



Al-Mustaqbal University

Collage of Engineering

Prosthetics and Orthotics Engineering

Second Stage

## PROSTHETICS I

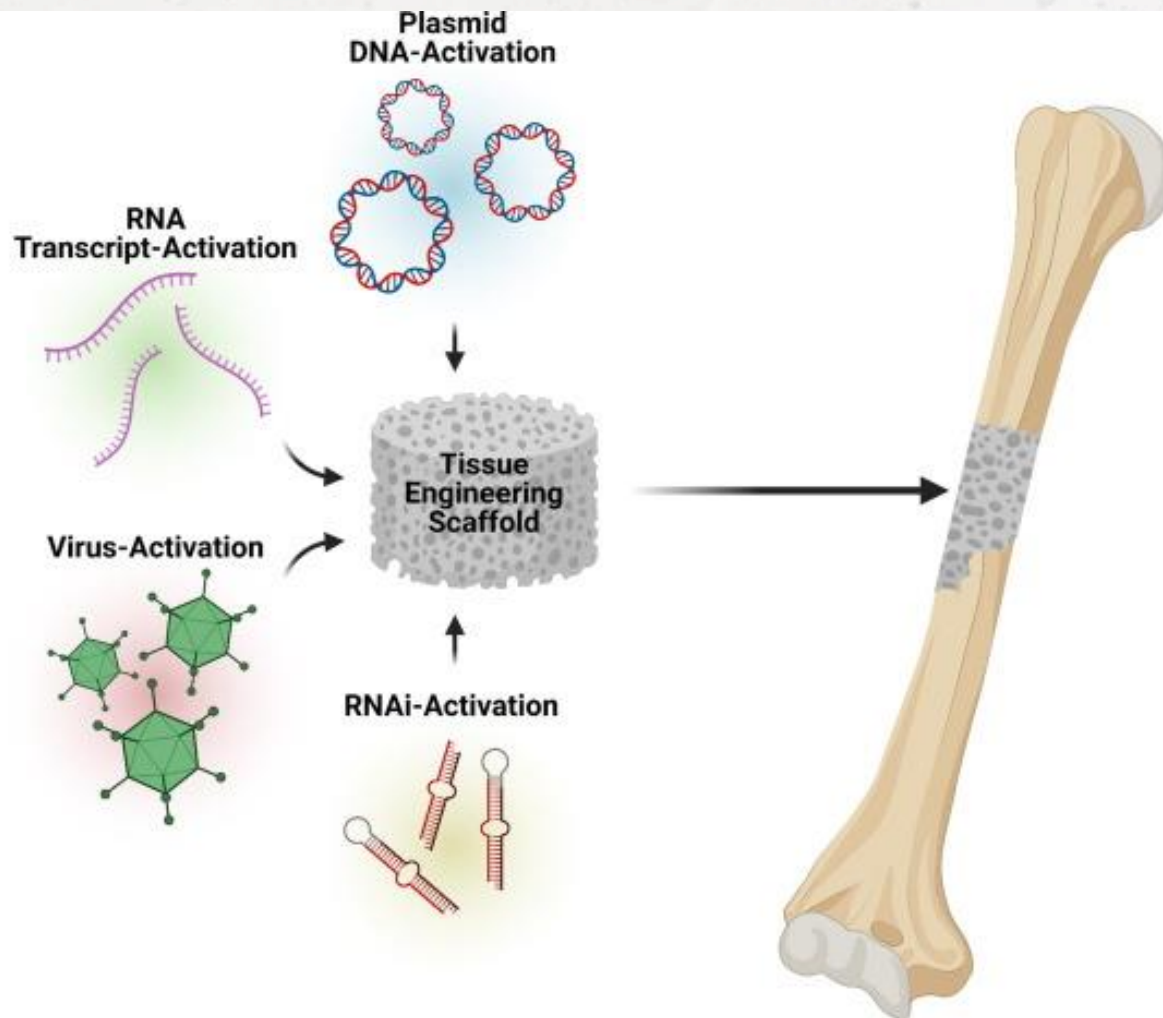
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2<sup>st</sup> term – Lecture 4

