



# Physics of atom

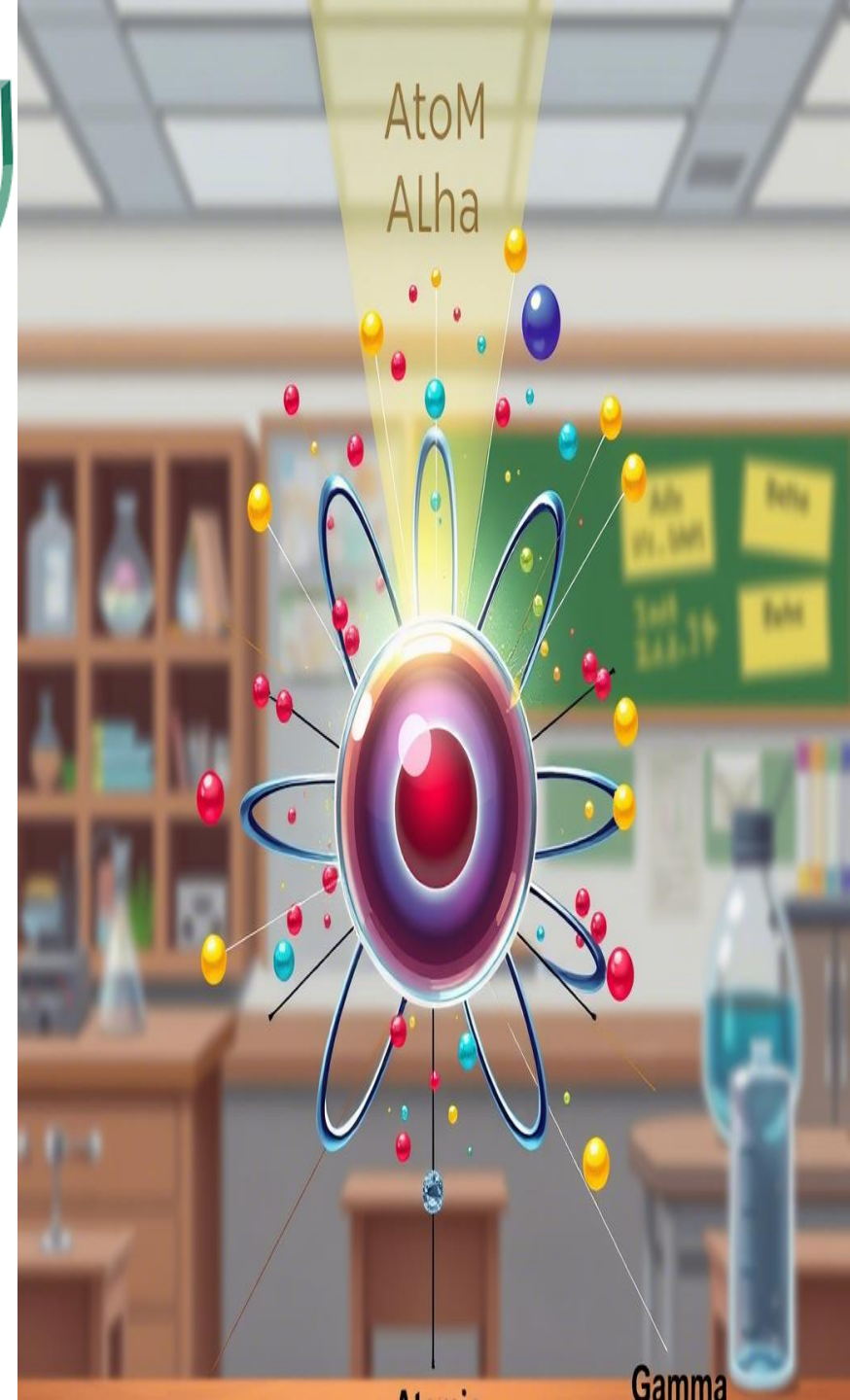
## Lecture seven / Theoretical

## Radioactive Decay Concepts

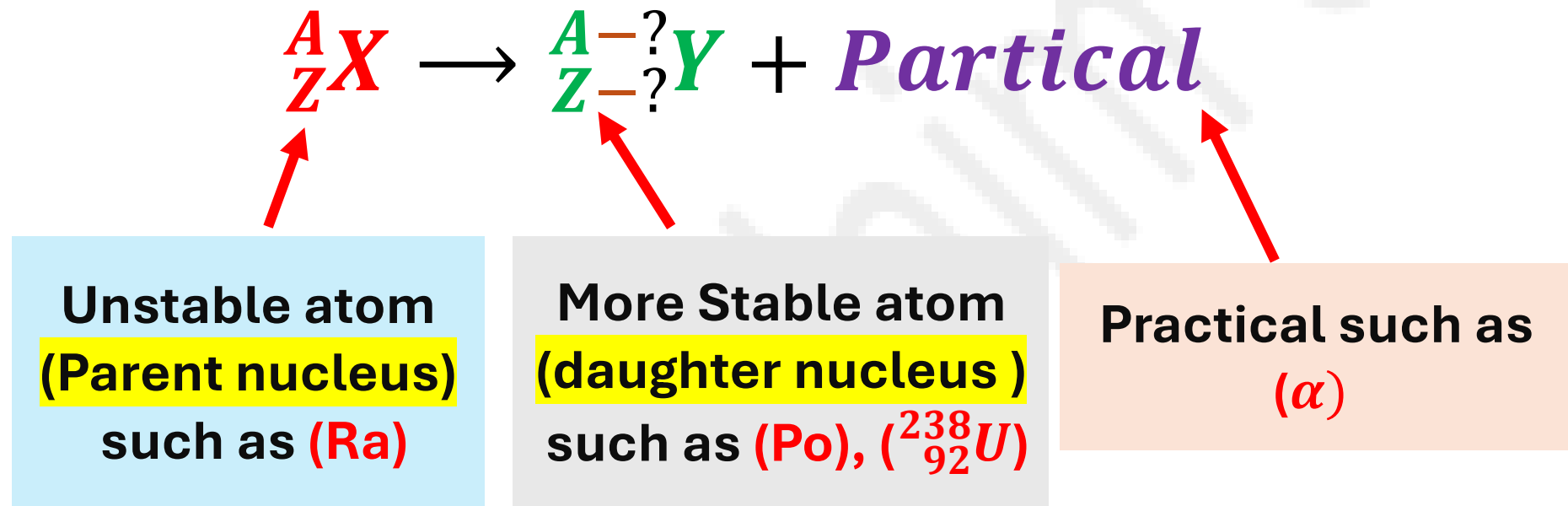
### First stage

**Dr. Ahmed Najm Obaid**

**2025**



# Introduction to Radioactive Decay



- **Radioactive decay** also known as **nuclear decay** or **radioactivity** is a **spontaneous process** by which an **unstable atomic nucleus loses energy** by **emitting radiation**.
- This process transforms the unstable atom nucleus into a **more stable configuration**, often resulting in the formation of a different **element or isotope**.

# Why Does Radioactive Decay Occur?

- **Neutron-to-proton ratio:** Certain isotopes have too many or too few neutrons relative to protons, making them energetically unstable and more likely to decay.
- **Binding energy per nucleon:** Nuclei with lower binding energy per nucleon are less stable and more likely to decay.
- **Quantum tunneling:** Even if the nucleus is theoretically stable, quantum mechanics allows for small probabilities of decay.
- The **emitted radiation** can take several **forms or (types)**, including:
  - **Alpha ( $\alpha$ ) particles ( $\alpha$ -decay):** Helium nuclei consisting of 2 protons and 2 neutrons.
  - **Beta ( $\beta$ ) particles ( $\beta$ -decay):** High-energy electrons ( $\beta^-$ ) or positrons ( $\beta^+$ ).
  - **Gamma ( $\gamma$ ) rays ( $\gamma$ -decay):** Electromagnetic radiation with very high energy.

