Phrases for asking for advice:

- What do you think I should do? (ما رأيك أن أفعل؟)
- Can you give me some advice on...? (هل يمكنك أن تعطيني نصيحة)
- What would you recommend? (بماذا تنصح؟)
- Do you have any suggestions? (هل لديك أي اقتراحات؟)
- I'm not sure what to do. What do you think? (لست متأكدًا مما يجب
 (فعله. ما رأيك؟

Phrases for giving advice:

If I were you, I would... (شلو كنت مكانك، لفعلت)

You should try... (...عليك أن تحاول)

I think it would be a good idea to... (الله من الجيد أن...)

(لماذا لا تفعل...؟) ?...Why don't you

It might be helpful to... (ن.قد يكون من المفيد أن)

(Practical Situations)

A: I'm struggling with my English class. What do you think I should do?

B: You should practice speaking more and watch English movies.

A: I had an argument with my best friends. What would you recommend?

B: If I were you, I would talk to them and try to solve the issue calmly.

A: I feel tired all the time.

B: It might be helpful to get more sleep and eat healthy food.