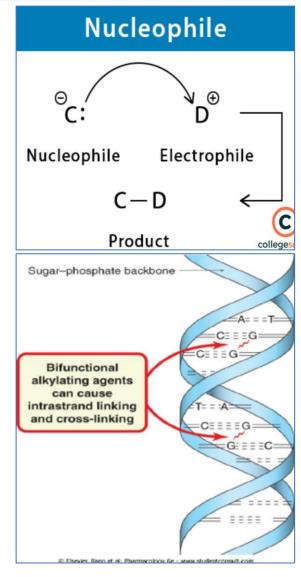
Al-Mustaqbal University College of Pharmacy 4th stage Pharmacology III Lecture: 7



## ANTICANCER DRUGS III

## **III. Alkylating Agents**

- Alkylating agents exert their **cytotoxic effects** by **covalently** binding to nucleophilic groups on various cell constituents.
- Alkylation of DNA is probably the crucial cytotoxic reaction that is **lethal to the tumor cells**.
- Alkylating agents **do not discriminate** between **cycling** and resting cells, even though they are most toxic for rapidly dividing cells.
- They are used in **combination** with other agents to treat a wide variety of **lymphatic** and **solid cancers**.
- In addition to being cytotoxic, all are mutagenic and carcinogenic and can lead to secondary malignancies such as acute leukemia.



Pharmacology III 4<sup>th</sup> stage

**Al-Mustaqbal University / College of Pharmacy** 

- These drugs are very closely related **mustard agents** that share most of the **same** primary **mechanisms and toxicities**.
- These agents have a broad clinical spectrum and are used as single agents or in combinations in the treatment of a wide variety of neoplastic diseases, such as non-Hodgkin lymphoma, sarcoma, and breast cancer.

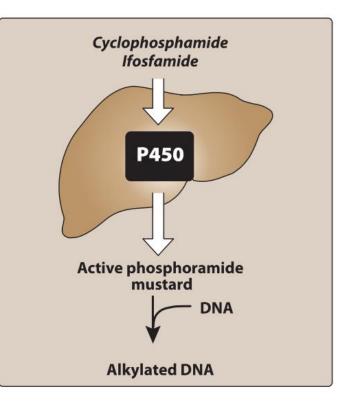




Al-Mustaqbal University / College of Pharmacy

#### 1. Mechanism of action:

- Cyclophosphamide is the most commonly used alkylating agent.
- Both cyclophosphamide and ifosfamide are first biotransformed to hydroxylated intermediates primarily in the liver by the CYP450 system.
- The hydroxylated intermediates then **undergo metabolism** to form the **active compounds**, **phosphoramide mustard** and **acrolein**.
- **Reaction** of the phosphoramide mustard with DNA is considered to be the cytotoxic step.



Dr. Qassim A. Zigam

Al-Mustaqbal University / College of Pharmacy

#### 2. Pharmacokinetics:

- Cyclophosphamide is available in oral and IV preparations, whereas ifosfamide is IV only.
- Cyclophosphamide is metabolized in the liver to active and inactive metabolites, and minimal amounts are excreted in the urine as an unchanged drug.
- Ifosfamide is metabolized primarily by CYP450 3A4 and 2B6 isoenzymes.
- It is **mainly renally excreted**.



Pharmacology III 4<sup>th</sup> stage

Al-Mustaqbal University / College of Pharmacy

#### **3. Adverse effects:**

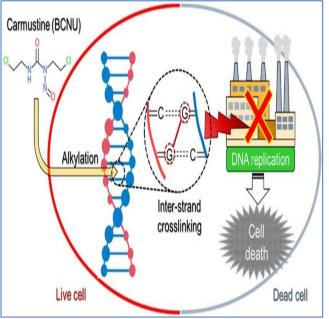
- A unique toxicity of both drugs is hemorrhagic cystitis, which can lead to fibrosis of the bladder.
- Bladder toxicity has been attributed to acrolein in the urine in the case of cyclophosphamide and to toxic metabolites of ifosfamide.
- Adequate hydration as well as IV injection of MESNA (2mercaptoethane sulfonate Na), which neutralizes the toxic metabolites, can minimize this problem.
- Neurotoxicity has been reported in patients on high-dose ifosfamide, probably due to the metabolite, chloroacetaldehyde.



- **Carmustine** and **lomustine** are closely related nitrosoureas.
- Because of their ability to **penetrate the CNS**, the nitrosoureas are primarily employed in the **treatment of brain tumors**.

