Lecture 4 Department of Smart Medical Systems / Human Digestive Syst

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## ; Healing and Repair :

It is body attempt after injury restoring normal structure and function .

It consist two processes :

- Tissue regeneration 2 - Fibrous organization (scar formation).

Wound Healing:

Wound healing 4-6 weeks . There are many factors affecting wound healing , bacterial infection , age , stress

, diabetes , obesity , smoking , nutrition .

Phases of healing processes : Four phases of wound healing

A – Hemostasis :

 $1-Vascular\ constriction\ 2$  - Platelets aggregation with fibrin , formation of thrombus .

B – Inflammation :
1 - Neutrophils infilteration 2 – Monocytes infiltration and changed to macrophages 3 – Lymphocytes infilteration . 4 – Macrophage 5 – Mast cell
C – Proliferation :
1 – Re – epithelialization 2 – Angiogenesis (blood vessels) 3 – Collagene fibers synthesis 4 – Extra cellular matrix 5 – Granulation tissue
D - Remodeling :
1 - Collagen remodeling 2 – Vascular maturation and regression 3 –

Scar formation



FACTORS delay wound healing :

A - Local factors :

 Environmental factors / Moist environment allow wound to heal faster and less painful than dry environment in which cells dehydrate and die , these cells become crusts and scab

- Infection ; bacterial infection causes ( pus ) Purulent exudates .

– Necrosis ; Necrotic tissue delay healing

– Trauma ; Wound will heal slowly if repeatedly Traumatized

B – Systemic factors : delay wound healing These include :

- Age : Wound in older patients heal slowly .

- Nutritional status : Deficiency of some vitamins and minerals delay wound healing .

- Obesity : due to poor blood supply to adipose tissue

- Diabetes :

- Stress ;

Adaptation :

After cell injury or after inflammation so the cell or organs changed to some adaptation in response many factors :

Types of Adaptation : Hypertrophy, Atrophy, Hyperplasia,

Metaplasia

Hypertrophy :

It is increased in size of cells and organs ( Not number ) . There are two types :

A - Physiologic Hypertrophy : 1- Muscles building Happen with training ( sport exercises ) , such as weight lifting .

- Breast hypertrophy during pregnancy and Lactation .

– Compensatory hypertrophy, this occur in kidney when one kidney is removed, so other kidney become larger than normal.



B - Pathologic Hypertrophy

- Hypertrophy of cardiac muscles , due to hypertension

, Valve diseases , Infarction or thrombus in coronary artery , Chronic Pneumonia with fibrosis // Lung of smokers

- So increase in size of cardiac muscles and reduce in size of heart chambers , reduce in capacity of the heart to pump blood to the tissues and organs .

Atrophy :

It decrease in size of cells, It occur partial or whole body.

Causes: 1 - Old age (ageing) loss of teeth, loss of hair, thining of skin (that creates wrinkles), weakness of muscles, loss of weight.

2 - Poor nourishment 3 - poor nerve supply( poliomyelitis )

4 – poor blood supply 5 – Lack of Exercise

Hyperplasia

It increase in number of cells , It happen with chronic diseases such as tuberculosis (T.B.), fungal diseases and some parasitic diseases . Proliferation of lining cells and project to the lumen . There are two types .

1 - Physiological hyperplasia / during breast feeding

2-Pathologic hyperplasia /

A – Cushing's disease / hyperplasia of adrenal cortex Disturbances of hormone production .

B-Benign Prostatic hyperplasia (enlargement of Prostate .



Hyperplasia in skin (epidermis) Metaplasia:

It is changes or transform cell type to another cell type such as change gastric mucous membrane from simple columnar epithelium to stratified squamous epithelium .

Metaplastic ossification in the cartilage of bronchi of patient with multidrug resistant tuberculosis .

Hyperplasia and Metaplasia occurdue to continuous irritation (



physicalorchemical irritation ) and may be turn to cancer .

Metaplasia in Mucous membrane of Intestine