

The Primary Health Care Centre (PHCC)

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Defining the Primary Health Care Centre

- First point of contact with the health system
- Accessible, affordable, and holistic care
- Focus on prevention and wellness
- Located within the community

The Mission of the Centre

- Preventive care: immunization, screening
- Promotive care: health education
- Curative care: treatment of common illnesses
- Rehabilitative care: chronic disease support

Navigating the Centre: Operational Units

- General Outpatient Department (OPD)
- Maternal & Child Health (MCH)
- Laboratory & Diagnostics
- Pharmacy
- Community Outreach

General Outpatient Department (OPD)

- General consultations
- Management of common illnesses
- Triage of urgent cases
- Referral to higher-level care

Maternal & Child Health (MCH)

- Antenatal and postnatal care
- Monitoring pregnancy and newborns
- Family planning services

The Immunization Unit: Protecting the Future

- Routine childhood immunization
- Adult vaccinations
- Cold chain maintenance

Laboratory & Diagnostics

- Malaria testing
- Basic blood tests
- Urine and stool analysis
- TB sputum tests

The Pharmacy

- Dispensing essential medicines
- Patient counseling
- Stock management

Managing Non-Communicable Diseases (NCDs)

- Screening for hypertension and diabetes
- Regular monitoring
- Lifestyle counseling

Minor Procedures / Dressing Room

- Wound care and dressings
- Minor suturing
- Incision and drainage
- First aid services

Health Education

- Hygiene and sanitation
- Nutrition education
- Disease prevention awareness

Mental Health & Counseling

- Basic counseling services
- Stress and anxiety management
- Referral to specialists

Administration & Records

- Patient registration
- Health data reporting (HMIS)
- Staff and resource management

The Heart of Community Health

- PHCC as a community hub
- Covers 80–90% of health needs
- Foundation of a resilient health system



**THANK
YOU**