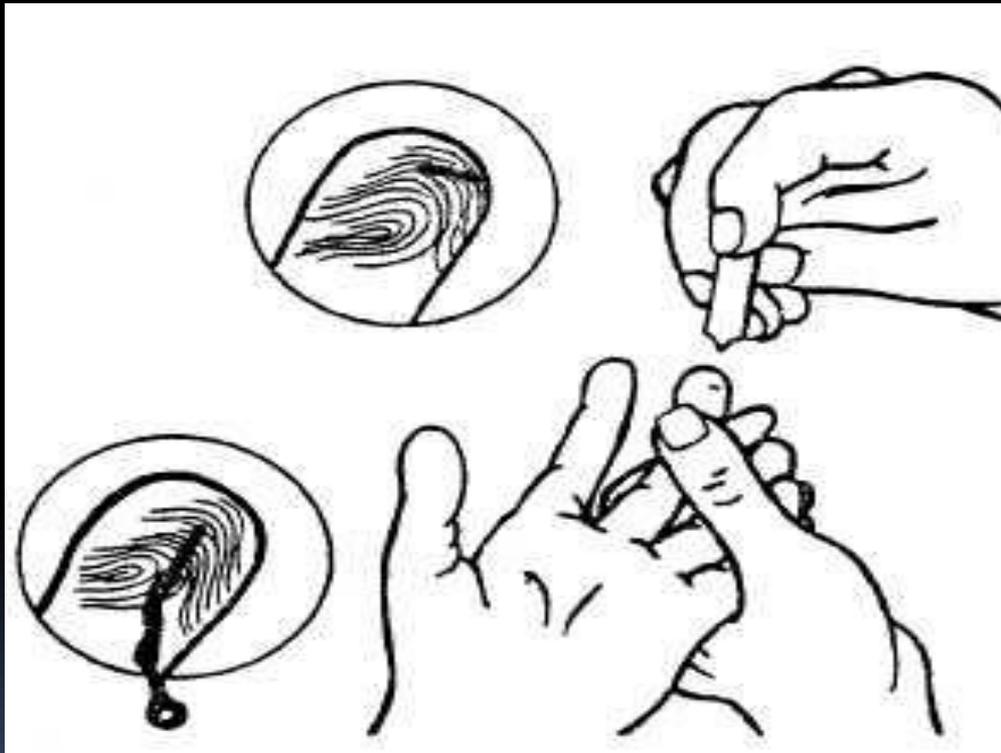




# Finger Puncture

## 2<sup>nd</sup> Practical

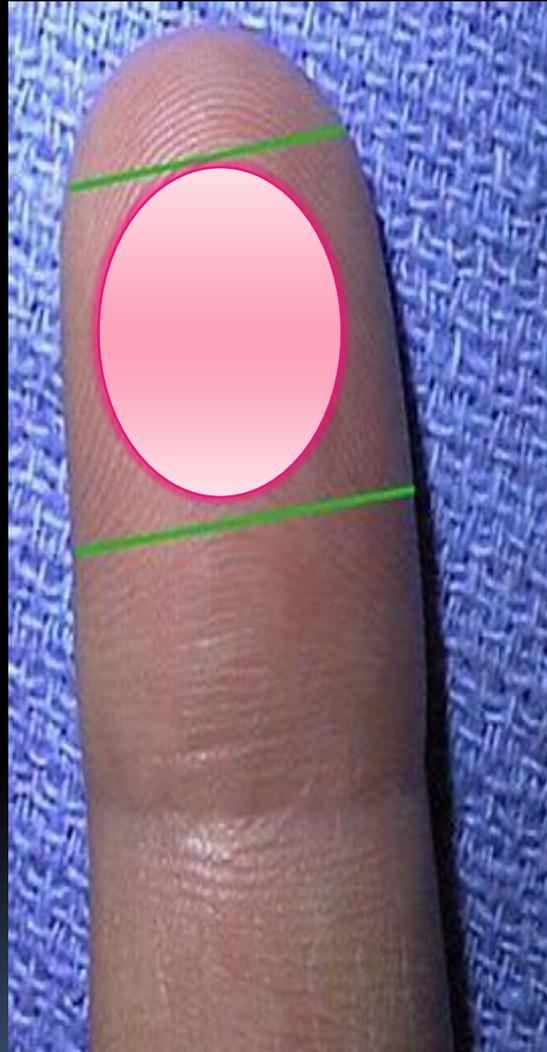
### 1<sup>st</sup> Term



**Prepared and Presented by:**

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## **To perform a finger puncture, you need to:**

**Explain the procedure to the patient.**

**Cleanse the fingertip with an alcohol pad and let dry.**

**Using a new, sterile lancet and a quick rolling action, puncture the centre of the ball of the finger or toe.**

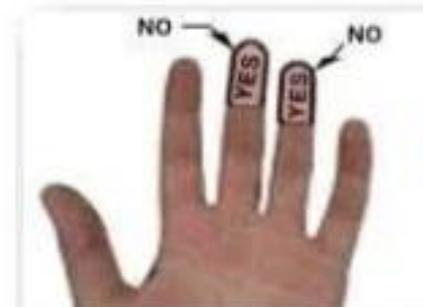
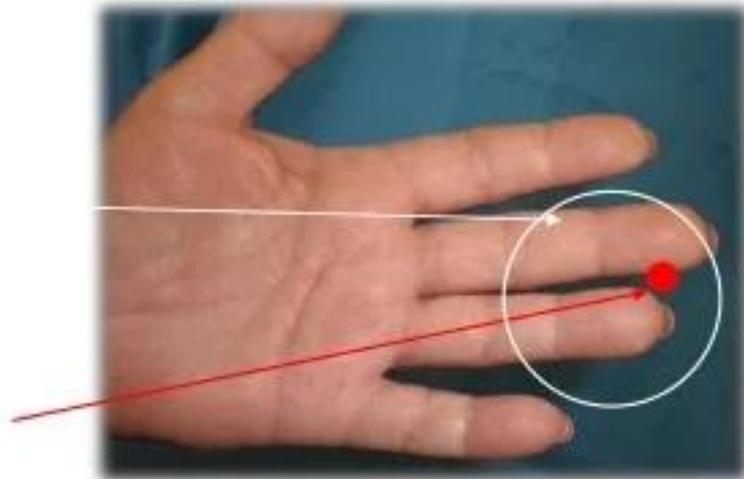
**Apply gentle pressure to the finger (or toe), and express the first drop of blood.**

**Collect the drops of blood into the collection device by gently massaging the finger.**

# FINGER PUNCTURE:

## CHOOSE THE FINGER CAREFULLY

- Best locations for a finger stick is the 3rd and 4th fingers of the non-dominant hand.
- Avoid the 2nd and 5th fingers if possible.
- Perform the stick off to side of the center of the finger.
- NEVER use the tip or center of the finger.



# FINGER PUNCTURE:

## Preparation for finger stick

1. Place all collection materials on top of disposable pad. Open the lancet, alcohol swabs, gauze, bandage, and other items. Have all items ready for blood collection.