# Alpha emission ( $\alpha$ -decay) :

- **Occurs** because the **strong nuclear force** is unable hold **very large nuclei together** (heavy nucleus).
- The **electrical repulsion** between the protons of the nucleus pushes apart and can act over a much larger distance than the strong nuclear force.
- Since the strong nuclear force can only act on particles directly beside each other, the electrical repulsion **overpowers** the strong nuclear force and pushes the nucleons apart .
- **$\alpha$ - particles** is identical to that of **helium nucleus**, it contains **two protons** and **two neutrons**.
- The general nuclear reaction for  $\alpha$ -decay can be written as:

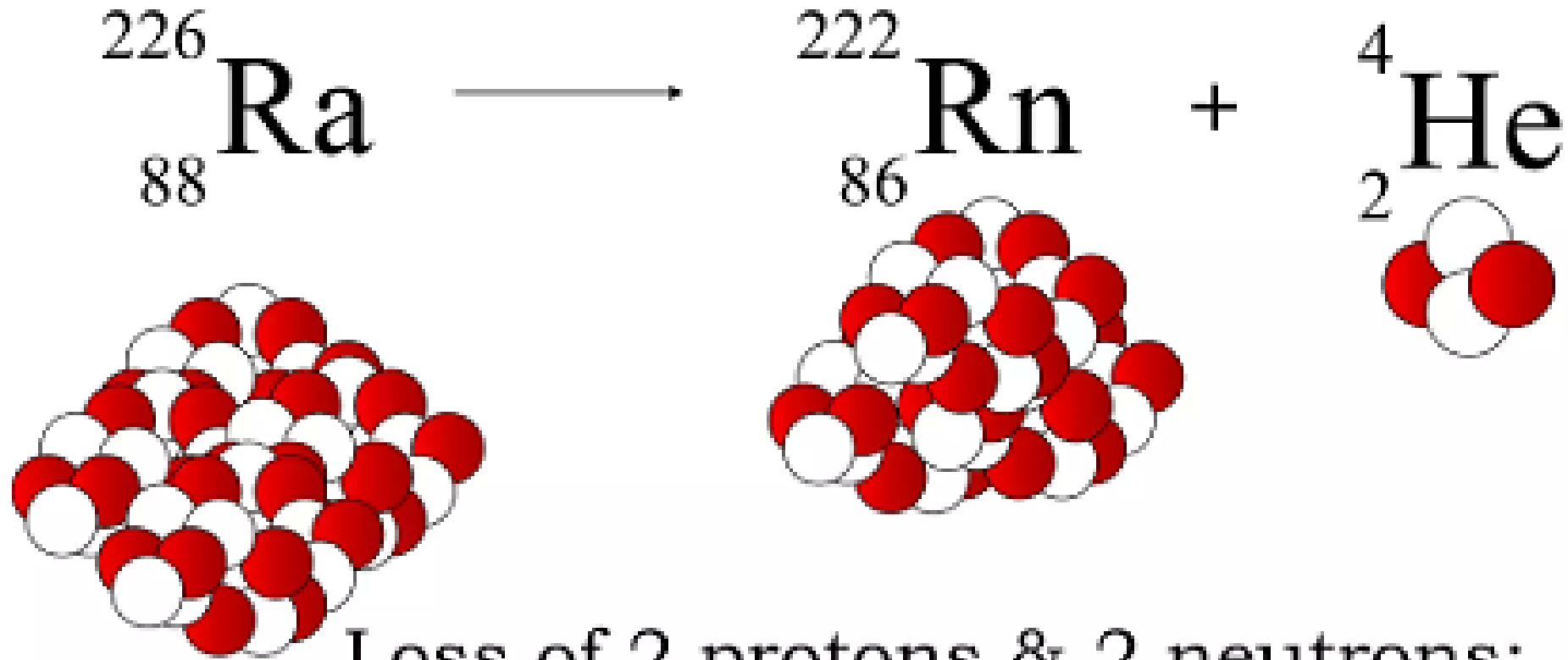


Unstable atom

More Stable atom

$\alpha$ - particles

# Alpha emission ( $\alpha$ -decay) example:

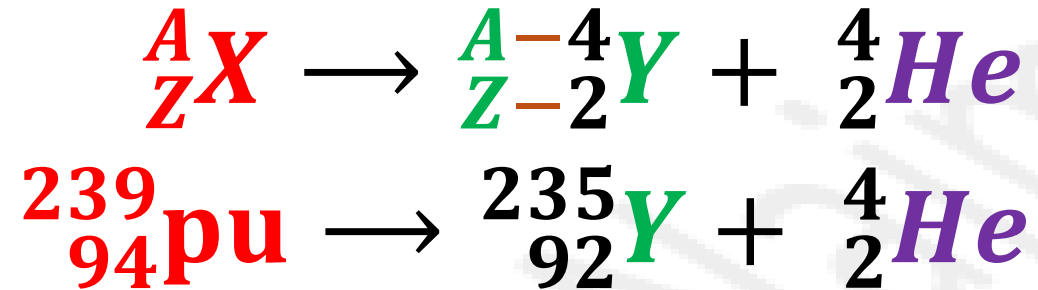


Loss of 2 protons & 2 neutrons:  
Atomic # decreases by 2  
Mass # decreases by 4

# Problems

1) Identify the daughter nucleus formed when Plutonium-239 ( $^{239}_{94}\text{Pu}$ ) undergoes alpha decay.

