**Prepositions**

At : we use “at” for the time of day.

On : we use “on” for days and dates.

In : we use “in” for longer periods like (months , years , seasons).

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| --- | --- | --- |
| At | On | In |
| at 5 o’clock | on Friday | in October |
| at 11.11 | on 22 September 1999 | in 1990 or in the 1990s |
| at midnight | on my birthday | in the past or in the future |
| at lunchtime | on Christmas Day | in the Middle Ages |
| at sunset | on my new day | in (the) winter |

For examples :

* They arrived at 9 o’clock.
* They arrived on Friday.
* They arrived in October.

For & Since , During & While & From

\*We use “for” + a period of time to say how long something goes on :

( For a week , for two hours , for ages, for three years ).

For examples :

* We watched TV for two hours last night.
* Are you going away for the weekend?
* I had studied English for 6 years.

\*We use “since” to express the starting point of an event :

( since 8 o’clock , since Sunday , since 1999 )

For examples :

• We haven’t met since last year.

• He had been writing a book since 2020.

• She hasn’t eaten since 5 o’clock.

\*We use “ during” + noun to say when something happens :

( during the film , during the night , during our holiday ).

For examples :

* I fell asleep during the film.
* We met a lot of people during our holiday.

\*We use “while” + subject + verb :

• I fell asleep while I was watching TV.

• We met a lot of interesting people while we were on holiday.

FROM \*

* Used to indicate the original location, situation, etc :

He travelled from Paris to Rome.

* Used in a period of time starting at :

He lived from 1910 to 1970.