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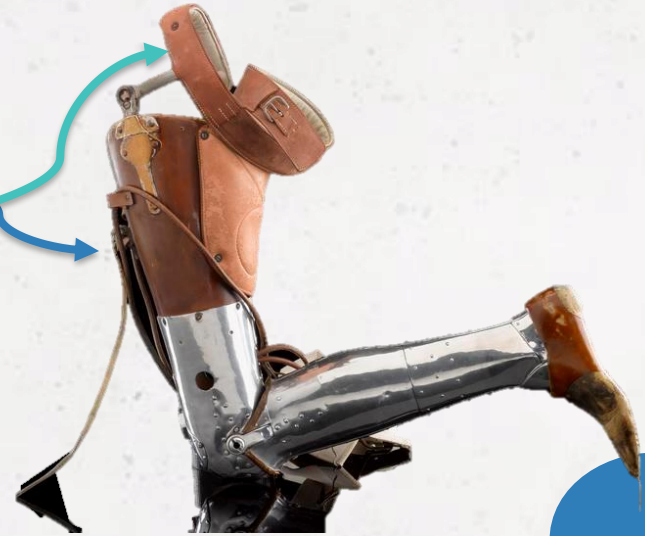


# Socket Designs in Prosthetics

## (I) Early Transtibial Prostheses: The "Plug-fit" Era

### Design:

- Made from hollowed-out wood blocks with metal knee joints.
- Used leather thigh corsets for support.



# Socket Designs in Prosthetics

## (I) Early Transtibial Prostheses: The "Plug-fit" Era

### Characteristics:

- Called "plug-fit" sockets because of their open-ended design.
- Used the thigh's conical shape to transfer weight and manage side forces.

### Limitations:

- The open design often caused painful swelling (edema) at the end of the limb.
- Added bulk from joints and corsets
- limited knee movement.

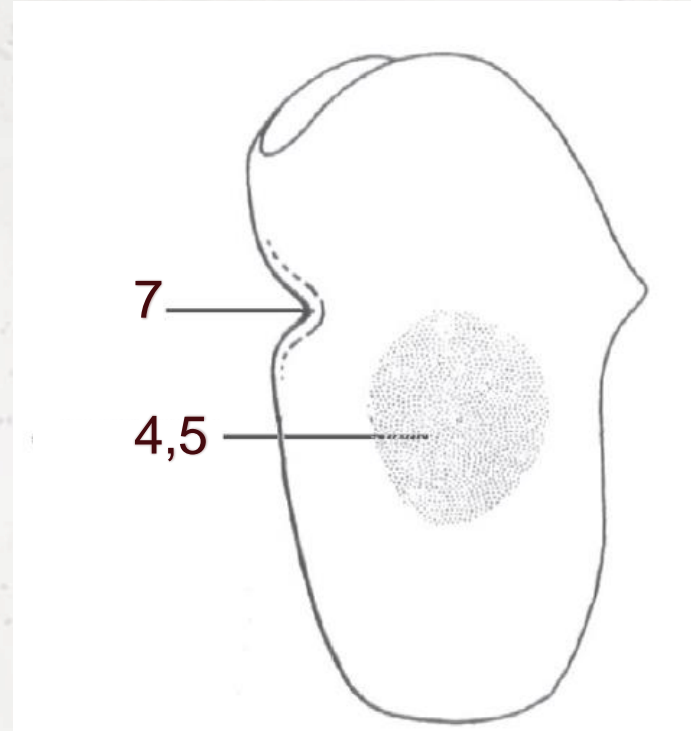
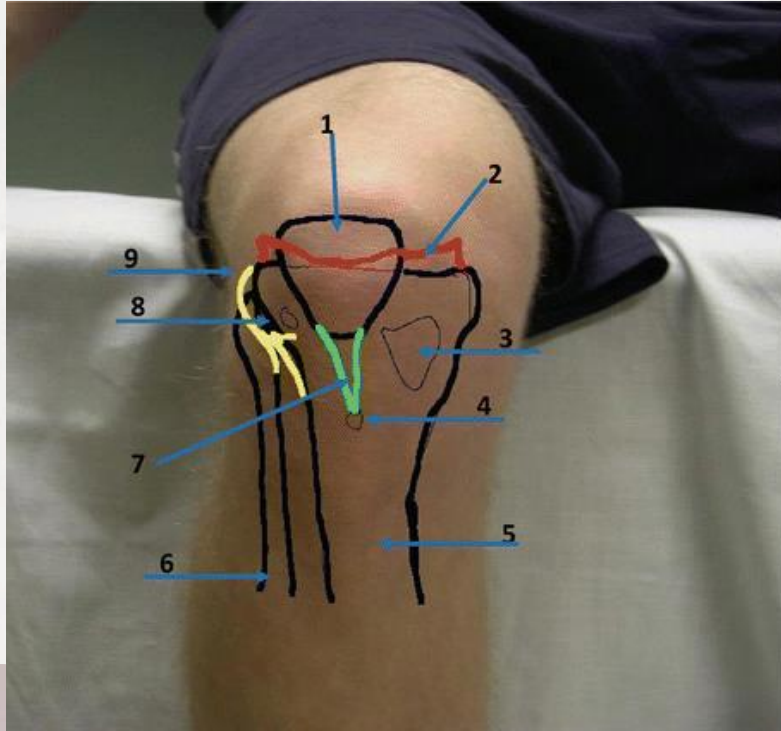


