motor neuron transmits nerve impulse to effector

Interneuron

#### Example of Somatic reflex

a. Knee jerk response (simple/spinal cord only)



#### **Segmental innervation of muscle**

- Many muscles of limbs are innervated by two, three, or four spinal nerves
- Biceps brachii tendon reflex: C5 and 6
- Patellar tendon reflex (knee jerk): L2, 3, and 4
- Achilles tendon reflex (ankle jerk): S1 and 2

#### Autonomic nervous system



#### Functions of sympathetic N.S.

- Heart rate increase
- Vasoconstriction and blood pressure raises
- Inhibits peristalsis of the intestinal tract
- Closes the sphincters
- Prepare the body for emergency ((fight or flight))
- Redistribute the blood to brain, heart, skeletal muscle

#### Functions of parasympathetic N.S.

- Slow the heart rate
- Glandular activity
- Increase peristalsis of the intestine
- Open the sphincters
- Conserve and restore energy ((digest and rest

### Autonomic nervous system

- Motor/Visceral efferent nerves to:
- Smooth muscle in blood vessels and viscera
- Cardiac muscle
- Glands
- Sensory/Visceral Afferent nerves
- Conduct visceral pain
- Conduct visceral sensations (e.g., hunger, malaise, nausea, and bladder fullness)



Dorsal root

Regulate visceral function

# **Basic Anatomy of ANS**



#### Preganglionic neuron

- cell body in brain or spinal cord
- axon is myelinated type B fiber that extends to autonomic ganglion

#### Postganglionic neuron

- cell body lies outside the CNS in an autonomic ganglion
- axon is unmyelinated type C fiber that terminates in a visceral effector

## Sympathetic ganglia

- Sympathetic trunk (paravertebral ganglia) end below as the ganglion impar
- Prevertebral ganglia ( around the abdominal aorta)
- Suprarenal gland
- Their fibers distributed to internal viscera and body wall



Parasympathetic ganglia

- Cranial ganglia
- Ganglia near viscera
- Their fibers distributed to internal viscera only

**Locations of Parasympathetic Ganglia Ciliary Ganglion Otic Ganglion** Pterygopalatine Ganglion Submandibular Ganglion

#### Preganglionic neurons of Sympathetic System

- Gray matter of spinal cord
- T1 L2 spinal cord segments
- Lateral horn



Preganglionic neurons of Parasympathetic System

Gray matter of : 1.Brain: cranial nerve nuclei III, VII, IX, and X 2.S2-4 spinal cord segments (no lateral horn)



#### **Parasympathetic Innervation**

Sympathetic efferent fibers

# anterior nerve roots >> white rami communicantes >> paravertebral ganglia (sympathetic trunk)



## Destination

- Synapse within the ganglia of the **same** level, pass through gray rami communicantes to spinal nerve
- Synapse within ganglia of **higher** level (cervical), pass through gray rami communicantes to spinal nerves
- Synapse within ganglia of **lower** level (lumbosacral), pass through gray rami communican
- Do not synapse within the ganglia, pass through gray rami communicantes to form **3 splanchnic nerves**, synapse within <u>prevetebral ganglia</u>

#### Parasympathetic efferent

**Craniosacral outflow** 1. Cranial nerves (1973) >>> cranial parasympathetic ganglia or target organs 2.Sacral spinal nerves (S2-4) >>> pelvic splanchnic nerves >>>> hypogastric plexuses or walls of target organs



Autonomic afferent fibers
 run in reverse course to efferent fibers

#### Somatic vs autonomic

➢ Single neuron pathway to effector organ

➤Two neurons pathway to effector organ



#### **Dermatome :**

# The area of skin supplied by a single spinal nerve (segment of spinal cord)



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