Sol/



2) Write the balanced nuclear equation for the alpha decay of Thorium-232 ( $^{232}_{90}\text{Th}$ ).

3) Write the balanced nuclear equation for the alpha decay of Plutonium-244 ( $^{244}_{94}\text{Pu}$ ).

4) Write the balanced nuclear equation for the alpha decay of Radon-222 ( $^{222}_{86}\text{Rn}$ ).

5) Identify the daughter nucleus formed when Americium-241 ( $^{241}_{95}\text{Am}$ ) undergoes alpha decay.

6) Write the balanced nuclear equation for the alpha decay of Californium-252 ( $^{252}_{98}\text{Cf}$ ).

# Beta ( $\beta$ ) emission ( $\beta$ -decay)

Beta decay is one process that unstable atoms can use to become more stable. There are **two** types of beta decay, **beta-minus** and **beta-plus**.

**1) Beta-minus decay ( $\beta^-$  decay)** : is a type of radioactive decay in which a **neutron** within an atomic nucleus is transformed into a **proton**, emitting an **electron (the beta –minus particle,  $e^-$ )** and an **antineutrino ( $\bar{\nu}_e$ )**. This process occurs when a nucleus has an **excess** of **neutrons** relative to **protons**, making it unstable.

$$n \longrightarrow p + e^- + \bar{\nu}_e$$



The general nuclear reaction for  $\beta^-$  decay can be written as:

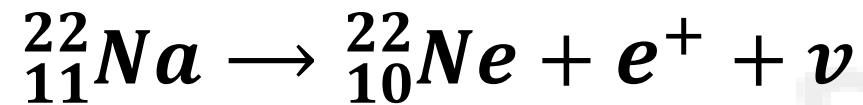


**Before decay:**  
neutron (0 charge).  
**After decay:**  
proton (+1 charge) +  
electron (-1 charge) +  
antineutrino (0 charge).

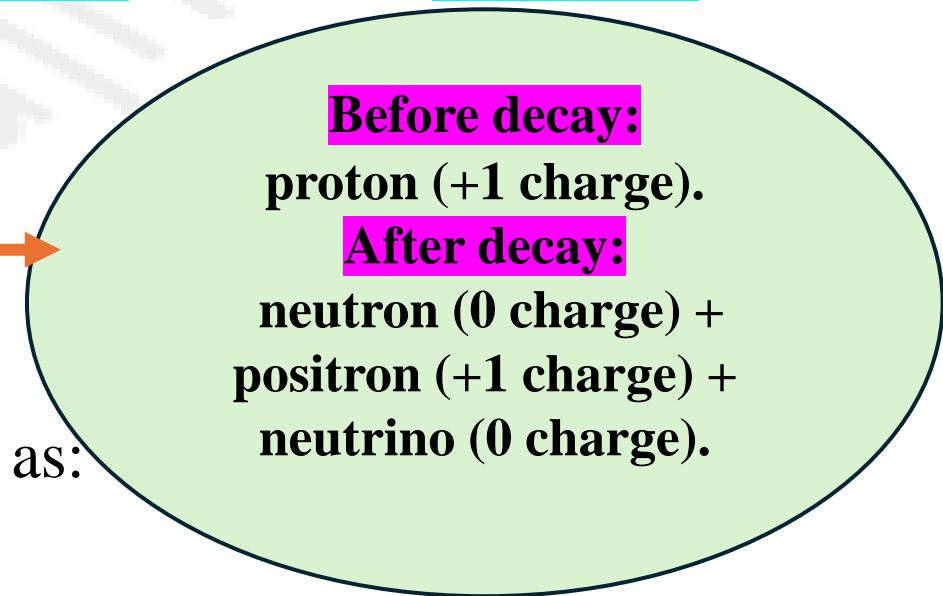
# Beta ( $\beta$ ) emission ( $\beta$ -decay)

