



جامعة المستقبل  
كلية التقنيات الصحية والطبية  
قسم تقنيات الاشعة  
المرحلة الثالثة

**Radiography**  
**Thoracic Spine and Lumbar Spine**  
**BY**  
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# AP: Thoracic Spine

- **Position**
  - Supine, spine aligned and centered to midline of table and/or IR;
  - ex hips and knees to reduce lordotic curvature
  - Ensure top of IR is at least 1½" (3 cm) above shoulder
  - Ensure no rotation of thorax or pelvis; shield radiosensitive tissues
- **Central Ray:** center of IR (at level of T7 [as for an AP chest],  
3–4" or 8–10 cm below jugular notch)
- **Collimation:** Long narrow collimation eld to T spine region
- **Respiration:** Expose on expiration for more uniform density

SID: 40" (102 cm)

Analog: 75–85 kV

Digital Systems:  $85 \pm 5$  kV

35 × 43 cm (14 × 17") portrait

- Grid



# Lateral: Thoracic Spine

- **Position**
  - Recumbent, support under head, lateral with knees exed, arms raised, and elbows exed Shield radiosensitive tissues
  - Align and center midaxillary plane to midline of table and/or IR
  - Ensure top of IR is at least 1½" (3 cm) above shoulders; no rotation
  - Supports should be placed under lower back, as needed, to straighten and align spine near parallel to tabletop (A slight natural curvature corresponding to divergent rays is helpful)
- **Central Ray:** center of IR T7 (3–4" [8–10 cm] below jugular notch or 7–8" [18–21 cm] below the vertebra prominens) A patient with broad shoulders may require a 10°–15° cephalic CR angle if waist is not supported
- **Collimation:** Long, narrow collimation eld to T spine region
- **Respiration:** Orthostatic (breathing) technique recommended—minimum of 2–3 seconds; or expose on full inspiration

SID: 40" (102 cm)

35 × 43 cm (14 × 17") portrait

- Grid

Analog: 80–90 kV

Digital Systems:  $90 \pm 5$  kV



# AP : Lumbar Spine

- **Position (AP)**
  - Supine, spine aligned to midline of table and/or grid
  - Flex hips and knees (to reduce lordotic curvature)
- **Central Ray:**  $\approx 1\frac{1}{2}$ " (4 cm) above iliac crest (L3); or center at crest for 35 × 43 cm IR
- **Collimation:** Long, narrow collimation eld to L spine region (include SI joints)
- Respiration: Expose at end of expiration

SID: 40" (102 cm)

- 30 × 35 cm (11 × 14")

portrait or 35 × 43 cm

(14 × 17") portrait

- Grid

Analog: 75–85 kV

Digital Systems: 85 ± 5 kV



# Lateral: Lumbar Spine

- **Position**
  - Recumbent in true lateral position, ex hips and knees, align and center midaxillary plane to centerline
  - • Place support under waist, as needed, to place entire spine parallel to tabletop (see Note) Provide support between knees
  - • Center IR to CR
- **Central Ray:** level of  $\approx 1\frac{1}{2}$ " (4 cm) above iliac crest (L3), or at iliac crest (L4) for 35 × 43 cm (14 × 17") IR



- **Collimation:** Long, narrow collimation eld to L spine region
- **Respiration:** Expose at end of expiration
- **Note:** Patient with wide pelvis and narrow thorax may require a 3°–5° caudal
- CR angle, even with support under waist If patient has natural lateral curvature
- (scoliosis), place “sag” or convexity down

30 × 35 cm (11 × 14")  
portrait or 35 × 43 cm  
(14 × 17") portrait

- Grid

SID: 40" (102 cm)

Analog: 80–90 kV

Digital Systems: 85 ± 5 kV



# **flexion and extension: Lumbar Spine erect**

- 35 × 43 cm
- (14 × 17")portrait
- • Grid
- SID: 40" (102 cm)
- Analog: 85–95 kV
- Digital Systems: 90 ± 5 kV

**F**



**E**



**F**



**E**



An X-ray image of two hands positioned to form a heart shape. The bones of the fingers and palms are clearly visible against a dark background. The text "THANK YOU" is centered over the heart shape.

**THANK YOU**

