



Al-Mustaqbal University

Collage of Engineering

Prosthetics and Orthotics Engineering

Second Stage

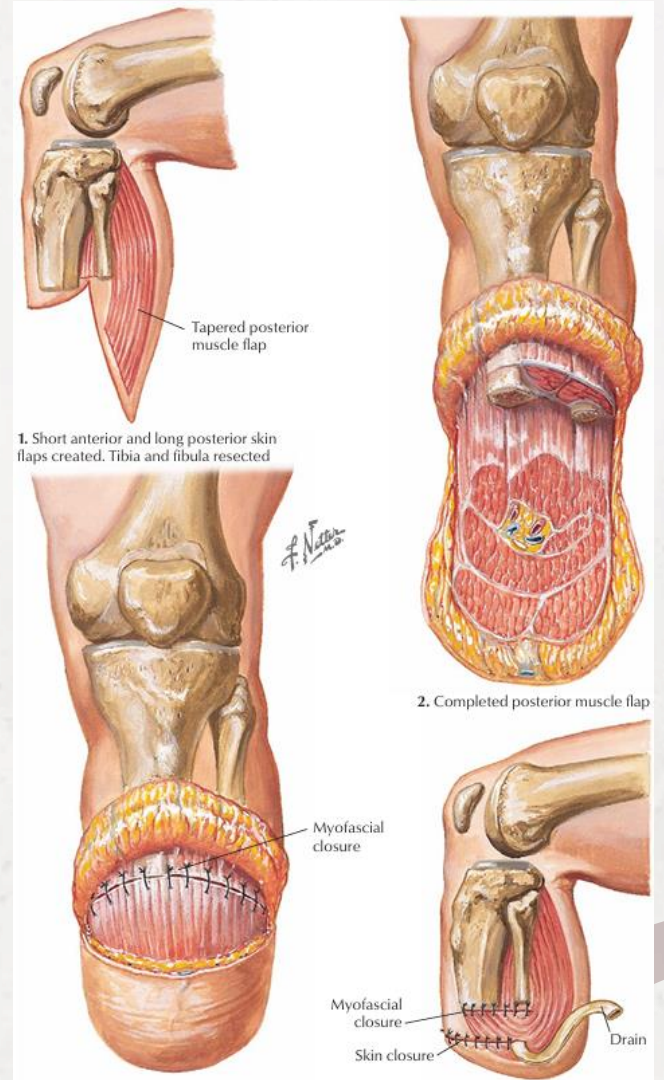
PROSTHETICS I

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# Transtibial Prosthetics

## (I) Initial Evaluation and Examination

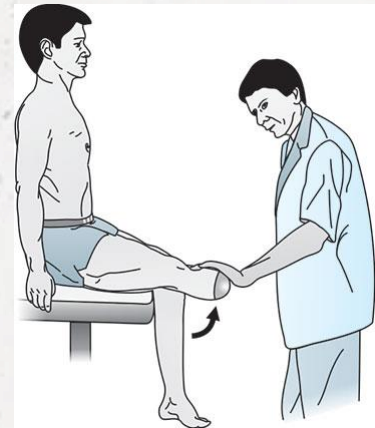
### 1- Physical Examination:

#### Inspection and Palpation:

Check the limb by looking and feeling.



**Muscle Performance:** Test muscles using manual muscle testing (MMT).





# (I) Initial Evaluation and Examination

## 1- Physical Examination:

### Range of Motion (ROM):

Assess both active (user moves) and passive (examiner moves) movements.



**Sensory Testing and Assessment:** Check skin condition and sensitivity.



## (2) Collaboration in Prosthetic Rehabilitation

### Teamwork is Key:

**Involvement:** Rehabilitation involves the combined efforts of the physician, therapist, prosthetist, and the patient.

**Importance:** Each person provides essential information and support.

**Outcome:** Working together ensures the best possible results for the patient.



### (3) Prosthetic Candidacy

#### 1- Motivation:

**Meaning:** The individual's determination and belief are important.

**Role:** A strong will to succeed helps in the rehabilitation process.



### (3) Prosthetic Candidacy

#### 2- Support System:

**Peer Support:** Interactions with others who have undergone similar experiences provide invaluable advice and encouragement.