## (2) Patellar Tendon-Bearing Socket: A Revolutionary Turn

### **Development:**

- Post-World War II focus on prosthetics led to innovations.
- In 1959, the Patellar Tendon-Bearing (PTB) socket was developed at a significant symposium by the University of California Biomechanics Laboratory.
- Designed to optimize weight distribution over the patellar tendon and medial tibial flare.

## (2) Patellar Tendon-Bearing Socket: A Revolutionary Turn



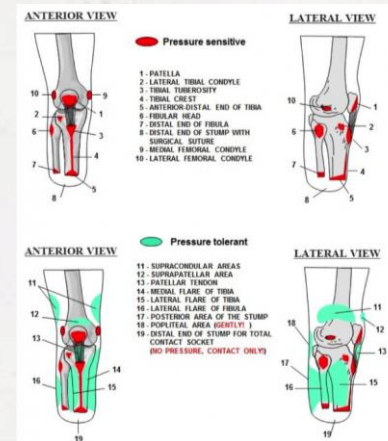
4,5- medial tibial flare  
7- patellar tendon

## (2) Patellar Tendon-Bearing Socket: A Revolutionary Turn

### Characteristics:

1- Eliminated the need for **knee joints and thigh corsets** by increasing the weight-bearing surface.

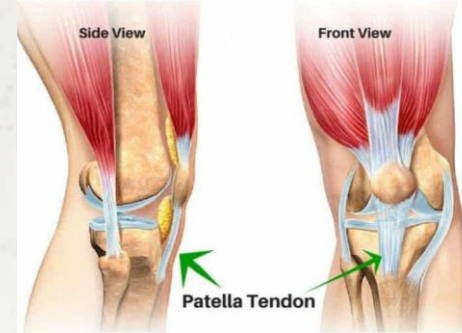
2- "Total contact" design reduced gaps between the limb and socket, evenly distributing weight.



## (2) Patellar Tendon-Bearing Socket: A Revolutionary Turn

### Characteristics:

3- Featured a patellar "bar" between the patella and tibial tubercle.



