Republic of Iraq
Ministry of Higher Education
Al-Mustaqbal University
Radiology Techniques Department
Second Stage \ Special Radiological Procedures-1



# Lecture No. (12)

# Percutaneous Antegrade Pyelography and Nephrostomy

**Percutaneous Nephrolithotomy** 

&

Renal Arteriography

By

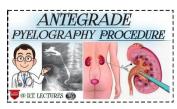
Dr. Samer Adnan

# Percutaneous Antegrade Pyelography and Nephrostomy

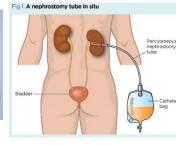
This is the introduction of a drainage catheter into the collecting system of the kidney.

#### **Indications**

- 1. Renal tract obstruction
- 2. Pyonephrosis







- 3. Prior to percutaneous nephrolithotomy
- 4. <u>Ureteric or bladder fistulae: external drainage</u> (i.e. urinary diversion may allow closure)

#### **Contraindications**

<u>Uncontrolled bleeding diathesis</u>. (bleeding tendency)

### → Percutaneous

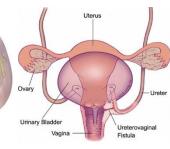
#### **Contrast Medium**

As for percutaneous renal puncture.

# **Equipment**



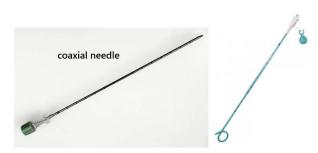




- 1. <u>Puncturing needle</u>: coaxial needle/catheter set or sheathed 18G needle
- 2. <u>Drainage catheter</u>: <u>at least 6-F pigtail</u> with <u>multiple side holes</u>
- 3. <u>Guidewires</u>: **conventional** <u>J-wire</u> ± extra stiff wire
- 4. <u>US and/or fluoroscopy</u>—usually used in combination

# **Patient Preparation**

- 1. Fasting for 4 h
- 2. <u>Premedication</u> as required
- 3. Prophylactic antibiotic





### **Technique**

# **Patient position**









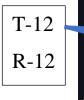
Patient lies <u>prone oblique</u> with a foam **pad** or **pillow under the abdomen to present the kidney optimally**.

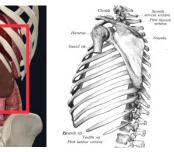
# Identifying the collecting system prior to the definitive procedure

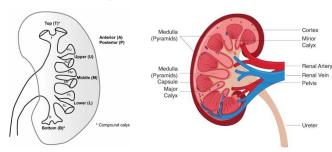
- 1. Freehand or with a biopsy needle attachment; <u>US guidance is</u> the <u>most common</u> method for **localizing the kidney** and guiding the initial **needle puncture into** the <u>collecting</u> system.
- 2. Excretion urography, if adequate residual function and a nondilated system using a parallax technique.
- 3. Occasionally <u>retrograde injection</u> through an <u>ileal conduit</u> or a <u>ureteric catheter</u> may be used to <u>demonstrate the target collecting system</u> (<u>pelvicalyceal system</u>).

# Site/plane of puncture

A point on the <u>posterior axillary line</u> is chosen <u>below the twelfth rib (12 rib)</u>. Having identified the <u>mid/lower pole calyces</u> with US or contrast, the plane of <u>puncture</u> is determined. This will be <u>via</u> the <u>soft tissues and renal parenchyma</u> avoiding direct <u>puncture</u> of the renal pelvis, so that vessels around the renal pelvis will be avoided and the drainage catheter will gain some purchase on the renal parenchyma.







There is a relatively <u>avascular plane</u> between the <u>ventral</u> and <u>dorsal</u> parts of the <u>kidney</u>, which affords the ideal access.

