



Professional Nursing Practice

Dr. Burhan Hadi

Al Mustaqbal University / College of Nursing

Scientific

Evidence-Based

Ethical

Compassionate Care

Professional

Autonomous Practice

Nursing as a Profession

Definition

Nursing is the protection, promotion, and optimization of health and abilities, prevention of illness and injury, facilitation of healing, and alleviation of suffering."

Key Characteristics

Specialized Knowledge

Nursing theory, pathophysiology, evidence-based practice

Ethical Standards

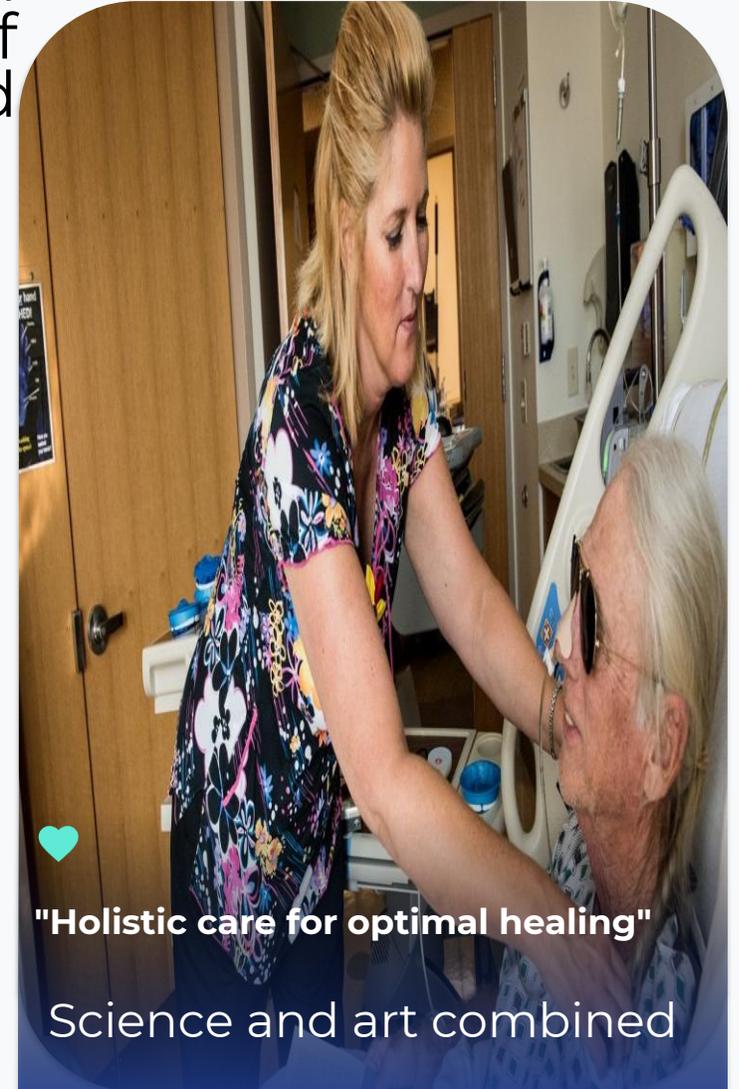
ANA Code of Ethics, patient rights, moral integrity

Professional Autonomy

Clinical decision-making, accountability, authority

Evidence-Based Practice

Research integration, best practices, continuous improvement



Historical Development of Nursing Profession

Evolution from apprenticeship to **academic profession**

Nightingale Era

Foundation of modern nursing, sanitation principles, first nursing school

Key Historical Figures

Florence Nightingale, Clara Barton, Dorothea Dix, Lillian Wald

Professional Standards

Development of licensure, certification, regulatory frameworks

Education Transformation

From apprenticeship to baccalaureate and advanced practice nursing



Dimensions of Nursing Practice

Five dimensions central to **Being, Thinking, and Doing** in nursing

Scientific

Patient and family health education Health promotion and disease prevention Education on medication adherence and lifestyle modification Continuous professional development

Technical

Assessment, nursing diagnosis, planning, implementation, and evaluation Safe medication administration Infection control and patient safety Documentation and reporting

Ethical

Respect for patient dignity and cultural values Confidentiality and privacy Professional behavior and integrity Commitment to ethical nursing practice

Community

Participation in primary health care programs Maternal and child health services Disease prevention and vaccination programs Health awareness campaigns