**Online Resources:** Websites and support groups offer additional help and information.

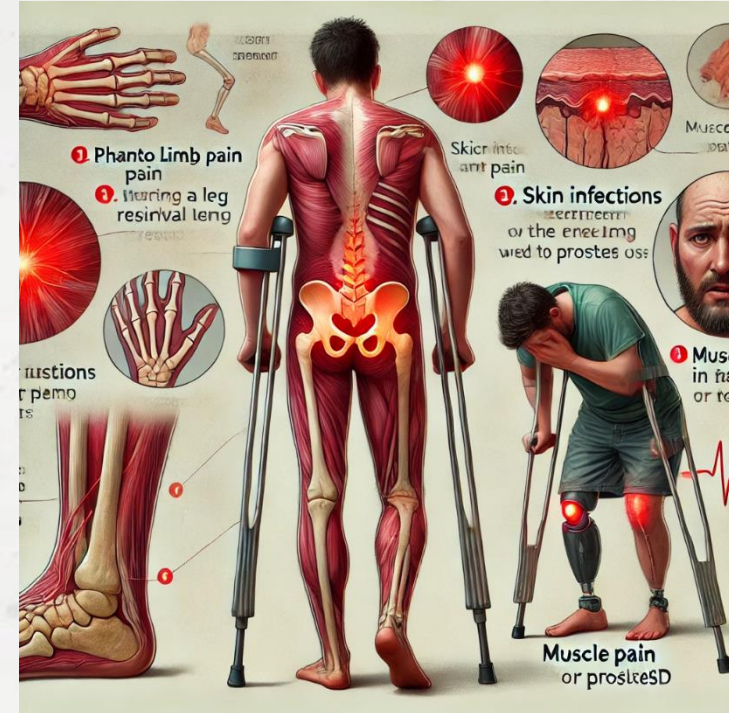


## (4) Challenges and Solutions in Prosthetic Rehabilitation

### 1- Dealing with Comorbidities:

**Meaning:** Amputations often come with other health issues.

**Solution:** Address these additional complications for better rehabilitation.





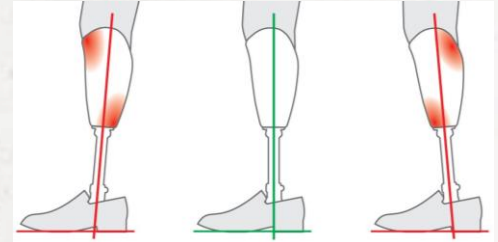
## (4) Challenges and Solutions in Prosthetic Rehabilitation

### 2- Customization:

**Skin Issues:** Use appropriate materials for comfort.



**Pressure Points:** Adjust the socket to relieve pressure.



**Limb Dysfunction:** Use specialized prosthetic options.

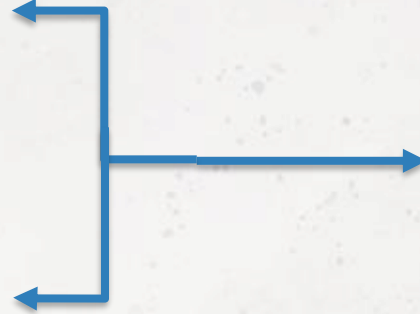


## (4) Challenges and Solutions in Prosthetic Rehabilitation

### 3- One Size Doesn't Fit All:

**Physical Fit:** Ensure the prosthesis fits well.

**Functional Fit:** Align the prosthesis functionality with the user's specific needs.



## (5) Prosthesis Design – Striking the Right Balance

### 1- Weight vs. Functionality:

**Challenge:** Adding features to a prosthesis can make it heavier.

**Impact:** Increased weight can lead to more energy use and fatigue.



## (5) Prosthesis Design – Striking the Right Balance

### 2- Materials and Techniques:

**Advancements:** Modern designs use new materials and techniques.

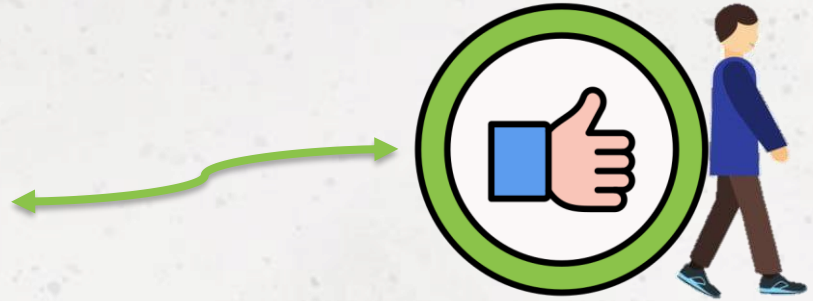
**Benefits:** These advancements improve mobility and energy efficiency.