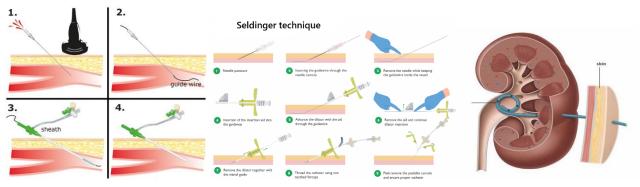
#### Techniques of puncture and catheterization

The skin and soft tissues are infiltrated with <u>local anaesthetic</u> using a <u>spinal needle</u>. Puncture may then be made using one of the following systems (depending on preference):

- 1. **An 18G sheathed needle**, or **Kellett needle**, using the <u>Seldinger technique</u> for catheterization.
- \*Contrast injection is used to <u>confirm successful siting of the needle</u> and for preliminary <u>demonstration of the pelvicalyceal system</u>.
- \*On occasion, <u>air</u> is used as a negative contrast medium to **enable targeting** of <u>a</u> posterior nondependent calyx.

Upon successful <u>needle puncture</u>, a <u>J-guidewire</u> is inserted and coiled within the collecting system; the <u>sheath</u> is then pushed **over** the **wire**, which may be exchanged for a stiffer wire. <u>Dilatation</u> is then performed to the <u>size</u> of the <u>drainage catheter</u>, **which is** then inserted.

Care must be taken **not to kink the guidewire** within the **soft tissues.** Sufficient guidewire should be maintained within the **collecting system**, \*ideally with the wire in the **upper ureter** to maintain position, and **if kinking does occur**, the **kinked portion** of the wire can be **withdrawn outside the skin**.



- 2. **Coaxial needle** puncture systems using a 22/21G puncturing needle that takes a 0.018 guidewire. This affords a single puncture with a fine needle, with insertion of a **three-part coaxial system** to allow insertion of 0.035 guidewire and then proceeding as in list item.
- 3. The trochar-cannula system, in which <u>direct puncture</u> of the <u>collecting system</u> is made with the **drainage catheter** already assembled **over a trocar**. On removal of the **trocar**, the **drainage catheter** is advanced further into the <u>collecting system</u>.

Having successfully introduced the catheter, it is securely fixed to the skin and drainage commenced.

- \*Antegrade pyelography is rarely performed as an isolated procedure; usually, it is undertaken following placement of, and via, a nephrostomy catheter, as noted previously.
- \* Oblique and AP images are taken with gentle introduction of water-soluble contrast medium.
- \* <u>Semierect films</u> may be necessary to encourage contrast medium <u>down the ureters</u>, to show the **site** and **nature** of <u>obstruction</u>.

**Postnephrostomy** studies are **best performed** after a **delay** of <u>1–2 days</u>, to allow the **patient to recover** and be **able to cooperate**, **blood clot to resolve** and **infected systems** 

to be drained.

#### Aftercare

- 1. Bed rest for 4 h
- 2. Pulse, blood pressure and temperature half-hourly for 6 h
- 3. Analgesia
- 4. <u>Urine samples sent for culture</u> and sensitivity





Drainage



### **Complications**

- 1. <u>Septicaemia</u>
- 2. <u>Haemorrhage</u>
- 3. Perforation of the collecting system with urine leak
- 4. <u>Unsuccessful drainage</u>
- 5. <u>Injury to adjacent organs</u> such as lung, pleura, spleen or colon
- 6. <u>Later catheter dislodgement</u>

# **Percutaneous Nephrolithotomy**

This is the removal of renal calculi through a <u>nephrostomy track</u>. It is often reserved for <u>large complicated calculi</u>, which are <u>unsuitable for extracorporeal shock-wave lithotripsy.</u>

#### **Indications**

- 1. Removal of renal calculi
- 2. Disintegration of large renal calculi

### **Contraindications**

Uncontrolled bleeding diathesis.