#### 1. Mechanism of action:

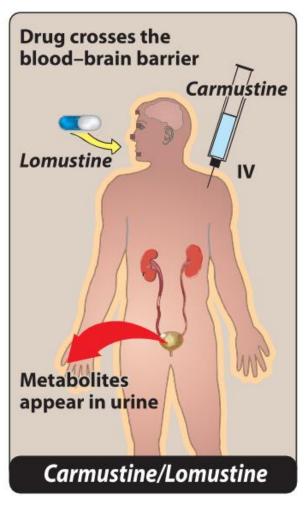
- They exert cytotoxic effects by an alkylation that inhibits replication and, eventually, RNA and protein synthesis.
- Although they alkylate DNA in **resting cells**, cytotoxicity is **expressed primarily** in cells that are **actively dividing**.
- Therefore, **nondividing** cells can **escape** death **if DNA repair occurs**.
- Nitrosoureas also inhibit several key enzymatic processes by carbamoylation of amino acids in proteins in the targeted cells.



#### **B.** Nitrosoureas

#### 2. Pharmacokinetics:

- Carmustine is administered IV and as chemotherapy wafer implants, whereas lomustine is given orally.
- Because of their **lipophilicity**, these agents **distribute widely** in the body and readily **penetrate the CNS**.
- These drugs undergo extensive metabolism, Lomustine is metabolized to active products.
- The kidney is the major excretory route for the nitrosoureas.

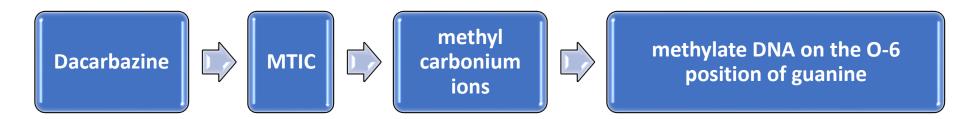


Pharmacology III 4<sup>th</sup> stage

Al-Mustaqbal University / College of Pharmacy

#### C. Dacarbazine and temozolomide

- Dacarbazine is an alkylating agent that must undergo biotransformation to an active metabolite, methyltriazenoimidazole carboxamide (MTIC).
- MTIC is responsible for the alkylating activity of this agent by forming methyl carbonium ions that attack the nucleophilic groups in the DNA molecule.
- The cytotoxic action of dacarbazine has been **attributed** to the ability of its metabolite to **methylate DNA on the O-6 position of guanine**.
- Dacarbazine has found use in the treatment of melanoma and Hodgkin lymphoma.



Pharmacology III 4<sup>th</sup> stage Al-Mustaqbal University / College of Pharmacy

#### **C.** Dacarbazine and temozolomide

- Temozolomide is related to dacarbazine because both must undergo biotransformation to an active metabolite, MTIC, which is likely responsible for the methylation of DNA on the O-6 and N-7 position of guanine.
- Unlike dacarbazine, temozolomide does not require the CYP450 system for metabolic transformation, and it undergoes chemical transformation at normal physiological pH.
- Temozolomide also inhibits the repair enzyme, O-6-guanine DNA alkyl transferase.
- Temozolomide differs from dacarbazine in that it crosses the BBB and, therefore, is used in the treatment of brain tumors such as glioblastomas and astrocytomas.
- It is also used in **metastatic melanoma**.

Pharmacology III 4<sup>th</sup> stage

- Temozolomide is administered IV or orally and has excellent bioavailability after oral administration.
- The parent drug and metabolites are **excreted in urine**.

Al-Mustaqbal University / College of Pharmacy

## **D.** Other alkylating agents

#### **1. Mechlorethamine:**

- It was developed as a **vesicant** (nitrogen mustard) during **World War I**.
- Its ability to cause lymphocytopenia led to its use in lymphatic cancers.

#### 2. Chlorambucil:

Pharmacology III 4<sup>th</sup> stage

• It is another **bifunctional alkylating** agent that is used in the treatment of **CLL**.

#### 3. Busulfan:

- It is an alkylating agent that is effective against **CML**.
- This agent can cause **pulmonary fibrosis** ("busulfan lung").

## **D.** Other alkylating agents

#### 4. Melphalan:

- It is a phenylalanine derivative of **nitrogen mustard**, is used in the treatment of **multiple myeloma**.
- This is a **bifunctional alkylating** agent that can be given **orally**, although the plasma concentration differs from patient to patient due to **variations in intestinal absorption and metabolism**.
- The **dose of melphalan** is carefully **adjusted** by <u>monitoring the platelet and white</u> <u>blood cell counts</u>.