4- Socket positioned at approximately 5 degrees of knee flexion for effective weight-bearing.

5°

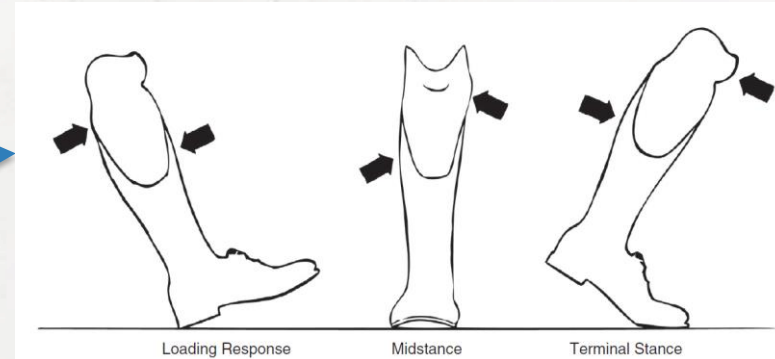
5- Main weight-bearing areas: patellar tendon bar and medial tibial flare, ensuring a comfortable fit.



### (3) Total Surface-Bearing (TSB) Socket: The Pursuit of Greater Comfort

#### Design Principles:

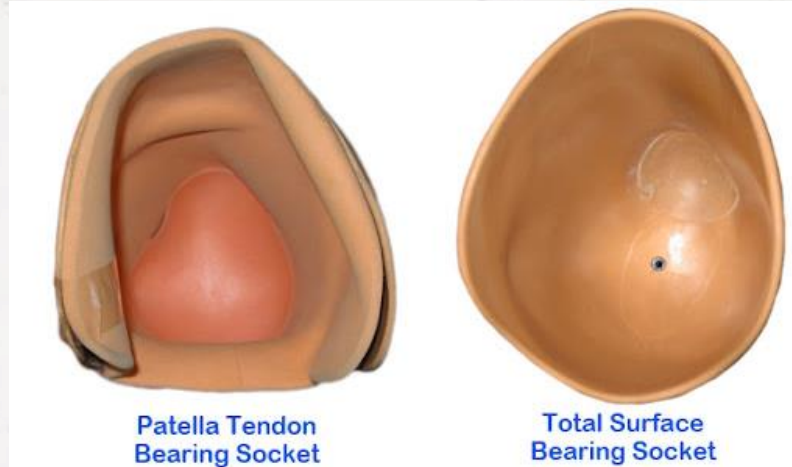
- Distributes weight evenly across the entire limb's surface.
- Compresses soft tissue while relieving pressure on bony areas.
- Ensures uniform pressure throughout the limb.
- Adapts to changes during walking (gait cycle).



### (3) Total Surface-Bearing (TSB) Socket: The Pursuit of Greater Comfort

#### Complexities:

- Managing pressure changes to ensure comfort and prevent tissue damage.
- Considering different tissue types and their responses to pressure and movement.





**1) What era is known for the initial simple form of transtibial prostheses?**

- a) Modern Era
- b) Digital Era
- c) "Plug-fit" Era
- d) Post-War Era

**2) How were the early transtibial prostheses crafted?**

- a) Using 3D printing
- b) Hollowing out wood blocks
- c) Forging metal joints
- d) Molding plastic

**3) What additional components were used with early transtibial prostheses?**

- a) Hydraulic knees
- b) Elastic bands
- c) Leather thigh corsets
- d) Rubber straps

**4) Why were early transtibial sockets known as "plug-fit"?**

- a) They were electrically powered
- b) The limb fit like a plug into the socket
- c) They had a removable plug
- d) They used plug-shaped components



**5) What issue was common with early transtibial sockets' open-ended design?**

- a) Increased flexibility
- b) Painful edema
- c) Enhanced mobility
- d) Improved durability