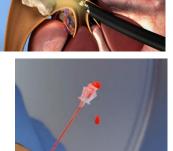
# **Contrast Medium**

As for percutaneous renal puncture

# **Equipment**

- 1. Puncturing needle (18G): Kellett (15–20 cm length) or equivalent
- 2. Guidewires, including hydrophilic and superstiff









- 3. <u>Track dilating</u> equipment; <u>Teflon dilators</u> (from <u>7-F to 30-F</u>), <u>metal</u> <u>coaxial dilators</u> or a <u>special angioplasty-type balloon catheter</u>
- 4. US machine
- 5. Fluoroscopy facilities with rotating C arm, if possible

# **Patient Preparation**

- 1. Full <u>discussion</u> between radiologist/urologist concerning indications and so, on
- 2. Imaging (<u>IVU, CT KUB, CTU</u>) to demonstrate position of calculus and relationship to calvees
- 3. General anaesthetic
- 4. Coagulation screen
- 5. Two units of blood cross matched
- 6. Antibiotic cover
- 7. Premedication
- 8. <u>Bladder catheterization</u>, as large volumes of irrigation fluid will pass down the ureter during a prolonged procedure

### **Technique**

Preprocedure planning may include a CT KUB and CTU to localize stones and to choose most appropriate access.

## **Patient position**

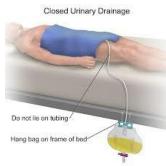
As for a percutaneous nephrostomy, usually <u>prone</u>.

# Methods of opacification of the collecting system

1. Retrograde ureteric catheterization for

-demonstration and <u>distension of the collecting system</u> may be achieved.





- -In addition, a retrograde **occlusion balloon catheter** in the **ureter** will prevent large fragments of stone passing down the ureter.
- 2. Intravenous excretion urography
- 3. Antegrade pyelography; this also enables distension of the collecting system. Puncture of the collecting system
- -A <u>lower pole posterior calyx</u> is <u>ideally</u> chosen if the <u>calculus</u> is situated in the <u>renal pelvis</u>.

Otherwise, the calyx in which the calculus is situated is usually punctured.

- -Special **care** must be taken if puncturing above the <u>twelfth rib</u>, because of the **risk** of perforating the <u>diaphragm</u> and pleura.
- -Puncture is in an <u>oblique plane</u> from the <u>posterior axillary line</u> through the <u>renal parenchyma</u>. Puncture of the **selected calyx** is made using a combination of <u>US</u> and a rotating <u>C-arm fluoroscopic</u> facility.
- -On successful puncture, a guidewire is inserted through the cannula, and as much wire as possible is guided into the collecting system.
- -The cannula is then exchanged for an angled catheter, and the wire and catheter are manipulated into the distal ureter.
- -At this stage full dilatation may be performed (single stage) or a nephrostomy tube left in situ with dilatation later (two-stage procedure).

#### **Dilatation**

- -This is **carried out** under <u>general anaesthesia</u>. It is performed using <u>Teflon dilators</u> from <u>7-F to 30-F</u>, which are introduced over the guidewire.
- -Alternatively, metal coaxial dilators or a special angioplasty balloon (10 cm long) are used.

A **sheath** is inserted **over** the **largest dilator or balloon**, through which the <u>nephroscope</u> is passed followed by <u>removal of the calculus</u> or <u>disintegration</u>.



Nephroscopes

### **Removal/disintegration**

- -Removal of calculi of <u>less than 1 cm</u> is **possible** using a nephroscope and forceps.
- -<u>Larger calculi</u> must be <u>disintegrated</u> using an <u>ultrasonic</u> or <u>electrohydraulic disintegrator</u>.

#### **Aftercare**

- 1. A large bore soft nonlocking straight nephrostomy tube (sutured) is left in for 24 h following the procedure.
- 2. Patient **care** is usually determined by the <u>anaesthetist/urologist</u>.
- 3. Plain radiograph of the renal area to ensure that all calculi/fragments have been removed.