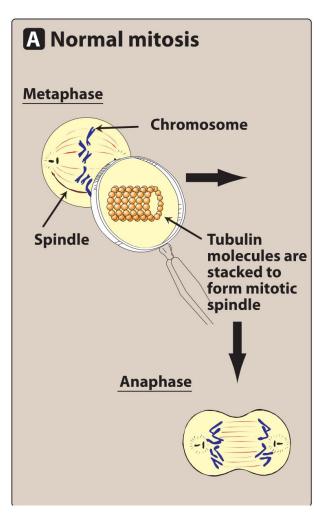
Dr. Qassim A. Zigam

• Like other alkylating agents, all of these agents are **leukemogenic**.

Pharmacology III 4<sup>th</sup> stage Al-Mustaqbal University / College of Pharmacy

#### **IV. MICROTUBULE INHIBITORS**

- The **mitotic spindle** is part of a larger, intracellular skeleton (**cytoskeleton**) that is **essential** for the **movements** of structures occurring in the cytoplasm of all eukaryotic cells.
- The mitotic spindle **consists** of **chromatin** plus a system of microtubules composed of the protein **tubulin**.
- The mitotic spindle is essential for the **equal partitioning of DNA** into the two daughter cells that are formed when a **eukaryotic cell divides**.
- Several plant-derived substances used as anticancer drugs disrupt this process by affecting the equilibrium between the polymerized and depolymerized forms of the microtubules, thereby causing cytotoxicity.



Pharmacology III 4<sup>th</sup> stage

Al-Mustaqbal University / College of Pharmacy

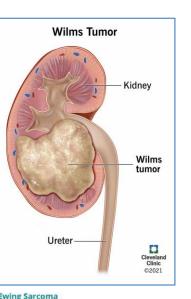
- Vincristine (VX) and vinblastine (VBL) are structurally related compounds derived from the periwinkle plant, *Vinca rosea*.
- They are, therefore, referred to as the **Vinca alkaloids**.
- A less neurotoxic agent is vinorelbine (VRB).
- Although the Vinca alkaloids are structurally similar, their therapeutic indications are different.
- They are generally administered in **combination** with other drugs.

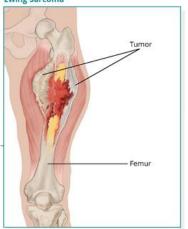




Al-Mustaqbal University / College of Pharmacy

- VX (Oncovin®) is used in the treatment of <u>ALL in children, Wilms</u> tumor, Ewing soft tissue sarcoma, and Hodgkin and non-Hodgkin lymphomas, as well as some other rapidly proliferating neoplasms.
- Due to relatively mild myelosuppressive activity, VX is used in several other protocols.
- VBL is administered with **bleomycin** and **cisplatin** for the treatment of **metastatic testicular carcinoma**.
- It is also used in the treatment of systemic Hodgkin and non-Hodgkin lymphomas.
- VRB is beneficial in the treatment of advanced non-small cell lung cancer, either as a single agent or with cisplatin.

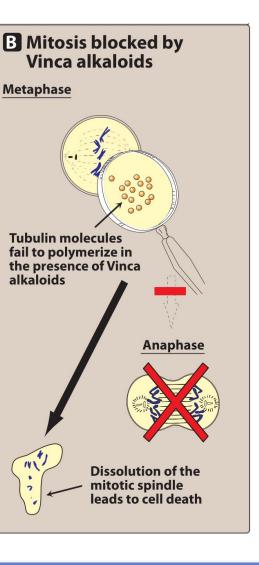




Al-Mustaqbal University / College of Pharmacy

#### **1.** Mechanism of action:

- These agents are cell **cycle-specific** and **phase-specific** because they block mitosis in **metaphase (M phase)**.
- Their **binding** to the microtubular protein, **tubulin**, **blocks** the ability of tubulin to **polymerize** to **form microtubules**.
- Instead, **paracrystalline aggregates consisting** of <u>tubulin</u> <u>dimers and the alkaloid drug</u> are formed.
- The resulting dysfunctional spindle apparatus, frozen in metaphase, prevents chromosomal segregation and cell proliferation.