**6) Which components added unnecessary bulk to early transtibial prostheses?**

- a) Socket liners
- b) Digital sensors
- c) Joints and corsets
- d) Carbon fibers



**7) What event brought attention to the prosthetic needs of veterans and led to innovation?**

- a) World War I
- b) World War II
- c) Vietnam War
- d) Korean War

**8) When was the Patellar Tendon-Bearing (PTB) socket developed?**

- a) 1940
- b) 1959
- c) 1975
- d) 1989



**9) Where was the PTB socket developed?**

- a) Harvard University
- b) Stanford University
- c) University of California Biomechanics Laboratory
- d) MIT

**10) What was the primary focus of the PTB socket design?**

- a) Aesthetic appeal
- b) Weight distribution optimization
- c) Cost reduction
- d) Lightweight materials



**11) Which areas bear the primary pressure in the PTB socket design?**

- a) Ankle and foot
- b) Patellar tendon and medial tibial flare
- c) Hip and thigh
- d) Lower back and pelvis

**12) What was the goal of eliminating knee joints and thigh corsets in the PTB socket design?**

- a) Enhance the weight-bearing surface area
- b) Reduce production costs
- c) Improve aesthetic design
- d) Increase weight of the prosthesis

**13) What is meant by "total contact" in the PTB socket design?**

- a) Socket is fully covered in soft material
- b) Socket reduces voids, allowing weight distribution across any capable surface
- c) Socket is open-ended
- d) Socket has extra components

**14) Where is the patellar "bar" located in the PTB socket?**

- a) Midway between the patella and tibial tubercle
- b) Below the ankle joint
- c) Above the hip
- d) Along the shinbone

**15) At what degree of knee flexion is the PTB socket aligned?**

- a) 0 degrees
- b) 2 degrees
- c) 5 degrees
- d) 10 degrees

**16) What are the major weight-bearing zones in the PTB socket?**

- a) Thigh and knee
- b) Medial tibial flare and patellar tendon bar
- c) Hip and lower back
- d) Ankle and foot

**17) What socket design aimed for even weight distribution across the entire limb?**

- a) Plug-fit socket
- b) PTB socket
- c) TSB socket
- d) Single-axis socket

**18) What did the TSB socket optimize to improve comfort?**

- a) The color of the socket
- b) Compression of soft tissue while relieving bony prominences
- c) Cost of materials
- d) Thickness of the socket walls

**19) What is a primary goal of the TSB socket design?**

- a) Ensuring uniform pressure across the limb
- b) Increasing aesthetic appeal
- c) Reducing weight of the prosthesis
- d) Enhancing durability

**20) How does the TSB socket accommodate changes during the gait cycle?**

- a) By using digital sensors
- b) By designing for dynamic changes
- c) By adding extra components
- d) By using elastic materials



**21) What is a major complexity in designing TSB sockets?**

- a) Reducing production time
- b) Managing dynamic pressure variations
- c) Enhancing the color
- d) Increasing weight

**22) Why is it important to account for tissue properties in TSB socket design?**

- a) To improve aesthetic appeal
- b) Because tissue properties can differ significantly and respond differently to pressures and movements
- c) To reduce the cost of production
- d) To simplify the manufacturing process



**23) What material was used to craft early transtibial prostheses?**

- a) Carbon fiber
- b) Wood blocks
- c) Stainless steel
- d) Plastic

**24) What historical event led to the development of the PTB socket?**

- a) The Industrial Revolution
- b) The end of World War II
- c) The Great Depression
- d) The Space Race

**25) What does the term "medial tibial flare" refer to in the context of prosthetics?**

- a) A special type of knee joint
- b) The flat surface on the inside of the upper tibia
- c) The top part of the ankle
- d) A component of the prosthetic foot

**26) How did early transtibial prostheses transfer weight and manage lateral forces?**

- a) By using hydraulic systems
- b) By leveraging the conical shape of the thigh
- c) By adding extra padding
- d) By increasing the socket length