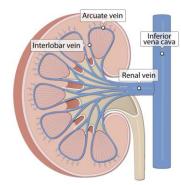
# **Complications**

# **Immediate**

- 1. Failure of access, dilatation or removal
- 2. <u>Perforation of the renal pelvis</u> on dilatation
- 3. <u>Inadvertent access</u> to renal vein and IVC
- 4. <u>Haemorrhage</u>. <u>Less than 3%</u> of procedures should <u>require</u> <u>transfusion</u>. <u>Rarely</u>, <u>balloon tamponade of the tract</u> or <u>embolization</u> **may be required**.
- 5. <u>Damage to surrounding structures</u> (i.e. <u>diaphragm</u>, <u>colon</u>, <u>spleen</u>, <u>liver</u> and <u>lung</u>)
- 6. Problems related to the irrigating fluid

# **Delayed**

- 1. Pseudoaneurysm of an intrarenal artery
- 2. Arteriovenous fistula



# Renal Arteriography

#### **Indications**

- 1. Renal artery stenosis prior to angioplasty or stent placement. Diagnostic arteriography has been replaced generally by MR or CT angiography (MRA or CTA).
- 2. Assessment of living related renal transplant donors—replaced by MRA or CTA
- 3. Embolization of vascular renal tumour prior to surgery

due to invasive procedure

- 4. <u>Haematuria</u> particularly **following trauma**, including **biopsy**. This may precede <u>embolization</u>.
- 5. Prior to prophylactic embolization of an angiomyolipoma (AML) or therapeutic

embolization of a bleeding AML.

#### **Contrast medium**

#### Flush aortic

LOCM 300/320 mg I mL-1, 45 mL at 15 mL s-1.

### Selective renal artery injection

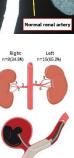
LOCM 300 mg I mL-1, 10 mL at 5 mL s-1, or by hand injection.

### **Equipment**

- 1. Digital <u>fluoroscopy</u> unit
- 2. Pump injector
- 3. Catheters:
- Flush aortic injection—<u>pigtail 4-F</u>
- Selective injection—Sidewinder or Cobra catheter





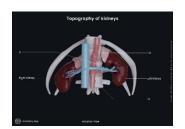






### **Technique**

#### Femoral artery puncture



For flush aortography, a pigtail catheter is placed proximal

to the renal vessels (i.e. approx. <u>T12</u>) and <u>AP</u>, and <u>oblique</u> runs are performed (the <u>oblique</u> run demonstrating the <u>renal origins</u>).

**Selective catheterization** as required is used with appropriate catheters for optimal demonstration of intrarenal vessels, and **prior to interventional procedures**.

Q1. What is the purpose of percutaneous antegrade pyelography and nephrostomy? A. Removal of kidney stones B. Treatment of urinary tract infections C. Induction of renal tract obstruction D. Introduction of a drainage catheter into the collecting system of the kidney E. All of the above Q2. During the percutaneous antegrade pyelography exam, the suitable position to encourage contrast medium down the ureters is ..... A. Patient lies prone oblique B. Lateral position C. Oblique and AP positions D. Erect position E. Semierect position Q3. The percutaneous antegrade pyelography and nephrostomy may be require to perform prior to .... B. Kidney transplant C. Renal arteriography A. Renal surgery D. IVU E. Percutaneous nephrolithotomy Q4. The patient preparation of percutaneous antegrade of pyelogrphy and nephrostomy should A. Be fasting for 4 hours B. Drink fluids only C. Gastric be empty D. Take antibiotic E. None of the above