Al-Mustaqbal University / College of Pharmacy

#### **2. Pharmacokinetics:**

- IV injection of these agents leads to rapid cytotoxic effects and cell destruction.
- This, in turn, can cause **hyperuricemia** due to the oxidation of purines that are released from fragmenting DNA molecules.
- The Vinca alkaloids are concentrated and metabolized in the liver by the CYP450 pathway and eliminated in bile and feces.
- Dosage adjustment is required in patients with impaired hepatic function or biliary obstruction.

## **B.** Taxane Family (Paclitaxel and docetaxel)

- Paclitaxel was the first member of the taxane family to be used in cancer chemotherapy.
- Substitution of a side chain resulted in docetaxel, which is the more potent.
- Paclitaxel has good activity against <u>advanced ovarian cancer and</u> metastatic breast cancer, as well as non-small cell lung cancer when administered with cisplatin.
- Docetaxel is commonly used in prostate, breast, Gl, and non-small cell lung cancers.



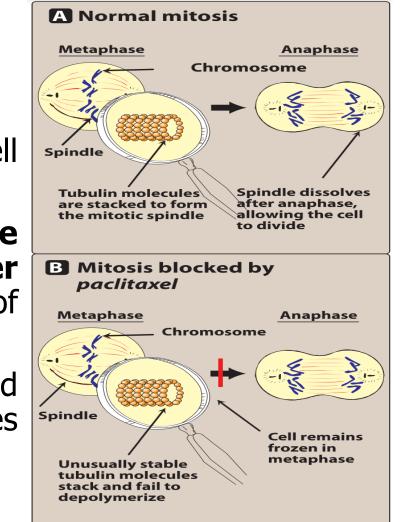


Al-Mustaqbal University / College of Pharmacy

## **B.** Taxane Family (Paclitaxel and docetaxel)

#### **1.** Mechanism of action:

- Both drugs are **active** in the **G2/M phase** of the cell cycle.
- But unlike the Vinca alkaloids, they promote polymerization and stabilization of the polymer rather than disassembly, leading to the accumulation of microtubules.
- The microtubules formed are **overly stable** and **nonfunctional**, and **chromosome desegregation** does **not occur**, which results in **cell death**.



Pharmacology III 4<sup>th</sup> stage

Al-Mustaqbal University / College of Pharmacy

## **B.** Taxane Family (Paclitaxel and docetaxel)

#### 2. Pharmacokinetics:

- These agents undergo **hepatic metabolism** by the CYP450 system and are **excreted** via the **biliary system**.
- **Dosages** should be **reduced** in patients with **hepatic dysfunction**.
- 3. Adverse effects:
- The **dose-limiting** toxicities of paclitaxel and docetaxel are **neutropenia and leukopenia**.
- Peripheral neuropathy is also a common adverse effect of the taxanes.
- Note: Because of serious hypersensitivity reactions (including dyspnea, urticaria, and hypotension), patients who are treated with paclitaxel should be premedicated with dexamethasone and diphenhydramine, as well as with an H2 receptor antagonist.

Pharmacology III 4th stageAl-Mustaqbal University / College of Pharmacy

## **V. STEROID HORMONES AND THEIR ANTAGONISTS**

• **Tumors** that are **sensitive** to steroid hormones may be:

1)**Hormone-responsive**, in which the tumor regresses following treatment with a specific hormone.

2)Hormone-dependent, in which removal of a hormonal stimulus causes tumor regression.

3)**Both** 

• Removal of hormonal stimuli from hormone-dependent tumors can be accomplished by:

**1) Surgery** (for example, in the case of **orchiectomy** for patients with advanced prostate cancer) 2) **Drugs** (for example, in **breast cancer** treatment with the **antiestrogen tamoxifen** prevents estrogen stimulation of breast cancer cells.

• For a **steroid hormone** to influence a cell, that cell must have **intracellular** (cytosolic) **receptors** that are specific for that hormone.

**Al-Mustaqbal University / College of Pharmacy** 

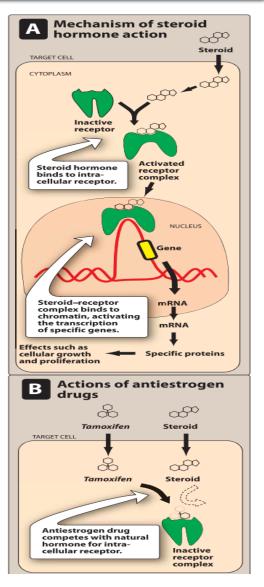
## A. Tamoxifen

- Tamoxifen is a selective estrogen receptor modulator (SERM).
- It is an estrogen antagonist in breast tissue and an agonist in other tissues, such as bone and the endometrium.
- Tamoxifen is used for first-line therapy in the treatment of estrogen receptor-positive breast cancer.
- It is also used for the **prevention** of breast cancer in high-risk women.