**2) Beta-plus decay ( $\beta^+$  decay)** : is a type of radioactive decay in which a **proton** inside an atomic nucleus is converted into a **neutron** , and in the process, a **positron (the antiparticle of an electron, the beta -plus particle,  $e^+$ )** and a **neutrino( $\nu_e$ )** are emitted. Beta-plus decay occurs when a nucleus has too many **protons** relative to **neutrons**.

$$p^+ \longrightarrow n + e^+ + \nu$$



The general nuclear reaction for  $\beta^+$  decay can be written as:





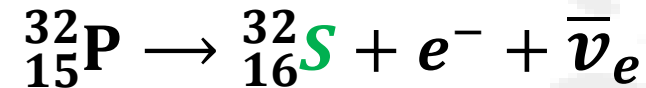
## Key Differences Between Beta-Plus and Beta-Minus Decay

Aspect		Beta-Minus Decay ( $\beta^-$ )	Beta-Plus Decay ( $\beta^+$ )
1	Particle emitted	Electron ( $e^-$ )	Positron ( $e^+$ )
2	Neutrino emitted	Antineutrino ( $\bar{\nu}$ )	neutrino ( $\nu$ )
3	Proton-to-neutron	Converts neutron $\rightarrow$ proton	Converts proton $\rightarrow$ neutron
4	Atomic number (Z)	Increases by 1	Decreases by 1
5	Mass number (A)	Remains unchanged	Remains unchanged

# Problems

1) Write the complete nuclear reaction for the beta-minus decay of  $^{32}_{15}\text{P}$ ?

Sol/



2) Write the complete nuclear reaction for the beta-minus decay of  $^{234}_{90}\text{Th}$ ?

3) Write the complete nuclear reaction for the beta-minus decay of  $^{60}_{27}\text{Co}$ ?

4) Write the complete nuclear reaction for the beta-minus decay of  $^{131}_{53}\text{I}$ ?

5) Write the complete nuclear reaction for the beta-minus decay of  $^{210}_{83}\text{Bi}$ ?

# Problems

1) The isotope Fluorine-18 ( $^{18}_9F$ ) undergoes beta-plus decay , determine the resulting daughter nucleus?

Sol/



2) The isotope Nitrogen-13 ( $^{13}_7N$ ) undergoes beta-plus decay , determine the resulting daughter nucleus.

3) The isotope Magnesium-23 ( $^{23}_{12}Mg$ ) undergoes beta-plus decay , determine the resulting daughter nucleus.

4) The isotope Phosphorus-30 ( $^{30}_{15}P$ ) undergoes beta-plus decay , determine the resulting daughter nucleus.

# Gamma Decay ( $\gamma$ -decay)

After processes like **alpha decay**, **beta decay**, or **nuclear fission** (It is rare), the resulting **nucleus may remain in an excited (metastable) state with excess energy**. This nucleus transitions to a lower energy state by **emitting a gamma photon ( $\gamma$ -ray)** (**Electromagnetic Radiation**). The element remains the same; only the **energy state of the nucleus changes**.



the asterisk (\*) denotes an excited nucleus.

## Summary Table: Gamma, Beta, and Alpha Decay

Aspect	Gamma decay	Bate decay	Alpha decay
Definition	Emission of gamma rays (high-energy photons)	Emission of beta particles (electrons/positrons)	Emission of alpha particles (helium nuclei)
Emitted Particle	Gamma ray ( $\gamma$ ) – photon (no mass/charge).	Beta particle ( $\beta^-$ : electron; $\beta^+$ : positron).	Alpha particle ( $\alpha$ ) – ${}^4_2\text{He}$ nucleus (2p + 2n).
Change in Z	No change	Increases by 1 ( $\beta^-$ ) or decreases by 1 ( $\beta^+$ )	Decreases by 2
Change in A	No change	No change	Decreases by 4
Penetration Power	Highest (stopped by thick lead/concrete)	Moderate (stopped by aluminum/plastic)	Lowest (stopped by paper/skin)
Common Sources	Excited nuclei (e.g., after $\alpha/\beta$ decay).	Radioactive isotopes (e.g., Carbon-14, Iodine-131).	Heavy nuclei (e.g., Uranium-238, Radium-226).
Applications	Medical imaging, sterilization, cancer therapy	Radiocarbon dating, PET scans.	Smoke detectors, static eliminators, research.