Q5. What is the purpose of fasting for 4 hours before percutaneous antegrade						
pyelography and nephrostomy?						
A. To reduce the risk of aspiration and vomiting						
B. To reduce the interference and dilution of the contrast medium						
C. To reduce the bowel gas and improve the image quality						
D. All of the above E. None of the above						
Q6. What is/are recommendation(s) following percutaneous antegrade pyelography and nephrostomy						
A. Bed rest for 4 hours B. Pulse, blood pressure and temperature half-hourly for 6 hours						
C. Urine samples sent for culture and sensitivity D. Analgesia E. All of the above						
Q7. The puncture site for percutaneous antegrade pyelography and nephrostomy is						
A. Along the midline of the back B. At the level of the umbilicus						
C. On the anterior axillary line  D. On the posterior axillary line						
E. Below the twelfth rib on the posterior axillary line						
Q8. What is the contraindications for percutaneous antegrade pyelography?						
A. Uncontrolled bleeding diathesis. B. Renal tract obstruction						
C. Pyonephrosis D. Prior to percutaneous nephrolithotomy E. Ureteric or bladder fistulae						
Q9. One of the followings is contraindication of percutaneous nephrostomy?						
A. Renal tract obstruction B. Pyonephrosis C. Uncontrolled bleeding diathesis						
D. prior to percutaneous nephrolithotomy E. Ureteric or bladder fistula						
Q10. The percutaneous antegrade pyelography and nephrostomy is typically						
performed						
A. To detect bladder cancer B. To assess renal blood flow						

D. To evaluate renal cysts 
E. To evaluate ureteral trauma

C. In the presence of pyonephrosis

Q11. Ureteric or bladder fistu	lae is one indication of	of the					
A. Nephrostomy study	B. Barium enema	C. IVU	study	D. Barium meal			
E. Barium swallow							
Q12are best performed	d after a delay of 1-2	days, to allow the	patient to reco	ver and be			
able to cooperate, blood clot to	o resolve and infected	d systems to be dra	ined.				
A. HSG study	B. Post-nephros	tomy study	C. IVU stu	dy			
D. Retrograde pyeloyreterogra	aphy study	E. MRCP stud					
Q1. The percutaneous nephrol	lithotomy procedure i	S					
A. Examination of the urinary	tract under CT scan						
B. Fluoroscopic screening to d	determine level of ob	struction					
C. Treatment of perinephric co	ollections						
D. Removal of bladder stones	by cystoscopy						
E. Removal of renal stones the	rough a nephrostomy	track					
Q2. Equipment of percutaneous nephrolithotomy include the followings except.							
A. US machine B. Pu	uncturing needle (180	C. Tra	ack dilating eq	<sub>l</sub> uipment			
D. Guidewires E. P	ump injector						
Q3. A delayed complication the	hat can occur after pe	rcutaneous nephro	lithotomy is				
A. Arteriovenous fistula	B. Acute kidney injur	ry C. U	reteral strictur	e			
D. Damage to colon	E. Damage to diaphr	agm					
Q4. When is percutaneous nep	phrolithotomy typical	ly performed?					
A. In cases of bladder cancer	B. To asse	ss renal blood flow	7				
C. For the disintegration of lar	rge renal calculi	D. Renal stone	E. To evalua	te ureteral trauma			

Q1. Diagnostic renal arteriography has been replaced generally by.								
A. Conventional ultras	sound D.	MRI urograp	bhy B. C	ontrast enha	nced ultrasound			
C. Volume of ovaries	D. CT u	ırography	<b>E.</b> 1	MRA				
Q2. Technique of renal arteriography femoral artery puncture for flush aortography, a pigtail catheter								
is placed proximal to the renal vessels approximately at level.								
A. T1 B. 7 Q3. What is the most of			D. T9 hat may require	e renal arteri	E. T12 iography and			
embolization?								
A. Trauma	B. Infection	C. Stone	D. Cancer	E. Polycys	stic kidney disease			
Q4. Which of the following equipments are commonly used in renal arteriography?								
A. Digital fluoroscopy unit B. X-ray film cassettes								
C. Magnetic resonance imaging machine			D. Pump injec	Pump injector E. A an				
Q5-Which of the following are indications for renal arteriography?								
A. Renal artery stenosis prior to angioplasty or stent placement.								
B. Assessment of living related renal transplant donors-replaced by MRA or CTA.								
C. Embolization of vascular renal tumor prior to surgery.								
D. Hematuria particularly following trauma, including biopsy.								
E. All of the above								