#### 1. Mechanism of action:

Pharmacology III 4<sup>th</sup> stage

- Tamoxifen competes with estrogen for binding to estrogen receptors in the breast tissue and inhibits estrogen-induced growth of breast cancer.
- The result is a depletion (down-regulation) of estrogen receptors, and the growth-promoting effects of the natural hormone and other growth factors are suppressed.



Al-Mustaqbal University / College of Pharmacy

## A. Tamoxifen

#### 2. Pharmacokinetics:

- Tamoxifen is effective after **oral** administration.
- It is **partially metabolized** by the liver.
- Some metabolites possess estrogen antagonist activity, whereas others have agonist activity.
- Unchanged drug and metabolites are excreted predominantly through the bile into the feces.
- Tamoxifen is an **inhibitor** of **CYP3A4** and **P-glycoprotein**.
- 3. Adverse effects:
- Hot flashes, nausea, vomiting, skin rash, and vaginal bleeding and discharge (due to estrogenic activity of the drug and some of its metabolites in the endometrial tissue).
- Tamoxifen has the potential to cause endometrial cancer.
- Other toxicities include **thromboembolism** and effects on **vision**.

Al-Mustaqbal University / College of Pharmacy

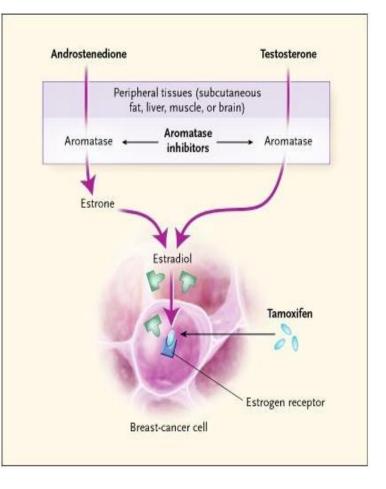
#### **B.** Fulvestrant and raloxifene

- Fulvestrant is an estrogen receptor antagonist that is given via intramuscular injection to patients with hormone receptorpositive metastatic breast cancer.
- This agent binds to and causes estrogen receptor downregulation on tumors and other targets.
- Raloxifene is an oral SERM that blocks estrogen effects in the uterine and breast tissues while promoting effects in the bone to inhibit resorption.
- This agent reduces the risk of estrogen receptor-positive invasive breast cancer in postmenopausal women.
- Both drugs are known to cause hot flashes, arthralgias, and myalgias.



#### **C.** Aromatase inhibitors

- The aromatase reaction is responsible for the extraadrenal synthesis of estrogen from androstenedione.
- This process takes place in the **liver, fat, muscle, skin, and breast tissues**, including breast malignancies.
- Peripheral aromatization is an important source of estrogen in postmenopausal women.
- Aromatase inhibitors decrease the production of estrogen in these women.



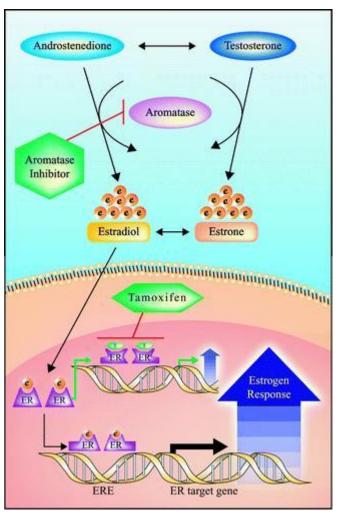
Dr. Qassim A. Zigam

Al-Mustaqbal University / College of Pharmacy

#### **C.** Aromatase inhibitors

#### **1.** Anastrozole and letrozole:

- Anastrozole an letrozole are nonsteroidal aromatase inhibitors.
- These agents are considered **first-line** drugs for the treatment of **breast cancer** in **postmenopausal** women.
- They are **orally** active and cause almost a **total suppression** of estrogen synthesis.
- Anastrozole and letrozole **do not predispose** patients to **endometrial cancer**.
- Both drugs are extensively **metabolized** in the **liver** and metabolites and parent drug are **excreted** primarily in the **urine**.

