

DOSAGE FORM DESIGN

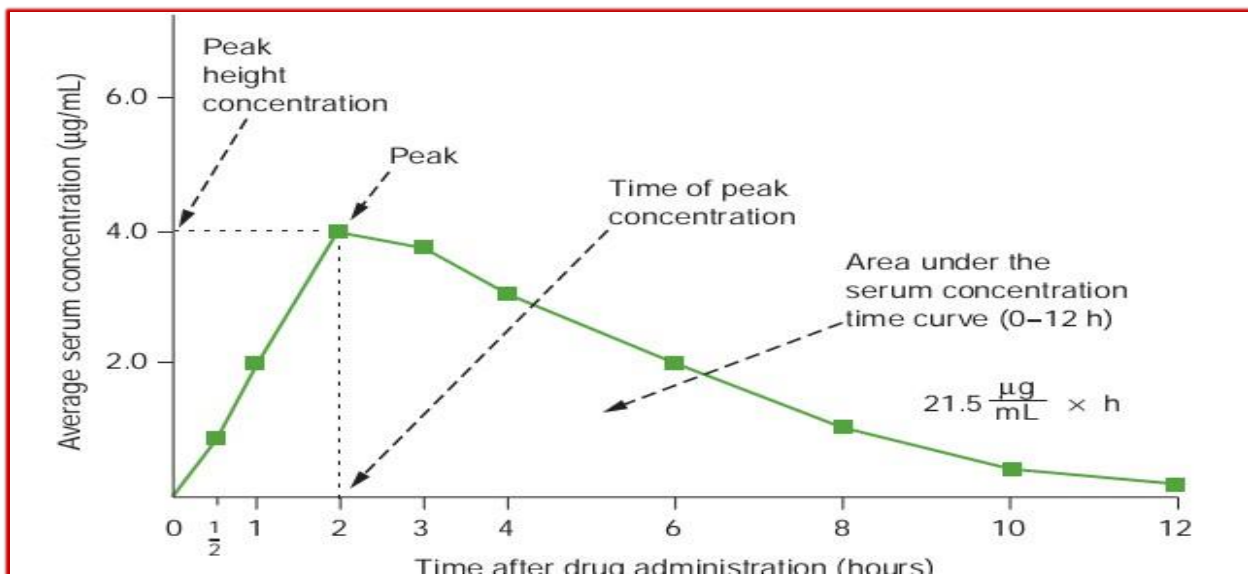
LEC. 8

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Bioavailability and bioequivalence:

Bioavailability: is the rate and extent of drug absorption from site of administration to the general circulation.

Bioequivalence: refers to a comparison of bioavailabilities of different formulations, drug products, or batches of the same drug product.



Bioavailability used to determine:

1. Amount of drug absorbed from a formulation or dosage form,
2. Rate at which the drug was absorbed,
3. Duration of the drug's presence in biologic fluid or tissue correlated with the patient's response, and
4. Relationship between drug blood levels and clinical efficacy and toxicity.

During product development stage:

1. Studies bioavailability to compare different formulations of the drug substance to ascertain which one allows the most desirable absorption pattern.
2. Later bioavailability studies used to compare the availability of the drug substance in different production batches.
3. They may also be used to compare the availability of the drug substance in different dosage forms (e.g., tablets, capsules, elixirs),
4. or in the same dosage form produced by different (companies) manufacturers.

□ The absolute bioavailability following oral dosing is generally compared to intravenous dosing.

Bioavailability—Absolute versus Relative:

When the systemic availability of a drug administered **orally** is determined in comparison to its **intravenous administration**, it is called as **absolute bioavailability**. It is denoted by symbol **F**.

When the systemic availability of a drug after **oral** administration is compared with that of an **oral standard of the same drug** (such as an **aqueous or non-aqueous solution or a suspension**), it is referred to as **relative or comparative bioavailability**. It is denoted by symbol **Fr**. In contrast to absolute bioavailability, it is used to characterize absorption of a drug from its formulation. F and Fr are generally expressed in percentages.

$$F = \frac{[AUC]_{\text{oral}} D_{\text{iv}}}{[AUC]_{\text{iv}} D_{\text{oral}}}$$
$$F_r = \frac{[AUC]_{\text{test}} D_{\text{std}}}{[AUC]_{\text{std}} D_{\text{test}}}$$

Where:

F: absolute bioavailability

Fr: relative bioavailability

Where: **D** stands for dose administered and subscripts **iv and oral** indicate the route of administration

Example: A drug was administered orally at 50 mg, resulting in an AUC of 200 µg·h/mL. The same drug was administered intravenously at 10 mg, with an AUC of 250 µg·h/mL. Calculate the absolute bioavailability.

Answer:

$$F = \frac{AUC_{\text{oral}} \cdot \text{Dose}_{\text{IV}}}{AUC_{\text{IV}} \cdot \text{Dose}_{\text{oral}}}$$
$$F = \frac{200 \cdot 10}{250 \cdot 50} = \frac{2000}{12500} = 0.16 \text{ (16\%)}$$

The absolute bioavailability is 16%.

Blood, serum or plasma concentration – time curve:

Following **oral administration of drug**, **blood samples** are withdrawn at **specific time intervals** and analyzed for **drug content**.

The **vertical** presents the **concentration** of drug in blood, and **horizontal axis** presents **time** the samples were obtained following drug administration.

Time zero, the blood concentration of drug should be zero.

As the drug passes into the stomach and/or intestine, dissolves, and absorbed. As the sampling and analysis continue, the **blood samples reveal increasing concentrations of drug until maximum (peak) concentration (C_{max}) is reached. Then the blood level of the drug decreases.**

Absorption does not terminate after the **peak blood level is reached**; it may continue for some time.

process of drug elimination is continuous. **It begins as soon as the drug first appears in the blood stream** and continues until all the drug has been eliminated.

