

Course Description Form

Nutrition

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| 1. Course Name: | Nutrition | |
| 2. Course Code: | MU0813104 | |
| 3. Semester / Year: | Semester | |
| 4. Description Preparation Date: | 1 / 9 / 2025 | |
| 5. Available Attendance Forms: | Attendance | |
| 6. Number of Credit Hours (Total) / Number of Units (Total) | Total Credit Hours (2) / Total Units Number (15) | |
| 7. Course administrator's name (mention all, if more than one name) | Name: Prof. Dr. Fakhria Jaber Muhaibes Email: fakhraa.jabber@uomus.edu.iq | |
| 8. Course Objectives | <p>Course Objectives</p> <p>After the Completion of the Course students should be able to</p> <ul style="list-style-type: none">• Know the fundamental principles of human nutrition.• Identify the relationship between nutrition and body energy.• Recognize the specification and functions of different elements. <p>Understand the importance of applied nutrition (as an essential part of the nursing care)</p> | |
| 9. Teaching and Learning Strategies | <p>Strategy</p> <ul style="list-style-type: none">• Brainstorming strategy of winners whose objectives include the following:<ul style="list-style-type: none">- It makes the learner active and interact with environmental diversity.- Students are accustomed to respecting diverse opinions, as well as respecting and appreciating others.- All legal documents and third party information were obtained.• Model Learning Strategy: Learn about social learning, whereby an individual acquires and learns attractive new interactions in a social context or situation through experience or focus, and finds that it is generally a social and learning in which they make effective employment as well as their results in associations.• Group work or cooperative learning strategy: where learners are divided into small groups, and these groups of about three to four members, with specific duties given, that is, with the aim of participating in them, as placed on cooperation, cultural exchange, and skill exchange.• Discussion strategy• Hot chair: The strategy is likened to the confession chair, as it is a strategy through which some questions one of the students, and the goal of this is to develop their skills a lot and exchange questions or advice, and• Numbered heads strategy: one of the applications of cooperative teamwork.• Ice cream sticks strategy: It specializes in exciting and motivating learners.• Reciprocal teaching strategy: a specialized strategy for educational activity that is carried out through the texts.• Reciprocal trade.• Educational purchasing strategy. | |

- Project strategy.
- Aquarium education strategy.
- There is a strategy known as
- A strategy for solving problems or discovering those problems.
- Education strategy through success.
- Inductive teaching strategy.
- Read the conceptual message.
- Subscription learning strategy.
- There is a coordination strategy in the listening triangle.
- There is an e-learning strategy or its complements that can be relied upon for information technology in interactive communications such as the Internet and others.
- Strategic story.
- There is a peer evaluation strategy.

10. Learning and Teaching Resources

Required textbooks (curricular books, if any)

Nutrition and biochemistry for nurses.

By Jacob anthikad , 1st ED 2009

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bioc

By Jacob a

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1. Course Evaluation

Summative evaluations = 20% theory unit 1 + 20% theory unit2, Quizes 10% total = 50%
Final exam: 50% theoretical

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| <p>Recommended books and references (scientific journals, reports...)</p> <p>1- Grodner, Anders on. De young, <u>Foundations and Clinical Application of Nutrition A Nursing Approach</u>, second Edition, Mosby, 2000.</p> <p>2- Grodner, Michele et.al, <u>Foundations and Clinical Applications of Nutrition A Nursing Approach</u>, St. Lweis, Mosby Inc,2014</p> <p>3- Williams, Sue Rodwel and Eleanor D. Schlenker, <u>Essentials of Nutrition and Diet Therapy</u>, 8th ed., London, Mosby Inc., 2018.</p> | <p>- Grodner, Anders on. De young, <u>Foundations and Clinical Application of Nutrition A Nursing Approach</u>, second Edition, Mosby, 2000.</p> <p>2- Grodner, Michele et.al, <u>Foundations and Clinical Applications of Nutrition A Nursing Approach</u>, St. Lweis, Mosby Inc,2014</p> <p>3- Williams, Sue Rodwel and Eleanor D. Schlenker, <u>Essentials of Nutrition and Diet Therapy</u>, 8th ed., London, Mosby Inc., 2018.</p> |
| <p>Electronic References, Websites</p> | <p>Electronic References, Websites</p> |