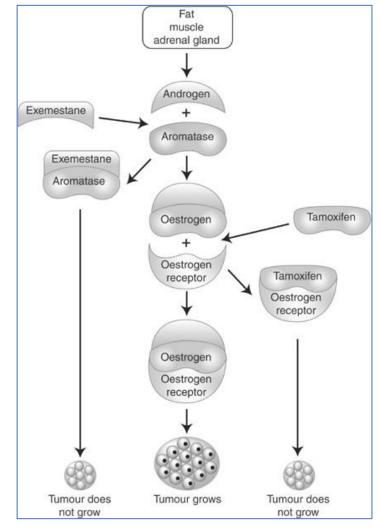


Pharmacology III 4<sup>th</sup> stage Al-Mustaqbal University / College of Pharmacy

#### **C.** Aromatase inhibitors

#### 2. Exemestane:

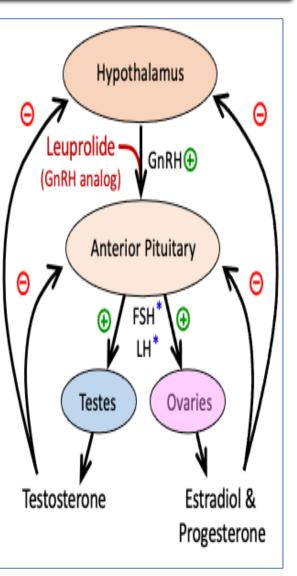
- A steroidal, irreversible inhibitor of aromatase, exemestane, is well absorbed after oral administration and widely distributed.
- Hepatic metabolism occurs via the CYP3A4 isoenzyme.
- Because the metabolites are excreted in urine, doses of the drug must be adjusted in patients with renal failure.
- Major toxicities are nausea, fatigue, and hot flashes.
- Alopecia and dermatitis have also been noted



Al-Mustaqbal University / College of Pharmacy

## **D. Synthetic Analogs of GnRH**

- Gonadotropin-releasing hormone (GnRH) is normally secreted by the hypothalamus.
- GnRH stimulates the anterior pituitary to secrete the following gonadotropic hormones:
- **1.** LH which **stimulates** the secretion of **testosterone** by the testes.
- 2. FSH which stimulates the secretion of estrogen.
- Leuprolide, goserelin, and triptorelin are synthetic analogs of GnRH.
- As GnRH analogs, they occupy the GnRH receptor in the pituitary, which leads to its desensitization and, consequently, inhibition of the release of FSH and LH.
- Thus, **both androgen** and **estrogen** synthesis are **reduced**.

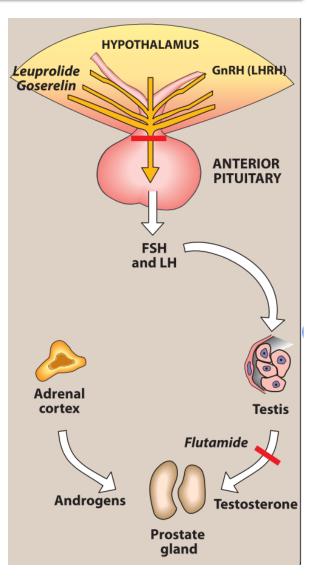


Al-Mustaqbal University / College of Pharmacy

- Response to leuprolide in prostatic cancer is equivalent to that of orchiectomy with regression of tumor and relief of bone pain.
- These drugs have some benefit in premenopausal women with advanced breast cancer and have largely replaced estrogens in therapy for prostate cancer.
- Leuprolide is available as SC daily injection, SC depot injection, and IM depot injection to treat metastatic carcinoma of the prostate.
- Goserelin acetate is SC implant, and triptorelin pamoate is injected IM.
- Levels of androgen in prostate cancer patients may initially rise but then fall to castration levels.
- The **adverse effects** of these drugs, including **impotence**, **hot flashes**, and **tumor flare**, are **minimal** compared to those experienced with estrogen treatment.

## **E. Antiandrogens**

- Flutamide, nilutamide, bicalutamide, and enzalutamide are oral antiandrogens used in the treatment of prostate cancer.
- They **compete** with the natural hormone for **binding to the androgen receptor** and **prevent** its action in the prostate.
- Adverse effects include gynecomastia, constipation, nausea, and abdominal pain.
- Rarely, liver failure has occurred with flutamide.
- Nilutamide can cause visual problems.



Dr. Qassim A. Zigam

Al-Mustaqbal University / College of Pharmacy

# THANK YOU FOR YOUR ATTENTION

Pharmacology III 4<sup>th</sup> stageAl-Mustaqbal University / College of Pharmacy