



English Language

Ahmed's Case and Sara's Case

Second Stage

First Lecture

By

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Story 1: Ahmed's Case

Ahmed was walking down the stairs when he slipped and fell. After the fall, he felt severe pain and swelling in his left arm. His family quickly took him to the hospital. At the emergency department, the doctor examined Ahmed's arm and ordered an X-ray. The X-ray showed that Ahmed had a fracture in his left arm. The doctor explained that fractures often cause pain, swelling, and bruising. To treat the injury, the doctor applied a cast to keep the arm stable and advised Ahmed to keep his arm elevated. He was also given pain medication to reduce discomfort. The doctor told Ahmed that after the bone heals, physical therapy would be important to restore strength and movement in his arm.

كان أحمد ينزل الدرج عندما انزلق وسقط. بعد السقوط، شعر بالألم شديد وتورم في ذراعه اليسرى. قامت عائلته بنقله بسرعة إلى المستشفى. في قسم الطوارئ، فحص الطبيب ذراع أحمد وطلب إجراء أشعة سينية. أظهرت الأشعة أن أحمد يعاني من كسر في الذراع اليسرى. قال الطبيب أن الكسور غالبًا ما تسبب الألم والتورم والكدمات. لعلاج الإصابة، وضع الطبيب جبسًا لتثبيت الذراع، ونصح أحمد برفع ذراعه. كما وصف له مسكنات للألم لتخفيف الانزعاج. وأوضح الطبيب لأحمد أنه بعد التئام العظم، ستكون العلاج الطبيعي مهمة لاستعادة قوة وحركة الذراع.

1. What happened to Ahmed after the fall?

- A) He burned his arm B) He sprained his arm C) He suffered a fracture D) Nothing happened
E) He cut his arm

2. Which part of Ahmed's body was injured?

- A) Right leg | B) Left arm | C) Right arm | D) Left leg | E) Back

3. What symptom did Ahmed feel after the fall?

- A) Fever B) Severe pain and swelling C) Headache D) Nausea E) Cough

4. What test did the doctor order?

- A) MRI B) Blood test C) X-ray D) Ultrasound E) CT scan

5. What did the X-ray show?

- A) No injury B) Dislocation C) Infection D) Broken arm E) Muscle tear

6. What did the doctor apply to Ahmed's arm?

A) Bandage. B) Ice pack C) Splint. D) Cast E) Brace

7. What was Ahmed advised to do with his arm?

A) Exercise it B) Keep it elevated C) Put weight on it D) Massage it E) Ignore it

8. Which medication was recommended?

A) Antibiotics B) Vitamins C) Pain medication D) Insulin E) Sedatives

9. Which symptom is common after fractures?

A) Hair loss B) Fever C) Swelling and bruising D) Cough E) Dizziness

10. What is important after the bone heals?

A) Surgery B) Rest only C) Physical therapy D) X-ray E) Ice

Story 2: Sara's Case

Sara was playing in the park when she tripped and fell on her hand. She immediately felt pain and noticed slight swelling in her wrist. Her parents took her to the hospital for evaluation. The doctor examined Sara and ordered an X-ray, which confirmed a hairline fracture in her wrist. The doctor explained that this type of fracture is small and does not usually require surgery. To stabilize the wrist, the doctor used a splint and advised Sara to avoid putting weight on her hand. She was also instructed to use ice packs to help reduce pain and swelling. The doctor explained that Sara's fracture was caused by an accident or trauma, and with proper care and rest, her wrist would heal well.

كانت سارة تلعب في الحديقة عندما تعثرت وسقطت على يدها. شعرت فوراً بالألم ولاحظت تورماً خفيفاً في معصمها. أخذها والداها إلى المستشفى للفحص. فحص الطبيب سارة وطلب إجراء أشعة سينية، والتي أكدت وجود كسر شعري في المعصم. أوضح الطبيب أن هذا النوع من الكسور بسيط ولا يحتاج عادةً إلى عملية جراحية لتثبيت المعصم، استخدم الطبيب جبيرة، ونصح سارة بعدم وضع وزن على يدها. كما طُلب منها استخدام كمادات الثلج لتقليل الألم والتورم. وضح الطبيب أن كسر سارة كان بسبب حادث أو صدمة، ومع العناية الجيدة والراحة، سيلتئم المعصم بشكل جيد.

1. Where was Sara when she fell?

A) At home B) At school C) In the park D) At work E) In the hospital

2. What body part was injured?

A) Ankle B) Elbow C) Wrist D) Shoulder E) Knee

3. What type of fracture did Sara have?

A) Compound fracture B) Spiral fracture C) Hairline fracture D) Comminuted fracture E) Greenstick fracture

4. Which test confirmed the fracture?

A) MRI B) Blood test C) X-ray D) Ultrasound E) CT scan

5. Was surgery required?

A) Yes, immediately B) Yes, later C) No, it was not needed D) Only if pain increased E) Only for swelling

6. What did the doctor use to stabilize the wrist?

A) Cast B) Splint C) Bandage D) Tape E) Brace

7. What was Sara advised to avoid?

A) Resting B) Elevating the hand C) Putting weight on the hand D) Taking medicine E) Using ice

8. What helped reduce pain and swelling?

A) Heat B) Exercise C) Ice packs D) Massage E) Surgery

9. What caused Sara's fracture?

A) Disease B) Infection C) Accident or trauma D) Poor diet E) Stress

10. Which symptom did Sara have?

A) Severe bleeding B) Slight swelling C) Fever | D) Numbness E) Cough