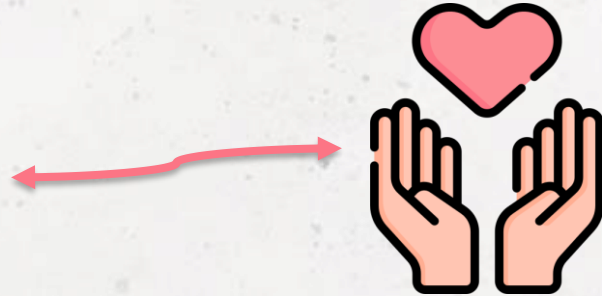


## (6) Predicting Functional Outcomes

**Positive Outlook:** Most people with transtibial amputations can regain their previous level of function.



**Special Attention:** Certain health conditions or complications might need extra care.



## (7) Classifying Functional Potential – The K-Levels

**K-levels** are a system used to determine a person's functional ability for prosthetic use.

**K-levels** help ensure:

**Correct Prosthesis:** Matching the right prosthesis to the user's abilities.

**Individual Rehabilitation:** Aiding in the user's rehabilitation process.

**Medicare Regulation:** Helping regulate Medicare provisions for prosthetics.



## MCQ

**1) What is the cornerstone of the initial prosthetic evaluation and examination?**

- a) Interview
- b) Setting rehabilitation goals
- c) Physical examination
- d) Collaboration with prosthetist

**2) Which of the following is not a factor in determining prosthetic candidacy?**

- a) Motivation
- b) Support system
- c) Weight of the prosthesis
- d) Health history

**3) What does the classification of "K-levels" ensure?**

- a) Proper weight distribution
- b) Correct alignment of prosthesis
- c) Right prosthesis prescribed for user's ability
- d) Customization of prosthetic designs

**4) Why is customization important in prosthetic rehabilitation?**

- a) Ensures a snug fit for the socket
- b) Proper range of motion
- c) High energy efficiency
- d) Aligns prosthesis functionality with individual needs



**5) Which material is known for making prosthetics durable and lightweight?**

- a) Steel
- b) Plastic
- c) Kevlar
- d) Aluminum

**6) Why is the initial interview process important in prosthetic evaluation?**

- a) To assess the physical condition of the patient
- b) To understand the patient's cognitive level and health history
- c) To begin manual muscle testing (MMT)
- d) To evaluate both active and passive range of motion (ROM)

**7) Which component helps reducing pressure points in custom prosthetics?**

- a) Suitable interface materials
- b) Lightweight materials
- c) Flexible double-spring keel
- d) Sensory testing

**8) How does setting rehabilitation goals benefit the patient?**

- a) Enhances energy efficiency
- b) Provides a clear path for achieving mobility and function
- c) Customizes prosthetic designs specific to an individual's needs
- d) Improves the durability of prosthetics

## MCQ

**9) How does the collaboration between physicians, therapists, and prosthetists impact prosthetic rehabilitation?**

- a) Creates a more durable prosthesis
- b) Ensures a cohesive and supportive rehabilitation process
- c) Reduces the need for manual muscle testing
- d) Simplifies the initial physical examination

**10) What is the main purpose of including a fenestrated heel in prosthetics design?**

- a) Enhancing pressure distribution
- b) Reducing shock
- c) Increasing the height of prosthetics
- d) Providing resistance to different footwear

**11) What is the purpose of muscle performance testing in prosthetic evaluation?**

- a) To assess the strength and function of individual muscles
- b) To check the condition of the skin
- c) To evaluate the cognitive level of the patient
- d) To measure the weight of the prosthesis

**12) Which K-level describes a user with the ability for high-impact activities and agility?**

- a) K0
- b) K1
- c) K2
- d) K4



**13) Which of the following is a component of muscle performance?**

- a) Sensitivity
- b) Flexibility
- c) Palpation
- d) Inspection

**14) What is a key factor in determining prosthetic candidacy?**

- a) Weight of the prosthesis
- b) Motivation of the individual
- c) Color of the prosthesis
- d) Brand of the prosthesis

**15) Why is a support system important in prosthetic rehabilitation?**

- a) Provides aesthetic enhancements
- b) Offers emotional and practical support
- c) Decreases the weight of the prosthesis
- d) Ensures proper skin care

**16) What should be done if issues are noticed during sensory testing and skin assessment?**

- a) Ignore the issues
- b) Adjust the prosthesis without consulting a professional
- c) Document the problem and notify a healthcare professional
- d) Stop wearing the prosthesis permanently.