Legal

Adherence to Iraqi laws and regulations Scope of nursing practice Legal accountability for nursing actions Proper documentation

Continuous Professional Development



Characteristics of a Profession

Essential characteristics defining nursing as a **true profession**

 **Specialized Knowledge**
Nursing science, health promotion, disease prevention

 **Code of Ethics**
ANA provisions, ethical guidelines, professional standards

 **Professional Autonomy**
Independent practice, accountability for decisions

 **Continuing Education**
Lifelong learning, competency maintenance, certifications

 **Service Orientation**
Patient advocacy, altruism, community health

 **Professional Membership**
ANA, specialty organizations, networking

 **Research & Theory**
Evidence generation, practice advancement



 Collaborative Professional Practice

Scope and Standards of Nursing Practice

ANA Standards and **Nurse Practice Acts**

Who

Registered Nurses in all roles

What

Comprehensive nursing care

Where

All healthcare settings

When

Across lifespan continuum

How

Evidence-based interventions

Why

Optimal health outcomes



Professional Standards

Educational Requirements for Professional Nursing

Education pathways and **lifelong learning**

BSN

Bachelor of Science
in Nursing

ADN

Associate Degree in
Nursing

Diploma

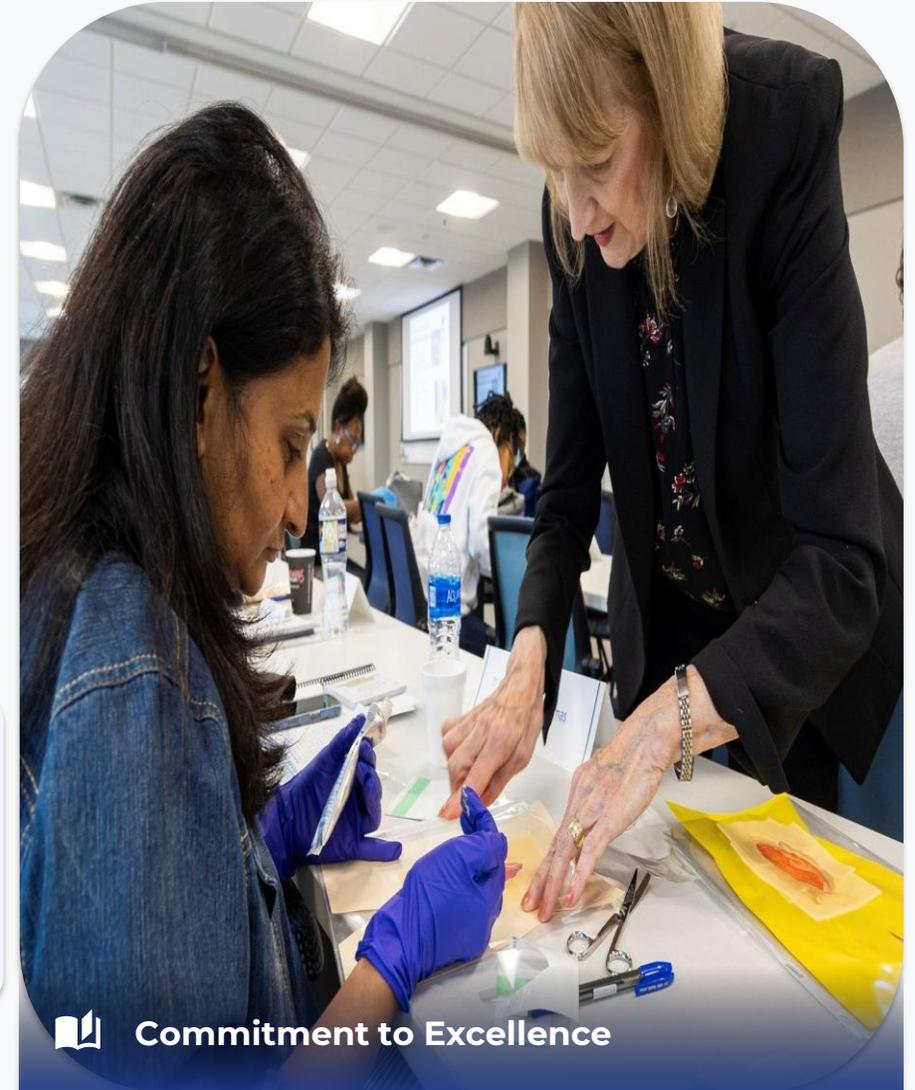
Hospital Diploma
Programs

Continuing Education

Licensure renewal, competency maintenance, professional growth

Advanced Practice Nursing (APRN)

