



# Introduction of Nursing

**Dr. Rania Abd Elmohsen Abo Elnour**

**Lecturer in Almustaqbal University**

**Faculty of Health and Medical  
Techniques**

# Outlines:

- 1-Introduction
- 2-Definition of nursing
- 3- History of nursing
- 4- definition of nurse, health,hospital
- 5-Tasks, duties and responsibilities of nurses
- 5- Specialties and practice settings
- 6-Qualification of nurse



## Introduction:

Nurses are essential and vital to the sustainability and effectiveness of our healthcare system for many reasons. Nursing is a helping profession that assists individuals and groups in society to attain, maintain, and restore health. If this is not possible, nurses help individuals die with dignity. Nursing is perceiving, thinking, relating, judging, and acting with the behaviour of individuals who come to a nursing situation.

## History of nursing:

Florence Nightingale laid the foundations of professional nursing after the Crimean War. Nightingale believed that nursing was a social freedom and mission for women. She believed that any educated woman can help improve the care of the medically sick. Her Notes on Nursing (1859) became popular. Nightingale model of professional education, having set up one of the first schools of nursing that is connected to a continuously operating hospital and medical school, spread widely in Europe and North America.



## Nursing:

is a profession within the healthcare sector focused on the care of individuals, families, and communities so they may attain, maintain, or recover optimal health and quality of life.

Nurses develop a plan of care, working collaboratively with physicians, therapists, the patient, the patient's family, and other team members that focuses on treating illness to improve quality of life.

Nurses may help **coordinate** the patient care performed by other members of a multidisciplinary healthcare team such as therapists, medical practitioners, and dietitians. Nurses **provide** care both **interdependently**, for example, with physicians, and **independently** as nursing professionals. In addition to providing care and support, nurses educate the public and promote health and wellness

## **Nurse definition:**

is person who cares for the sick or infirm *specifically* : a licensed health care professional who practices independently or is supervised by a physician, surgeon, or dentist and who is skilled in promoting and maintaining health

**Health:** is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity.

**Hospital:** is an institution providing medical and surgical treatment and nursing care for sick or injured people.



## Some of the tasks, duties, and responsibilities of nurses:

- Listening to and educating patients and their families.
- Preparing patients for clinical exams.
- Recording patients' medical histories.
- Collecting samples.
- Using medical equipment to diagnose and treat patients under the supervision of physicians.
- Assisting with managing and navigating a patient's care.





Nurses work in state, local, and private hospitals, ambulatory healthcare service centers, nursing and residential care facilities, government offices and agencies, and educational services.

## **Specialties and practice settings:**

Nursing is the most diverse of all health care professions.

Nurses practice in a wide range of settings but generally nursing is divided depending on the needs of the person being nursed.

## **The major populations are:**

- communities/public
- family/individual across the lifespan
- adult–gerontology

- paediatrics
- neonatal
- women's health/gender-related
- mental health
- acute care hospitals
- ambulatory settings (physician offices, urgent care settings, etc.)
- school/college

## Nursing specialty certification available including:

- cardiovascular nursing
- community health nursing
- critical care nursing
- medical–surgical nursing
- neonatal nursing
- neuroscience nursing
- occupational health nursing
- oncology nursing
- orthopedic nursing
- pediatric nursing
- obstetrical nursing
- psychiatric and mental health nursing
- rehabilitation nursing

## **Qualifications of nurse:**

are the requirements needed to fill a specific role in nursing. Nurse qualifications include formal training, certifications and experience levels nurses can complete to qualify for job openings. These qualifications can vary depending on your exact specialization, job title and goals.

## **Educational and licensure requirements:**

- Diploma in Nursing**
- Associate Degree in Nursing**
- Bachelor of Science in Nursing**
- Graduate education:** Master of Science in  
Nursing and Doctor degree of Nursing Practice



## **Skills of nurses:.**

- Communication:** need to build good relationships with both patients and medical professionals, in order to gain their trust and confidence.
- Organisation:** have to handle several patients at once, so need to be organised and have excellent time management.
- Teamwork:** need to work effectively with others to get the job done.
- Resilience:** nurses work long hours, which can be emotionally and physically draining.
- Compassion:** dealing with people and their sufferings, so it's important to show care

Thank  
you!