- NP - Nurse Practitioner
- CNS - Clinical Nurse Specialist
- CRNA - Nurse Anesthetist
- CNM - Nurse Midwife



Professional Roles in Nursing

Diverse roles that define **professional nursing practice**



Direct Care Provider

Assessment, planning, implementation, evaluation



Educator

Patient teaching, staff development, mentoring



Advocate

Patient rights, safe care, quality services



Leader/Manager

Delegation, coordination, resource management



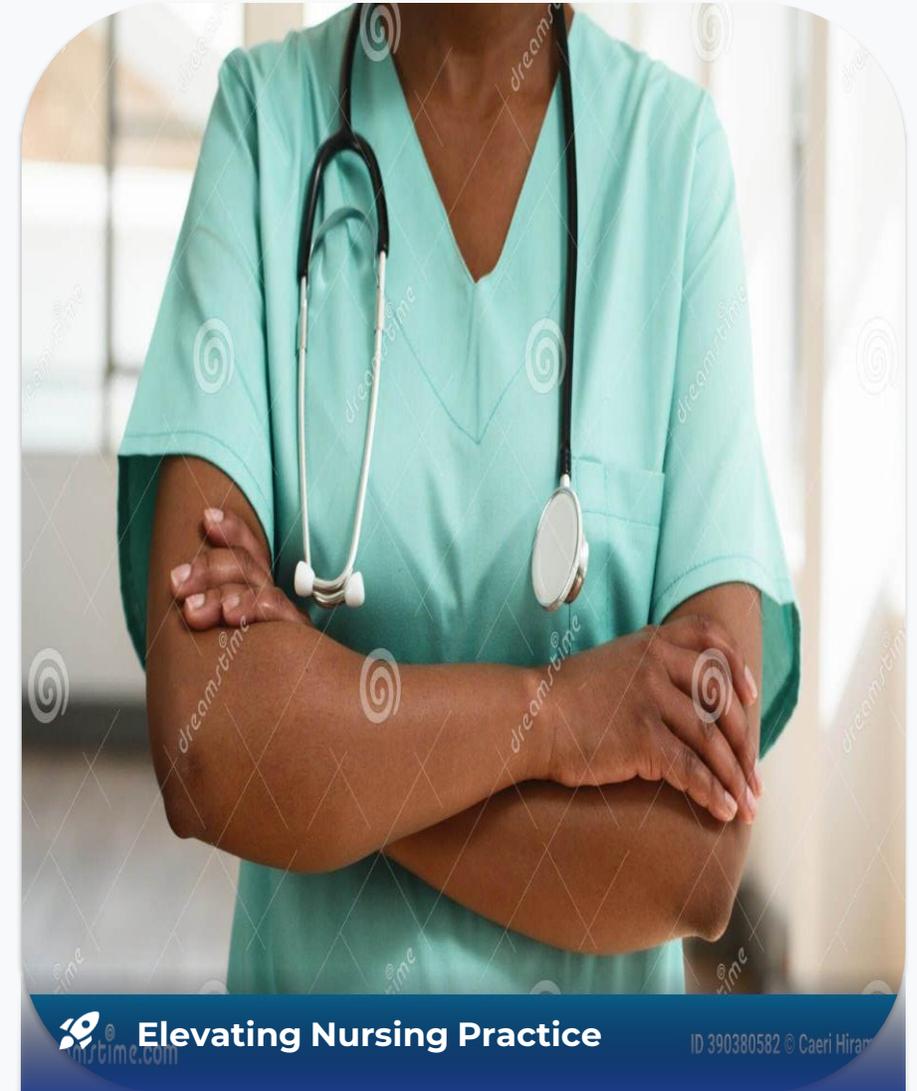
Researcher

Evidence generation, practice improvement, inquiry



Professional Development and Career Advancement

Continuous growth and **career pathways** in nursing



Technology in Professional Nursing Practice

Innovative tools for **enhanced patient care**

Electronic Health Records

Comprehensive patient data

Decision Support

Clinical alerts and reminders

Simulation Training

VR and immersive learning

Remote Monitoring

Continuous patient tracking

Telehealth

Virtual care delivery

Mobile Health

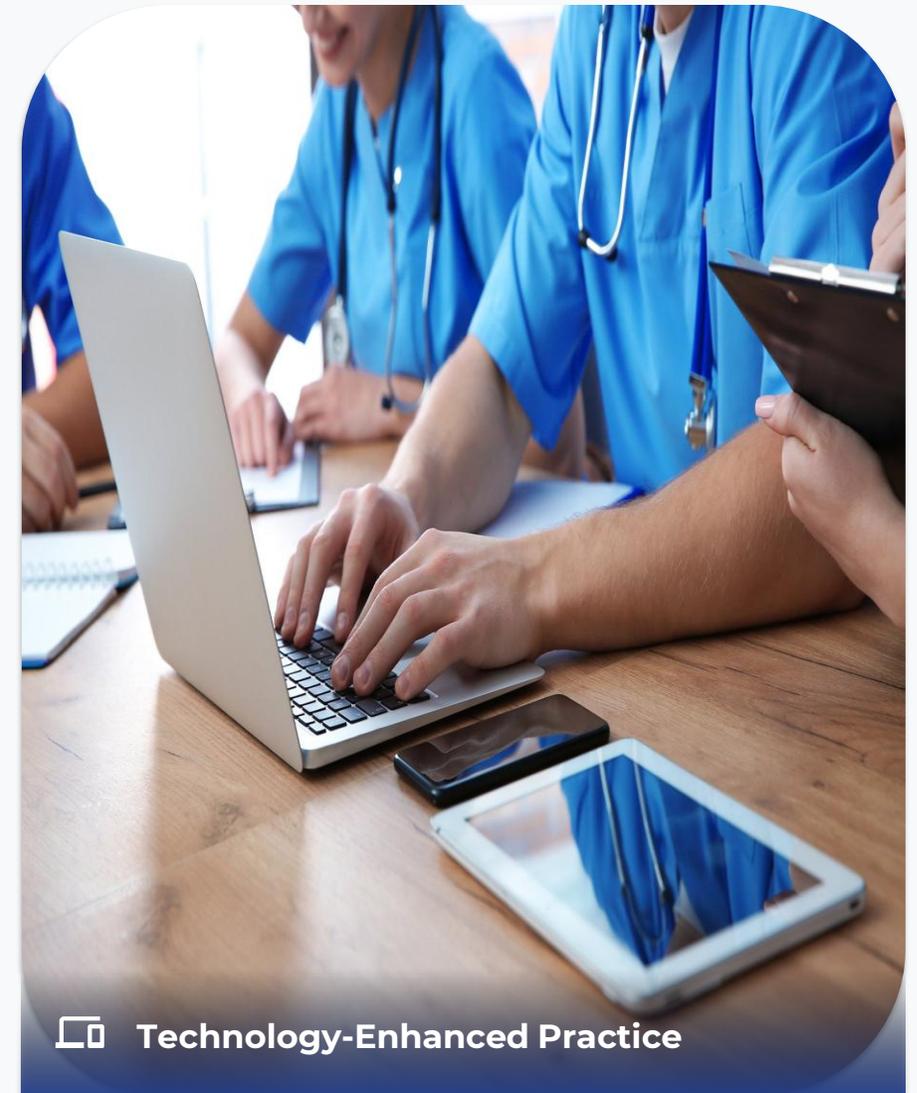
Health apps and monitoring

Barcode Scanning

Medication safety systems

Informatics

Data-driven nursing care



 **Technology-Enhanced Practice**

Evidence-Based Practice in Nursing

Integrating **best evidence, expertise, and patient values**



Assess

Identify practice question



Ask

Formulate PICOT question



Acquire

Search for evidence



Appraise

Critically evaluate research



Apply

Implement findings



Evaluate

Assess outcomes



Triad Model

Best evidence + Clinical expertise + Patient values



Culture of Inquiry

Continuous questioning and improvement



Evidence-Based Excellence

Global Perspectives on Professional Nursing

Nursing's **worldwide impact** on health and well-being

 **International Standards**
WHO, ICN guidelines

 **Global Health Challenges**
Pandemics, climate change

 **Cultural Sensitivity**
Respect for diversity

 **Nurse Migration**
Workforce mobility

 **Workforce Issues**
Shortages, retention

 **SDGs**
Sustainable development goals

 **Sharing Best Practices**
Collaboration across borders, evidence dissemination



 **Global Nursing Excellence**

ID 323436389 © Caeri Hira

Global Perspectives on Professional Nursing



Thanks for All

